

e-NEWSLETTER

Rhythm-IV, December 2024 December-2025



Sanjay Gandhi Post Graduate Institute of Medical Sciences, College of Nursing



Raebareli Road, Lucknow-226014 (U.P)



Message Director, SGPGIMS

Prof. R. K. Dhiman
MD, DM, FAMS, FACG, FRCP Edin.,
FRCP London, FAASLD
Director



**SANJAY GANDHI POSTGRADUATE
INSTITUTE OF MEDICAL SCIENCES**
RAEBARELI ROAD, LUCKNOW-226 014 (U. P.) INDIA



Padma Shree Prof. R. K Dhiman,
Director, SGPGIMS Lucknow.

MESSAGE

I wish to congratulate College of Nursing, Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow for its continuous growth and excellence in the field of nursing education. Nursing profession is not only limited to bedside nurses, nurses are technically independent and play vital role in patient care.

It makes me proud that the reputation of College of Nursing, SGPGIMS has gone far beyond the confines of the State and the Country. Over the years, College of Nursing, SGPGIMS has continued to grow and maintained its position at the forefront of the nursing institutions in the State.

College of Nursing, SGPGIMS is the rising star in academics adding more and more accolades to its cap. Becoming the "**Mentor Institute**" under the Mission Niramaya" launched by Government of Uttar Pradesh is a great achievement.

I am happy that e-newsletter is being published by College of Nursing for general information. I take this opportunity to wish College of Nursing, SGPGIMS very best for future endeavours.

(Radha Krishan Dhiman)

Phone Office: 91-0522-2668112 ; **PBX:** 2668004-08, 2668716-719 ; **Extn.:** 4001 (Reception)
Fax: 91-0522-2668129, 2668017 & 2668078; **Mobile:** 8004901818 ; **E-mail:** director@sgpgi.ac.in , rkpsdhiman@gmail.com

Message Dean, SGPGIMS



संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow-226 014 (India)



Shaleen Kumar
Dean, SGPGIMS

This is a truly exciting era in the development of the health sector and especially in the field of nursing. We have also been adding new, cutting-edge elements to our curriculum during the past several years, including essential advanced nursing skills, and this rising graduation rate in the College has afforded us the opportunity to send into the health sector greater numbers of skilled nurses each year who have both the advanced nursing and social skills needed to thrive in the competitive world.

Our strategy for ensuring that our college remains well-positioned to maintain its phenomenal growth includes attracting world-class faculty, expanding our Honors tracks, and continuing to renew our teaching, with an eye toward elevating one or more evidence-based nursing research to the national level.

We look forward to keeping you posted on our progress on each of these vital fronts, and on the remarkable accomplishments of our students, faculty, and alumni.

Shaleen
Prof. Shaleen Kumar
Dean
SGPGIMS, Lucknow

Message Executive Registrar



Phones : (0522) 2668004-008, 700, 800, 900
Fax : (0522) 2668017, 2668129

संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow-226 014 (India)

Message for e-Newsletter



Col. Varun Bajpai
Executive Registrar
SGPGIMS

It is with great optimism and gratitude towards our nurses that I write this message. The College of Nursing has continued to move forward to prepare competent and compassionate healthcare providers. This newsletter of College of Nursing brings an insight into the activities and clinical practices of the nursing students and faculty members as a team.

As the Registrar of the Institute, I extend my best wishes to the entire team of Faculty and Students of the College of Nursing, SGPGIMS for their achievements.

Col. Varun Bajpai, VSM
Executive Registrar
SGPGIMS, Lucknow

Message

Chief Medical Superintendent, SGPGIMS



संजय गॉधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ।
Sanjay Gandhi Post Graduate Institute Of Medical Sciences,
Raebareli Road, Lucknow-226014 (INDIA)
Phone: 0522-2494065 Fax: 91-0522-440973



Prof. Devendra Gupta
CMS, SGPGIMS

Nursing is truly a Noble Profession. As the backbone of both our Hospitals and the wider community, nurses work tirelessly around the clock to ensure the well-being of others. In my role as Chief Medical Superintendent of SGPGIMS, working alongside them has shown me that nurses are exceptional multitaskers, catalysts for change, and transformative leaders. Beyond providing care with deep empathy and compassion, they excel as educators, administrators, and researchers.

I extend my warmest wishes to the entire care team, faculty, and students at the College of Nursing for their upcoming projects and continued success.

Prof. Devendra Gupta
Chief Medical Superintendent,
SGPGIMS, Lucknow

Prof. Devendra Gupta
Chief Medical Superintendent
S.G.P.G.I.M.S., Lucknow-226014 U.P.

Message
Principal CON, SGPGIMS



नर्सिंग कालेज
संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान
College of Nursing, SGPGIMS, Raebareli Road, Lucknow-226 014 (U. P.)
Tel. : 2668004-08, 2668700, 2668800, 2668900, Ext.: 3351, 3353, 3355, Fax : 2668017, 2668078



Dr. Radha K.
Professor cum Principal
CON, SGPGIMS

Our mission is to promote quality nursing. Our Institute try to prepare skilled, independent, and compassionate Nurses, who can provide promotive, preventive, curative and rehabilitative services at all levels of health care settings. The institute strives to provide a conducive learning environment to the students. We try to inculcate competitive spirit and leadership qualities among future nurses; so that they could impart excellence in clinical practice & fulfil the demands and challenges of nursing profession globally.

The institute provides an ample opportunity to student nurses to acquire the skills to become a skilled nurse for the future enhanced demands & to get respect, and recognition in their field of health care.

Dr. Radha K.
Principal
CON, SGPGIMS, Lucknow

Message

Editor in Chief, CON, SGPGIMS



Mr. Mata Deen
Editor in Chief
CON, SGPGIMS

Healthcare delivery is a multidisciplinary endeavor with nursing as the backbone of the health and medical system. The purpose of a e-Newsletter is typically to disseminate information regarding the activities of the college, Students & Teachers contribution, scientific presentation, publications etc.

Our goal as a team would not be achieved without the collective efforts of the Editor Advisory Board, Scientific Committee, Reviving Editors, Associate Editors committee members of College of Nursing, SGPGIMS, Lucknow.

e-Newsletter of College of Nursing, SGPGIMS will attempt to highlight the aspects related to academic performance, training of students and extra-curricular activities. From 2023 onward, I am very grateful and humbled to take on the role of Editor-in-Chief for this newsletter, and I am grateful to our Director, Dean, ER, CMS & Nodal officer, SGPGIMS and Principal, College of Nursing, SGPGIMS for supporting me to contribute to the development of the e-Newsletter. This e-Newsletter will be useful to improve the academic and extracurricular performance of students and bring about quality in nursing education.

I am confident that collectively, we will take this newsletter series to great heights without compromising the quality.



Mr. Mata Deen
Tutor, CON, SGPGIMS,
Lucknow

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Sanjay Gandhi Post Graduate Institute of Medical Science, Lucknow

Sanjay Gandhi Postgraduate Institute of Medical Sciences has (SGPGIMS) been under the State Legislature Act in 1983 and is named after Sanjay Gandhi (an Indian politician). It was created by the state of Uttar Pradesh established as a center of excellence for providing medical care, education, and research of the highest order

The Institute offers postgraduate training to medical and nonmedical professionals. The training programmes lead to D.M., M.Ch., M.D., Ph.D., postdoctoral fellowships, postdoctoral certificate courses in various disciplines. In addition, B.Sc. Nursing, M.Sc. Nursing for Nursing Sciences & B.Sc. / M.Sc. (paramedical technology) courses in Allied Health Sciences are offered by the College of Medical Technology. The Institute is an autonomous body and award degrees which are recognized by the Medical Council of India. The Institute functions as a State University and is member of the Association of Indian Universities and is recognized by University Grants Commission.

Sanjay Gandhi Postgraduate Institute of Medical Sciences aimed to provide advanced speciality medical care with emphasis on Neonatal Surgery, Organ Transplantations, telemedicine, advance trauma care, kidney transplant and Comprehensive Cancer Care. Comprehensive focus on research, quality of teaching and quality of patient care.

The campus is a mini township with Community Center, Post Office, Bank, Schools, General Hospital, Play Grounds and other recreational facilities. There is planned plantation throughout the campus to provide pollution free healthy environment. The total covered area of the main hospital and its ancillary services is approx. 40,000 sqm.



College of Nursing, SGPGIMS, Lucknow

Owing a nation's commitment to bring primary health services within the reach of all the individuals, there is a great demand for the Professional Nurses in India. With this view, College of Nursing at SGPGI Lucknow was established in Year -2010 under an autonomous State University SGPGIMS Act 1983.

College of Nursing, SGPGIMS needs real commitment and selfless, endeavour with love, passion, and perseverance. Nursing students should act as force for change and become vital-resource for health.

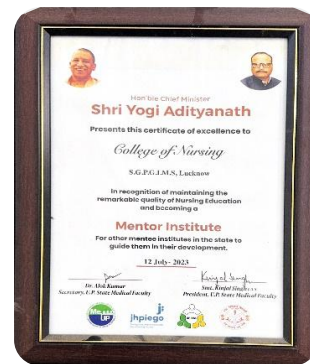
College of Nursing is the first government Nursing Training institute established in Lucknow City of Uttar Pradesh.

VISION

At College of Nursing, SGPGIMS, our vision is to create a Center for Excellence that fosters the development of compassionate, competent, skilled nurses who demonstrate exceptional standards in education, service, leadership, research and innovation.

MISSION

- ✚ To educate and train the students to become compassionate, competent, skilled nurses who demonstrate quality, integrity and excellence in education, service (Hospital, Community & Outreach activities), leadership, research, and innovation.
- ✚ To promote health and wellness amongst individual, family & community.
- ✚ To contribute towards knowledge generation and dissemination of evidence-based practice.
- ✚ To promote ethical and value-based learning.
- ✚ To nurture creativity and encourage entrepreneurship.
- ✚ To enhance employability and contribute to human resource development.



Recognized as "**Mentor Institute**" under Mission Niramaya-2023

15TH LAMP LIGHTING & OATH TAKING CEREMONY

DATE: Friday, 14th November 2024

TIME: 10:00AM – 4:30PM

VENUE: CV Raman Auditorium, Central Library Complex

Brief Report of the event:

The College of Nursing, SGPGIMS, Lucknow celebrated the Lamp Lighting and Oath taking Ceremony of 15th batch of B.Sc. Nursing students under the supervision of Program Coordinators, Mr. Yadidya, Associate Professor and Mrs. Bhumika Singh, Teaching Staff on 14.11.2024 at CV Raman Auditorium, SGPGIMS, Lucknow from 11am to 2pm, with utmost zeal & enthusiasm. 68 students of B.Sc. Nursing I year lit the lamps of wisdom and took the Nurses Pledge in traditional oath ceremony. The Programme was conducted by the College of Nursing under the support and guidance of **Prof. R K Dhiman, Director, SGPGIMS**. The Programme began with the welcome address by Mr. Yadidya, Associate Professor, College of Nursing, who highlighted the importance of lamp lighting ceremony. Annual report (year 2023-24) of the college was presented by Dr. Radha K, Professor cum Principal, College of Nursing, highlighting the important events conducted during last one year. Programme was followed by address the gathering by the distinguished guest as Chief Guest Prof. Shaleen Kumar, Dean, SGPGIMS, as a Guest of Honor Dr. Ashok Kumar Bishnoi, Professor & Dean Faculty of Nursing, Atal Bihari Vajpayee Medical University, Lucknow. Prof Sanjay Dhiraaj, Chief Medical Superintendent and Nodal Officer, College of Nursing.

Chief guest: Prof. Shaleen Kumar, Dean, SGPGIMS to address the students with words of encouragement and said the student to make foundation of knowledge strong, to excel skills in nursing and also encouraged to be a compassionate towards the nursing profession.

Guest of Honor Dr. Ashok Kumar Bishnoi, Professor & Dean Faculty of Nursing, Atal Bihari Vajpayee Medical University, Lucknow to address the student with word of wisdom and said students always work with devotion and hard work and to complete their degree with full dedication and enthusiasm and also spoke on the opportunity for nurses in India and at global level.

Prof Sanjay Dhiraaj, Chief Medical Superintendent and Nodal Officer, College of Nursing address the students by welcoming them in the nursing profession and encouraged to take lesson of dedication, compassion and wisdom from Florence Nightingale. Sir gave best wishes to the 15th batch of B.Sc. Nursing students.

Dr. Neetu Devi, Nursing Advisor, UPMSF, U.P. addressed the gathering and congratulate the students for their lamp lighting ceremony. She congratulated the entire faculty of college of nursing, SGPGIMS for being an excellent mentor institute.

Mrs. Neelam Khokhar, CNO, SGPGIMS, who emphasized on skillful training in nursing profession, encouraged to strive for continuous learning and shared her life experience as a nurse.

Programme was followed by release of E-Newsletter Rhythm-III by the distinguished dignitaries.

After the key note address by chief guest each nursing student received a symbolic lamp, which they lit one by one, symbolizing the knowledge and compassion which they will bring into their practice. This tradition not only honored the students' commitment but also paid homage to Florence Nightingale, the founder of modern nursing, often referred to as "The Lady with the Lamp." Following the lamp lighting, **Ms. Alice Joseph**, Tutor, College of Nursing assisted in the traditional oath taking ceremony to the budding Nurses.

Meritorious students were awarded for their academic excellence. Students also award for participation and winning of state and national level cultural and sports events competitions under State Nurses Association.

Students of **B.Sc. Nursing I year** performed a skit on 'Lady with the Lamp' which depicted the contribution of Florence Nightingale in the field of nursing profession and been called as the "Mother of Modern Nursing".

The ceremony concluded with vote of thanks by **Mrs. Pushpa Yadav**, Tutor, College of Nursing who expressed gratitude towards all the dignitaries, faculty members, staff, parents/guardian, students and guest who have supported the budding nightingales to take up nursing as their profession. She encouraged the students to continue their education with humility, perseverance, and dedication.

Programme ended with national anthem followed with high tea.

Glimpses of 15th Lamp Lighting & Oath taking Ceremony Event Glimpse:





CONSTITUTION DAY 26 NOVEMBER 2024

Name of the Event- Constitution Day 26 November 2024 celebration

Day, Time & Date of the Event- Tuesday, 26 November 2024 10:00 am-11:00 am

Place of Event- HC Khurana Auditorium Library Complex SGPGIMS

Number of Participants- 200

Program Coordinator- Mr Arun Kumar, Mr Kuldeep Yadav & Mr Bhoopendra Singh

Background of the Constitution Day:

26 November Constitution Day: Constitution Day, also known as Samvidhan Divas, is celebrated every year on November 26. This day marks the adoption of the Indian Constitution in 1949 by the Constituent Assembly of India.

The Government of India's Ministry of Social Justice and Empowerment declared November 26 Constitution Day in 2015. This year marked the 125th birth anniversary of Dr BR Ambedkar, the chairman of the Drafting Committee of the Constitution. Previously, the day was celebrated as Law Day.

The Constitution established India as a sovereign, socialist, secular, and democratic republic, guaranteeing its citizens justice, liberty, equality, and fraternity. Thus, the day underscores the importance of national unity, fostering unity in justice, Freedom, equality, and fraternity.

Brief Report of the event:

College of Nursing SGPGIMS Organize three competitions

- 1- **Speech competition**
- 2- **Poster making competition**
- 3- **Rangoli making competition**

Speech competition Result:

1st Shalini BSc nursing 1st semester
2nd Priyanka BSc nursing 1st semester
3rd Pragati BSc nursing 1st semester
Consolation -Shreya BSc nursing 1st semester

Poster competition Result:

Observed by Director sir Professor RK Dhiman, Dean SGPGI, ER SGPGI, MS SGPGI, Prof. Shalini Singh Sub Dean Student Affairs & Dr

Radha K Principal College of Nursing SGPGIMS

1st- Yash Sahu BSc nursing 3rd semester
2nd- Nisha Srivastava BSc nursing 3rd semester
3rd- Tanya Singh BSc nursing 1st semester

Rangoli competition Result:

Observed by Director sir Professor RK Dhiman, Dean SGPGI, ER SGPGI, MS SGPGI, Prof. Shalini Singh Sub Dean Student Affairs & Dr Radha K Principal College of Nursing SGPGIMS

1st- Yash Sahu & Nisha Srivastava BSc nursing 3rd semester
2nd- Tanya Singh & Shivangi BSc nursing 1st semester
3rd- Sakshi & Sanjhi BSc nursing 1st semester
Consolation – Aditya & Prashant BSc nursing 1st semester

Brief of the program:

Lt Col Varun Bajpai, VSM, Executive Registrar, SGPGIMS, delivered a compelling welcome address that set the stage for our Constitution Day celebration. Dr. R. Harshvardhan, Prof. HOD of Hospital Administration at SGPGIMS, followed with insightful opening remarks that underscored the significance of this day. Professor V. K. Paliwal passionately reflected on the essence of the Constitution in his concluding remarks, while Professor Shaleen Kumar, Dean of SGPGIMS, eloquently articulated its unparalleled importance.

Furthermore, Professor R. K. Dhiman, Director of SGPGIMS, captivated the gathering with an inspiring message about the celebration of Constitution Day and the monumental value of

our Indian Constitution. In conclusion, Dr. Saurabh Singh, Assistant Professor at SGPGIMS, graciously delivered a heartfelt vote of thanks, reinforcing our collective gratitude. everyone stood united in singing the national anthem, an act that resonated deeply within our hearts. Finally, dignitaries and members took part in distributing certificates to CMT students, marking a moment of achievement and pride. Let us continue to cherish and uphold the ideals of our Constitution, ensuring that its values guide our actions and aspirations.

Event glimpse:



Speech competition



Rangoli competition



Poster competition



**Inter College Quiz Competition on HIV/AIDS,
organised by CON, CHCC Report**

Date & Place of Quiz: Monday, 2 December 2024, at the College of Nursing, Command Hospital, Lucknow.

Time: 08:30 AM-12 PM

An **Inter-College Quiz Competition**, titled **Brain Teaser**, on the topic of HIV/AIDS, was organized by the **College of Nursing, Command Hospital, Lucknow**, on November 2, 2024. The event was conducted under the guidance of **Dr Radha K**, Principal of the College of Nursing, SGPGIMS, with program coordination by **Mr Kamran** (Tutor, CON, SGPGIMS) and **Mr Bhoopendra Singh Yadav**. Our college sent two teams, comprising four students, to participate in the competition. Among them, **Mohammad Ubaid Bhat** and **Avni Uniyal** secured first place and were awarded medals at the district level.

All participating students enthusiastically took part in the quiz competition, which comprised four challenging rounds. Our students showcased excellent knowledge and teamwork, successfully clearing all the rounds to emerge as winners of the competition. The event served as an excellent teaching and learning experience, enhancing their understanding of HIV/AIDS and fostering critical thinking and teamwork skills.





SCHOOL HEALTH PROGRAM

Day, Time & Date of the Event- 8:40 am to 12:30 pm, 2nd and 3rd December 2024

Place of Event- P.M. Shri. Composite Vidyalaya, Nigoha, Mohanlalganj

Resource Person- Mrs Abha Verma & Mr Arun Kumar, Tutor, CoN, SGPGIMS.

Number of Participants- 237 Members

Purpose/ aim/objectives:

- To evaluate growth and development according to age.
- To maintain optimum nutrition status
- To identify and prevent common health issues and diseases among children via regular medical check-ups.
- To instil a sense of health consciousness and personal hygiene among students.
- To improve student's physical and mental health, which positively impacts their academic performance.
- To cultivate healthy habits, such as balanced nutrition, regular exercise, and mental well-being.
- To conduct regular medical examinations to monitor and address student's health needs.
- To teach and reinforce the importance of personal and environmental cleanliness.
- To provide counselling and support to address emotional and psychological challenges.

Brief Report of the event:

A two-day school health program was successfully organized in P.M. Shri. Composite Vidyalaya, Nigoha Village on the 2nd and 3rd of December, 2024. The program aimed to promote health awareness and foster healthy habits among students.

On the first day, comprehensive health assessments were conducted for the students.

On the second day, we focused on interactive activities to engage the students. A role play was performed to motivate students to adopt healthy practices such as:

To encourage these habits, the program concluded with distributing toffees, shampoo, and soap to the students.

- Resource person: - Mr. Arun Kumar & Mrs. Abha Verma
- Facilitate: The school health program facilitated the information regarding personal hygiene, nutrition, and healthy eating habits.
- Conclusion: - The initiative received an enthusiastic response from the students and served as a valuable step towards promoting health awareness in the community.

Please see the attached document “Health assessment findings” for a detailed review.

Event glimpse:





National Unity Day on the 148th Anniversary of Sardar Vallabhbhai Patel, organised by Lucknow University, Report

Date & Place of Competitions: Monday, 6 December 2024 at A.P. Sen Hall and Uma Krishna Awasthi Hall, Lucknow University, Lucknow.

Time: 01:30 PM-05 PM

An Inter-University Competition, 2nd Level titled National Unity Day on the 148th Anniversary of Sardar Vallabhbhai Patel, on the topic of Unity and Sardar Vallabhbhai Patel's contributions in India, was organized by Lucknow University, Lucknow, on December 6, 2024. The students of the College of Nursing, SGPGIMS, were selected under the guidance of Dr Radha K, Principal of the College of Nursing, SGPGIMS, with program coordination by Mr Kamran (Tutor, CON, SGPGIMS). Our college sent four students to participate in the competitions. Among them, Sakshi Kushwaha secured 1st rank in Kavita Lekhan, Om Pandey secured 1st rank in Nibandh Lekhan, and Avni Uniyal secured 3rd rank in Desh Bhakti Geet Pratiyogita. She was selected for the 3rd-level State competitions at the Governor's House, Lucknow. All the coordinators from the universities were facilitated with a token of gratitude; the Program coordinator of the

College of Nursing, Mr Kamran (Tutor, CON, SGPGIMS), was also facilitated for the same.

All participating students enthusiastically took part in the competition, which comprised competing with six universities in Lucknow. Our students showcased excellent knowledge and talent, successfully clearing all the rounds to emerge as winners of the competition. The event served as an excellent teaching and learning experience, enhancing their understanding of unity and patriotism with the contributions of Sardar Vallabh Bhai Patel in Indian Unification, fostering knowledge and creativity among all the participants.





Road Safety Awareness Programme

Day, Time & Date of the Event- Tuesday, 9 am to 12noon, 10/12/2024

Place of Event- Seminar Hall, College of Nursing, SGPGIMS, Lucknow

Resource Person- Mr. Bhoop Singh, Sub Inspector (U.P. Police)

Number of Participants- 109 students & 10 faculty

Brief Report of the event:

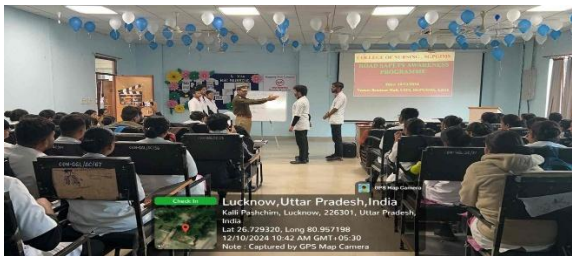
The Road Safety Awareness Programme was organized by the College of Nursing, SGPGIMS, Lucknow, for the B.Sc. Nursing students on 10/12/2024 from 9 am to 12 noon in the Seminar Hall of the College of Nursing. This programme was coordinated by **Mrs. Pooja Yadav, Tutor** and **Mr. Vinod Gupta,**

Teaching Staff of College of Nursing, under the direction and guidance of **Dr. Radha K, Principal**, College of Nursing.

The Resource person of the above programme was **Mr. Bhoop Singh, Sub Inspector (U.P. Police)**. He delivered an impactful lecture aimed at raising awareness among students and faculty about the importance of safe driving and reducing traffic-related fatalities. The event concluded with a vote of thanks and feedback from the students.

Glimpses:





Venue: Seminar room, College of Nursing, SGPGIMS, Lucknow.

Total Participants: 38 students.

Brief Report of the event:

The College of Nursing, in collaboration with the Department of Hospital Administration, proudly organized a compelling debate competition under the expert guidance of Dr. Radha K. and Program Coordinators, Mrs. Shabana Khatun, Mr. Mata Deen, and Mr. Arun Kumar, Faculty of College of Nursing SGPGIMS. The discussion centered on the pivotal role that healthcare administration plays in crafting hospitals that are not just ready for the future but are leaders in innovative healthcare. Dr. Saurabh Singh, Assistant Professor in the Department of Hospital Administration, graced the occasion with his insightful presence.

This event aimed to illuminate the undeniable importance of strategic planning and exceptional leadership in responding to the swift changes in technology and operations within modern healthcare. Chairing the session was the capable Ms. Versha Singh, with moderation provided by the articulate Mr. Ashutosh Pandey.

The discourse primarily revolved around two critical themes: strategic infrastructure development and financial management. The pro side, represented by Ms. Vismaya, Ms. Sangeeta, Ms. Anjali, and Ms. Vaishali, powerfully argued that professional administrators are the driving force behind the successful adoption of cutting-edge technologies, including robot-assisted surgeries, telemedicine, and state-of-the-art digital health platforms. They provided compelling examples

PROGRAM REPORT ON DEBATE COMPETITION

Topic: ‘Critical Role of Professional Healthcare Administration in Building Future-Ready Hospitals’

Organized by: College of Nursing with the collaboration of the Department of Hospital Administration.

Date/Time: 25th January 2025, 10 am to 12 pm.

such as SGPGI, Lucknow, where robot-assisted surgeries have not only improved patient outcomes dramatically but have set a benchmark for future practices. Their arguments underscored the crucial role of administrators in planning specialized infrastructure, training staff comprehensively, and seamlessly integrating technology into everyday operations. They passionately highlighted innovations like smart hospital rooms and remote monitoring systems, which are essential in enhancing accessibility and operational efficiency.

Conversely, the con side, represented by Ms. Shiva, Ms. Shikha, Ms. Richa, and Ms. Priyanshu, thoughtfully presented the challenges linked to the implementation of advanced technologies. They asserted that while strategic infrastructure development is fundamentally important, hospitals must not overlook the necessity of upgrading basic facilities and ensuring fair access to high-quality care for all patients. They raised legitimate concerns about the exorbitant costs associated with emerging technologies and the risk of diverting vital resources away from essential services. Furthermore, they cautioned that an overreliance on administrative solutions might detract from the essential focus on direct patient care and the invaluable role of clinical staff.

In concluding the discussion, Dr. Saurabh Singh commended the students for their exceptionally well-researched presentations and insightful arguments. His message was clear: a balanced approach in healthcare administration is imperative. Both advanced infrastructure and fundamental facilities must receive equal attention to truly create hospitals that are ready for the future.

This session was not just informative; it was a vital call to action, providing profound insights into the intricate challenges of modern healthcare management and emphasizing the transformative impact of professional healthcare administration in shaping tomorrow's hospitals.

Event glimpse:



REPORT ON 100TH BIRTH ANNIVERSARY OF SHREE ATAL BIHARI VAJPAYEE JI

The College of Nursing, SGPGIMS, organized a special program to commemorate the 100th birth anniversary of "Bharat Ratna" Shri Atal Bihari Vajpayee Ji on December 25, 2024. The event was held in the Seminar Hall, College of Nursing, SGPGIMS, from 9:30 AM to 11:30

AM under the direction and guidance of Padma Shri Prof. R.K. Dhiman, Director, SGPGIMS.

The program began in the presence of Prof. Shaleen Kumar, Dean of SGPGIMS. It was organized by the Principal of the College of Nursing and attended by faculty members and total of 50 students from the B.Sc. and M.Sc. Nursing programs. The event was coordinated by Mrs. Pooja Yadav, Tutor at the College of Nursing, SGPGIMS.

The event commenced with a heartfelt tribute to Shri Atal Bihari Vajpayee Ji. The Dean of SGPGIMS, shared enlightening words on the life and legacy of the former Prime Minister. This was followed by an inspiring lecture delivered by an M.Sc. Nursing student.

Students from both B.Sc. and M.Sc. Nursing programs actively participated in various events, including a Poetry Competition and an Essay Competition, showcasing their enthusiasm and creativity.

The program concluded with a vote of thanks, followed by High Tea.

GLIMPSES:





REPORT ON SUBCENTER VISIT (AYUSHMAAN AROGYA MANDIR)

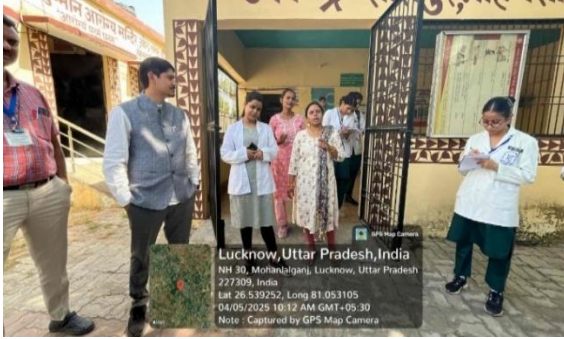
The faculty and the students of B.Sc. Nursing IV year of College of Nursing, SGPGIMS, Lucknow (U.P) together went for a n educational visit to Subcenter (Ayushmaan Aarogya mandir) Laalpur, Mohanlal Ganj from 9 am to 12 pm on 5th April 2025 (Saturday). The visit was conducted Under the guidance and supervision of Mr Yadidya (Associate professor, CON) and Mr Arun Kumar (Tutor College of Nursing). The visit was attended by 48 students of BSC nursing 4th year (batch 21-22).



OBJECTIVES OF THE VISIT:

- Philosophy and objectives of the health and wellness center / sub center.
- Know about the physical layout of the sub center.
- Know about the selection procedure for a CHO
- Know about the staffing pattern of the sub center
- know about the roles of the CHO and SUBCENTER
- Functions of the health and wellness center in community
- Facilities provided by the health and wellness center to the community
- Know about the meetings held
- Record and reports
- Emergency facilities available
- vaccination schedules and other programs implemented
- Drugs available in the health and wellness center
- Problems and challenges faced by the healthcare providers
- Medical facilities available for the community





The visit to subcenter started with orientation to physical setup of subcenter which was guided by **Ms. Mahima Singh (CHO subcenter)**. she told us about the roles and of CHO and subcenter in delivering healthcare facilities to the community.

Geographical and physical infrastructure:

The roles and function of subcenter are listed below:

- Antenatal checkups
- Non communicable diseases screening example (breast cancer) and referral
- Family planning
- Vaccinations
- Mental health services
- Geriatric care
- Implementation of various programs by the government
- Emergency services
- Drugs medication and follow-up services
- Field visits
- Institutional deliveries

Staffing pattern

- CHO
- 2 ANM
- 1 OTHER STAFF

Population under subcenter - 3000-4000

Villages come under the subcenter – it covers 3 villages i.e. Bagona, Ramdaspur, Lalpur

Salary and other amenities -20000 +15000 (incentives)

Funding provided annually -Rs.40,000.

Meetings held – monthly\weekly as per requirements

Rooms in subcenter - yoga room, vaccination room, ward, storage room CHO room

Drugs available –

- Analgesics, antipyretics, NSAIDS: - Tab. Diclofenac, Tab. PCM,
- Analgesics: - Tab. Acetylsalicylic acid, Tab. Ibuprofen, Syp. Ibuprofen
- Anti allergics :- Tab. Cetirizine, Syp. Cetirizine
- Intestinal anti helmenthes :- Tab. Albendazole
- Antibacterial: - Tab. Ciprofloxacin, inj. Gentamycin, tab. Amoxicillin, syp. Amoxicillin
- Antifungal: - tab. Fluconazole
- Anti- malarial: - tab. Primaquine
- Anemia: - tab. IFA, Drop. IFA
- Vitamin and minerals: - tab. Ascorbic acid, syp. Vitamin A, inj. Phytomenadione
- Topical medicine: - povidine iodine solution
- Gastro- intestinal medicine:- tab. Ranitidine
- Oxytocics and antioxytocics :- tab. Misoprostol
- Cardiovascular medicine:- tab. Issorbidedinitrate, tab. clopidgrel
- Diuretics: - frusemide

- Anti- diabetics: - tab. Glimepiride, tab. Metformin
- Anti- hypertensive medicine: - tab. Amlodipine, tab. Atenolol
- COPD: - tab. Salbutamol, salbutamol MDI/ DPI
- Eye, ENT medicine: - ciprofloxacin eye drop, clotrimazole ear drop, xylometazoline nasal
- Emergency drugs: - inj. Adr, inj. Dexta, 25% dextrose 100ml, inj. Atropine, tab. Calcium &vit. D3, tab. Atorva, tab. Hydrochlorothiazide, tab. Telmisartan, tab. Glimepiride

Services provided –

- Vaccination
- ANC
- NCD screening
- Screening of cervical, oral, or breast cancer
- Mental health services – screening and referral
- Family planning counselling
- Tele consultation
- Geriatric care
- ENT and ophthalmic services
- Delivery
- Basic treatment to common illness

RECORD AND REPORTS

1. OPD register
2. Diagnostic tracker register
3. Lab register
4. Drug consumption record
5. Jan aarogya samiti register
6. Dead stock register
7. Wellness register
8. NCD follow up register
9. VHSNC samiti meeting register

Form

1. Feedback form
2. OPD form
3. Deaddiction booklet

CONCLUSION

The visit to Lalpur subcenter was a valuable learning experience. It gave us a better understanding of rural health services and the dedication of frontline health workers. The practical exposure will help us in our future careers in healthcare and public services.

REPORT ON JOSH-3 (SPORTS MEET) 2025

To foster team spirit among students and reignite enthusiasm, the College of Nursing SGPGIMS successfully organised Josh-3, the Sports Meet 2025, from April 7th to April 9th, 2025. The event took place at Cricket Stadium SGPGIMS, Sports Complex SGPGI, and the College of Nursing SGPGIMS, with activities scheduled from 8:00 AM to 5:00 PM each day.

The program was graced by the presence of our honourable Executive Registrar, SGPGIMS, who served as the chief guest, alongside the Principal of the College of Nursing, SGPGIMS and all faculty members.

The inauguration ceremony commenced at 9:00 AM at the Cricket Stadium SGPGIMS, where the principal, faculty, and attendees were warmly welcomed. The event began with a prayer for health, well-being, and success, setting a positive and harmonious tone for the sporting activities that followed.

Throughout the three-day event, students actively participated in various sports and competitions, displaying extraordinary energy,

teamwork, and sportsmanship. The meet provided an opportunity to strengthen camaraderie among students while promoting a healthy competitive spirit.

Josh-3 2025-26 concluded on a high note, leaving a lasting impact by fostering unity, discipline, and enthusiasm among participants. The College of Nursing SGPGIMS remains committed to encouraging student involvement in extracurricular activities, recognizing their invaluable role in holistic development.

Sports Events - 7th April to 9th April 2025
Venue: Cricket Stadium, Sports complex SGPGI and College of Nursing SGPGIMS.

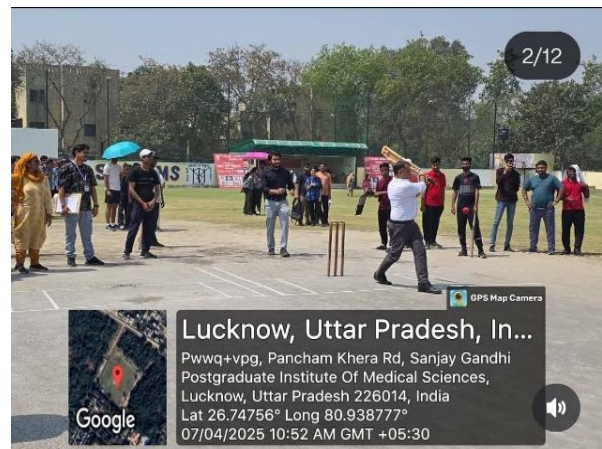


Timing: 8:00am-5:00pm.

SPORTS DAY 1

The event kicked off on 7th April 2025 with an impressive opening ceremony, The ceremony was graced by esteemed faculty members and dignitaries, who encouraged the students to compete with passion and integrity.

The day saw a plethora of sporting events unfold, including field competitions such as **100M race (qualifiers), and javelin throw (Finals) for boys and girls cricket match (semifinals).** The highlight of the event was a cricket match held at the Cricket stadium SGPGIMS, where teams showcased their talent and teamwork. Carrom (girls) (qualifier) was held at Cricket Stadium SGPGIMS, where teams showcased their talent and teamwork.



DATE: Feb. 1ST 2024

During the 2nd half of the day, competitions are held at the Sports Complex, SGPGIMS from 2 pm-4 pm. The highlight of the day was the badminton (girls) (finals) held on the badminton court of the Sports Complex, SGPGIMS, where teams showcased their talent and teamwork. Afterwards, boys' Volleyball (qualifiers) at the volleyball court of the Sports Complex, SGPGIMS.

SPORTS DAY 2

The momentum continued on the second day of the Sports Meet, with participants eagerly participating in various events. The focus shifted to the semifinal of **cricket, volleyball, and kho-kho**, and the finals of **Discus throw (boys/girls) and shot put (boys/girls)**.

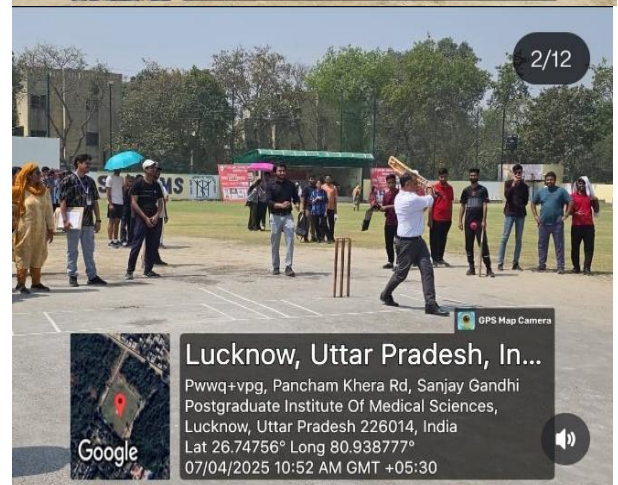
Col. Varun Bajpai (Executive registrar, SGPGIMS) facilitated the occasion with his warm presence and initiated the occasion with prize distribution for Josh 2024-25

Simultaneously, indoor games such as **Badminton singles and doubles (Boys and girls) (semifinals), Carrom Girls (finals)**, provided opportunities for participants to exhibit their mental agility and concentration.



SPORTS DAY 3

The enthusiasm of students and participants continued to the last and final day of **Josh 2025-26 on 9/04/25** comprising of the **finals** of events such as **cricket, kho-kho, relay race (boys and girls), 100m (boys and girls), long jump (boys and girls), badminton singles (boys) and doubles (boys and girls), volleyball and throwball**. In-house events such as **carrom and chess (Boys and girls)** are held at the College of Nursing, SGPGIMS.





The Annual Sports Meet at the College of Nursing, SGPGIMS, was a grand success, bringing together students, faculty, and staff to celebrate athleticism and sportsmanship. The event provided a platform for students to showcase their sporting talent and promoted teamwork, discipline, and resilience

16th Foundation Day "SPARSH 2025"

THEME- BEHAVIOUR CHANGE COMMUNICATON- A TRANSITION FOR NURSES IN A PATIENT CARE

Date & Time: 01/02//2025 & 09:30 AM To 12:30 PM

Location: Seminar Hall, College of Nursing, SGPGIMS, LKO

The 16th Foundation Day of our esteemed nursing college was celebrated with great enthusiasm and fervour on 01/02//2025 under the theme "Behaviour Change Communication - A Transition for Nurses in Patient Care." The event, aptly named SPARSH 2025, aimed to emphasize the crucial role of effective

communication in nursing practice and its impact on patient care.

Over the past 16 years, our institution has grown and evolved, shaping the lives of countless nursing professionals who have gone to make a difference in the healthcare sector. As we commemorate this special day, we reflect on our achievements, challenges, and the journey that has brought us to where we are today. We also look forward to the future, embracing new opportunities, and continuing to strive for excellence in nursing education and practice.

The event commenced with a dignified inaugural ceremony, lamp lighting and Saraswati Vandana by Students in the presence of esteemed guests from the healthcare industry and academic.

A renowned experts delivered a keynote address on the achievements, challenges, and the journey of the college and the significance of behaviour change communication in nursing practice, highlighting its role in improving patient outcomes.

| | |
|-----------------------|---|
| Principal | Dr. Radha K |
| Chief Guest | Prof. R.K. Dhiman, Director, SGPGIMS, LKO. |
| CMS and Nodal Officer | Prof. Sanjay Dhiraaj |
| Dean | Prof. Shaleen Kumar |
| Executive Registrar | Col. Varun Bajpai |
| Resource Person | Dr. Laxmi, Assoc. Prof, Indira Gandhi National Open University, New Delhi |

The interactive session was conducted by **Dr. Laxmi**, Assoc. Prof, Indira Gandhi National Open University, New Delhi on the theme "**Behaviour Change Communication - A Transition for Nurses in Patient Care.**"

Behaviour Change Communication (BCC) is a crucial aspect of nursing practice that enables nurses to facilitate positive changes in patient's behaviours, ultimately improving health outcomes. BCC involves a collaborative approach between nurses and patients to identify and address health-related issues.

BCC is a process of addressing knowledge, attitudes and practices through identifying, analysing and segmenting audiences and participants in programmes by providing them with the relevant information and motivation through well-defined strategies using an audience-appropriate mix of personnel, group and mass-media channel, including regulatory methods. (Global Communication Team UNICEF)

BCC can lead to better health outcomes, increased patient satisfaction, and reduced healthcare costs. It empowers patients to take an active role in their care, promoting self-management and adherence to treatment plans. It fosters a collaborative and supportive relationship between nurses and patients.

After the planned session students were recognized and awarded for academics and non-academics performances.

The session was closed by a vote of thanks and National Anthem.

Conclusion-

The 16th Foundation Day celebration - SPARSH 2025 - was a resounding success, emphasizing the importance of behaviour change communication in nursing practice. The event enhanced the understanding of behaviour change communication among nursing students and professionals. The event inspired and motivated nursing students and professionals to adopt effective communication strategies, ultimately improving patient care and outcomes. The event reaffirmed the college's commitment to excellence in nursing education and practice.

Glimpse of the 16th Foundation Day – “SPARSH 2025”



REPORT ON CAREER COUNSELLING PROGRAM

The faculty and students of the College of Nursing, SGPGIMS, Lucknow together Conducted a Career Counselling Program at “Satya Narayan Tiwari vidya mandir inter collage Nigoha Lucknow” from 10 a.m. to 12 p.m. on 29TH April 2025. The Session was Conducted under the guidance of Mr. Yadidya (Lecturer) and Mr. Arun Kumar Yadav (Tutor). In this program we told students about the nursing and paramedical as a career option.



OBJECTIVES

- ✓ To develop relationship with local school community
- ✓ To inform about the career opportunities in nursing and paramedical
- ✓ To inform about the job opportunities in government and private sectors
- ✓ To inform about the income in government and private sectors

CAREER COUNSELLING TEAM MEMBERS

1. Mr. Yadidya, Lecturer, CON, SGPGIMS

2. Mr. Arun Kumar, Tutor, CON, SGPGIMS
3. Ms. Fatima Zehra, BSc nursing 4th year student, CON, SGPGIMS
4. MS. Harsha Rai, BSc nursing 4th year student, CON, SGPGIMS
5. Ms. Mohini Choudary, BSc nursing 4th year student, CON, SGPGIMS
6. Mr. Harshit Rai, BSc Nursing 4th year student, CON, SGPGIMS
7. Ms. Jahanvi, BSc Nursing 4th year student, CON, SGPGIMS
8. Ms. Madhubala Singh, BSc Nursing 4th year student, CON, SGPGIMS
9. Ms. Neeti Sharma, BSc Nursing 4th year student, CON, SGPGIMS
10. Ms. Noreen Kouser, BSc Nursing 4th year student, CON, SGPGIMS
11. Ms. Palvi Sharma, BSc Nursing 4th year student, CON, SGPGIMS
12. Ms. Muskan Verma, BSc Nursing 4th year student, CON, SGPGIMS
13. Mr. Mohd Asif, BSc Nursing 4th year student, CON, SGPGIMS
14. Mr. Kafeel Ahmad, BSc Nursing 4th year student, CON, SGPGIMS
15. Mr. Kamlesh Kumar, BSc Nursing 4th year student, CON, SGPGIMS
16. Ms. Dolly Panday, BSc Nursing 4th year student, CON, SGPGIMS

AGENDA FOR “AWASIYA PUBLIC INTER COLLEGE FOR CAREER COUNSELLING”

- ✓ Introduction
- ✓ Ice breaking activity
- ✓ Introduction to nursing and paramedicals
- ✓ Introduction to paramedicals
- ✓ International aspects of nursing
- ✓ Introduction of alumni Mrs. Pooja Yadav
- ✓ Sharing experiences and encouraging students by Mr. Yadidya
- ✓ Conclusion and feedback

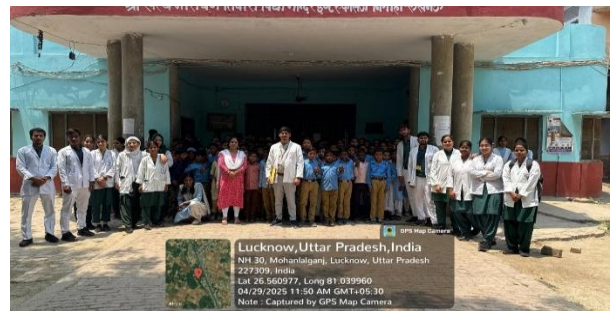
- The students of 10th and 12th standard were the participants. Students enthusiastically participated in the program.
- School principal and teachers also actively participated in the program.
- *Nirmaya brochures* were distributed to the students
- E-portals were provided to the students and shared with the school Principal.

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NH 30, Mohanlalganj, Lucknow, Uttar Pradesh
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FEEDBACK

The students found carrier counselling program was effective and excellent. Students actively participated in ice breaking activities.

- Queries were answered.
- Doubts were cleared.

First Aid & Disaster Management Training (Mock drill – earthquake)

Day, Time & Date of the Event- Tuesday, 8am to 5 pm & March 18, 2025

Place of Event- S. S. Agarwal Auditorium, Library Complex

Resource Person- Col. Varun Bajpai (VSM), Executive Registrar, SGPGIMS, Dr. Radha K., Principal, College of Nursing, SGPGIMS, Mrs. Aditi Umrao (Project Director, EOC, SDMA, UP) and Mr. Pravin Kishor (Project Coordinator, SDMA, UP)

Number of Participants- 130 Participants

Background:

The College of Nursing, SGPGIMS, successfully organized a First Aid & Disaster Management Training Session and Mock Drill (Earthquake) in collaboration with the Uttar Pradesh State Disaster Management Authority (UPSDMA) and the State Disaster Response Force (SDRF), UP at SGPGIMS on 18/3/2025. The program Chairperson was Dr. Radha K. Principal, delivered the welcome address The day began with participant registration and a pre-test, followed by an inaugural session and whole program was coordinated by Mrs. Bhumika Singh, Mr. Kamran, Mr. Arun and Mr. Mara Deen, Tutor, College of Nursing, SGPGIMS.

The Chief Guest Padma Shri Prof. R. K. Dhiman (Director, SGPGIMS), emphasizing the importance of disaster preparedness in healthcare settings. and the Guest of Honor Lt. Gen. Yogendra Dimri (Vice Chairperson, UPSDMA), emphasized the importance of disaster preparedness and response strategies. The Special addresses were delivered by Dr. Satish Kumar (Commandant, SDRF, UP), Prof. Shaleen Kumar, Dean SGPGIMS, Col. Varun Bajpai (VSM) Executive Registrar, Prof. Amita Agarwal & Prof. Sanjay Dhiraj who emphasized the critical role of preparedness in disaster management.

The technical sessions covered essential topics such as the importance of disaster management in healthcare, legal aspects of first aid, disaster risk reduction strategies, and earthquake preparedness. Experts like Col. Varun Bajpai (VSM), Executive Registrar, SGPGIMS, Dr. Radha K., Principal, College of Nursing, SGPGIMS, Mrs. Aditi Umrao (Project Director,



EOC, SDMA, UP) and Mr. Pravin Kishor (Project Coordinator, SDMA, UP) shared insights on state vulnerability to earthquakes and emergency response techniques.

A mock drill on earthquake preparedness was conducted at the College of Nursing, 2nd floor, Advance Diabetic Centre, where SDRF officials demonstrated emergency response strategies. The session concluded with a debriefing,

followed by an engaging Q & A session & post-test, a felicitation ceremony, and a vote of thanks was delivered by Mrs. Bhumika Singh (Teaching Faculty, CON, SGPGIMS).

Conclusion: The event successfully enhanced awareness among participants, equipping them with crucial skills to respond effectively during emergencies. The National Anthem marked the conclusion of the program, reinforcing the collective commitment to disaster preparedness.

Event glimpse:



ESSAY WRITING COMPETITION ON THE TOPIC - BUILDING THE FUTURE MINDFULLY

Date & Time of the Event- 06.08.2025, 11:00 AM – 12:00 PM

Place of Event- College of Nursing, SGPGIMS.

Number of Participants- 36



Background:

The purpose of the essay writing competition titled "Building the Future Mindfully" is to inspire participants to engage critically with the concepts of mindfulness, sustainability, and proactive citizenship as they envision the future. In a rapidly changing world marked by technological advancements, environmental challenges, and social upheaval, it is crucial to cultivate a mindset that prioritizes thoughtful decision-making and responsible stewardship.

Aim

The competition aims to provide a platform for individuals, particularly students and young adults, to express their thoughts and propose innovative ideas for creating a future that is both sustainable and mindful. By fostering creativity and critical thinking, the competition seeks not only to raise awareness about the importance of mindfulness in our daily lives but also to encourage participants to take actionable steps toward a more thoughtful and sustainable future.

Objectives

1. Encourage Reflection: Participants will explore their thoughts about the future through the lens of mindfulness, urging them to think deeply about the personal and collective choices we make today and their implications for tomorrow.

2. Promote Sustainable Practices: The essays will highlight sustainable practices and ethical considerations, guiding individuals to integrate these values into their vision of the future while fostering a sense of personal responsibility.

3. Foster Creativity and Innovation: By allowing participants to articulate their unique perspectives, the competition encourages creative thinking and innovative solutions for contemporary challenges, driving engagement with the themes of mindfulness and sustainability.

4. Build Community Dialogue: The competition facilitates dialogue among diverse voices, creating a community of thinkers who are passionate about nurturing a mindful and sustainable

future. This exchange of ideas can lead to collaborative initiatives and shared learning experiences.

5. Recognize and Reward Talent: The initiative aims to identify and reward talented writers whose reflections on mindfulness resonate with broader audiences, amplifying their voices and ideas to inspire change.

Brief Report of the event:

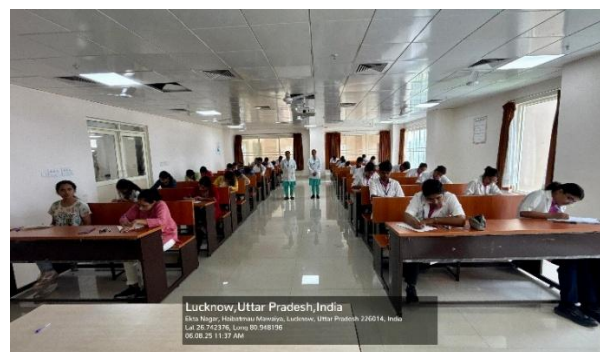
The College of Nursing conducted an essay writing competition centered around the theme "Building the Future Mindfully" on 6 August 2025. A total of 36 participants took part in this event, and a panel comprised of four faculty judges was formed to assess the submissions. Upon completion of the evaluations, the results for the first, second, and third places were duly announced.

In summary, the essay writing competition serves as a catalyst for meaningful reflection and engagement with critical issues related to our future. By inviting participants to build a mindful vision for the future, it encourages personal growth, community involvement, and a shared commitment to sustainability and ethical living.

Result: -

- First Position: Mr. Om Pandey V Semester – 45 marks
- Second Position: Mr. Rudransh Mishra III Semester – 44 marks
- Third Position: Ms. Nisha Srivastava V Semester – 42 marks
- Third Position: Ms. Prapti Medda I Semester – 42 marks

Event glimpse:





POSTER COMPETITION

Day, Time & Date of the Event for preliminary round- Tuesday, 10pm to 12 pm 2nd September, 2025.

Day, Time & Date of the Event for final round: Saturday, 8 am – 12 pm, 6th September, 2025.

Place of Event- College of Nursing, SGPGIMS

Resource Person- Dr. Radha K., Principal, CoN, SGPGIMS, Prof. Lokendra Sharma, Prof. R. Harsvardhan, Mr. Hari Mohan and Mr. Atul Hundoo.

Number of Participants- 22 for preliminary round and 10 for final round.

Background:

As part of the celebrations of the 29th Convocation Day, the Committee for Poster Competition, Department of Hospital Administration & College of Nursing, SGPGIMS, Lucknow, organized a Poster Making Competition for the students of the

College of Nursing and CMT. The event aimed to nurture creativity, innovation, and self-expression among students while linking art with professional and social values. The competition was designed in two rounds—Preliminary Round and Final Round—with thought-provoking themes: “Role of Mentor in Shaping Professional Life” and “Nature’s Rhythm.” These themes encouraged participants to reflect on the guiding role of mentors in professional growth, as well as the harmony and beauty of nature as a source of inspiration. By providing a platform for students to present their ideas through visual art, the competition fostered critical thinking, originality, and artistic skills, while also promoting holistic development and confidence building among the participants.

Brief Report of the event:

Purpose of the Program: The Poster Making Competition was organized to provide a platform for students to showcase their creativity, artistic skills, and critical thinking on socially and professionally relevant themes. The purpose was to encourage self-expression, enhance awareness, and develop a sense of innovation among students while connecting art with professional growth and holistic development.

Details of the Program

Preliminary Round

- **Theme:** Role of Mentor in Shaping Professional Life
- **Date & Time:** 2nd September 2025, 10:00 AM – 12:00 PM
- **Venue:** Seminar Room, 2nd Floor, College of Nursing, SGPGIMS

- **Participants:** Students from College of Nursing and CMT, SGPGIMS
- **Groups:** Group A – Female and Group B – Male

environmental awareness through the given themes. Conclusion

Event glimpse:

Final Round:

Theme: Nature’s Rhythm (Flow of seasons, growth of tree, waves of ocean)

Date & Time: 6th September 2025, 08:30 AM – 10:30 AM

Venue: 2nd Floor, College of Nursing, SGPGIMS

Participants: Best 10 entries selected from the Preliminary Round

Groups: Group A – Female and Group B – Male

Assessment Criteria

The posters were evaluated by experts based on:

- Relevance to the theme
- Originality
- Artistic composition
- Creativity

Conclusion:

From the preliminary round, 10 best entries were selected for the final competition.

- In the final round, 4 winners (2 from each group) were awarded.
- The competition highlighted the creativity and innovative thinking of nursing and CMT students, while also fostering professional values and



ORIENTATION PROGRAM for B.Sc. Nursing 1st Year & M.Sc. Nursing 1st Year Students 2025-

26

AUGUST 2ND to 6TH, 2025

Date & Place of event: 02-06/08/2025 & College premises and SGPGIMS



Name of the Event: Orientation Program for B.Sc. Nursing 1st Year & M.Sc. Nursing 1st Year Students 2025-26

Number of participants: 60 Students B.Sc. Nursing 1st Year & 03 Students M.Sc. Nursing Students

Background:

The Orientation Program was organized to welcome and familiarize the newly admitted B.Sc. Nursing 1st year (1st semester) students & M.Sc. Nursing 1st Year Students with the academic, administrative, and clinical environment of the institution. The program was designed to ensure students have a smooth transition into the academic and hospital setting and develop a strong sense of belonging and preparedness.

Objectives:

- To orient students to the college, hospital, and its environment.
- To provide information and opportunities to explore academic success strategies.
- To equip students with the ability to function safely within college and hospital premises.
- To help students articulate and understand the challenges and advantages of the nursing profession.



- To foster a sense of connectedness and community within the university environment.
- To enable students to effectively navigate the physical environment of the campus.
- To introduce the social support system available and encourage peer connection.

Brief Report of the Event:

The Orientation Program was successfully conducted on **2nd August 2025 to 06/08/2025** at **College of Nursing & SGPGIMS**. The session began with a warm welcome by the faculty, followed by detailed presentations and talks from various speakers.

Program Chairperson:

Dr. Radh K., Principal, College of Nursing, SGPGIMS, Lucknow.

Program Coordinator:

Mrs. Shaban Khatun, Associate Professor (M.Sc. Nursing 1st Year, 2025–26 Class Coordinator):

Mr. Mata Deen, Tutor (B.Sc. Nursing 1st Year, 2025–26 Class Coordinator)

The program involved interactive sessions focusing on the institutional values, curriculum overview, hospital exposure, student responsibilities, safety protocols, and support systems. Students actively participated and expressed their appreciation for the valuable information shared.

Beneficiaries:

- Students of B.Sc. Nursing – Semester 1
- Students of M.Sc. Nursing – 1st Year

Program Schedule



College of Nursing, SGPGIMS

Has Barchi Road, Lucknow-226014 (U.P.)
Tel: 0522-226014, 226015, 226016, 226017, 226018, 226019

Ref. No. PGI/CON/ 77.2.2/2025

Date: 29.07.2025

To : The CMS, SGPGIMS, Lucknow

From: Principal, College of Nursing, SGPGIMS, Lucknow.

Sub. : Orientation to the Hospital for B.Sc. Nursing & M.Sc. Nursing students-College of Nursing, reg.

With regards to the subject mentioned as above, this is to inform you that the new session of M.Sc. Nursing and B.Sc. Nursing will be commenced from 1st August 2025 for the Academic Session 2025-26. For that the orientation to the hospital has been schedule for B.Sc. Nursing & M.Sc. Nursing, students along with faculty from 04.08.2025 to 06.08.2025 without disturbance of regular hospital activities. No. of Students 60. (03 groups per group 20 students).

| 02-08-2025 (20 Students in each group) | 04-08-2025 (20 Students in each group) |
|--|--|
| Saturday | Monday |
| Group -1- College premises, Lab & Hostel | Group -1- Old Building, CSSD |
| Group -2- College premises, Lab & Hostel | Group -2- EMRTC, New OPD |
| Group -3- College premises, Lab & Hostel | Group -3- PMSSY |
| 05-08-2024 (20 Students in each group) | 06-08-2025 (20 Students in each group) |
| Tuesday | Wednesday |
| Group -1- PMSSY | Group -1- EMRTC, New OPD |
| Group -2- Old Building, CSSD | Group -2- PMSSY |
| Group -3- EMRTC, New OPD | Group -3- Old Building, CSSD |

Contact details of Faculty In-charge Hospital Orientation: CUG: 4830-7644, 7656

| | |
|-----------------------|---|
| 1. Old Building, CSSD | Mr. Kamran, Mr. Boopendra Singh Yadav, Mr. Vinod Gupta |
| 2. EMRTC, New OPD | Mrs. Shabana Khatun, Ms. Alice Joseph & Mr. Kuldeep Yadav |
| 3. PMSSY | Mr. Arun Kumar, Mrs. Bhumika Singh, Mr. Mata Deen |

Kindly grant permission to conduct the orientation programme as scheduled and oblige.

Copy to:

1. Nodal Officer CON, SGPGIMS, Lucknow
2. CNO, SGPGIMS, Lucknow
3. In-charge CSSD, SGPGIMS, Lucknow
4. In-charge, EMRTC, SGPGIMS, Lucknow
5. In-charge, PMSSY, SGPGIMS, Lucknow

Dr. Rashmi K.
Prof. cum Principal
College of Nursing, SGPGIMS, Lucknow
Dr. Radha K. Principal, College of
Nursing, SGPGIMS,
Lucknow

q/c

Faculty Coordinators:

- **Group 1:** Mrs. Shabana Khatun, Ms. Alice Joseph, Mr. Kuldeep Yadav
- **Group 2:** Mr. Kamran, Mr. Boopendra Singh Yadav, Mr. Vinod Gupta
- **Group 3:** Mrs. Bhumika Singh, Mr. Arun Kumar, Mr. Mata Deen

We began our hospital orientation with our respective groups. We were highly impressed by the hospital's vast infrastructure, cleanliness, and the systematic functioning of each department. The entire campus operates in an organized and coordinated manner, reflecting the efficiency and dedication of the institution.

Emergency Medicine and Renal Transplant Centre (EMRTC)

As the name implies, the **Emergency Medicine and Renal Transplant Centre (EMRTC)** handles critical cases related to **cardiovascular, nephrology, and renal** issues. It does **not** cater to trauma or injury-related emergencies, which are managed at a separate **Trauma Centre** within the campus.

A major highlight of EMRTC is that it is recognized as **Asia's largest dialysis center**, providing advanced care for patients with renal disorders. The facility is well-equipped with modern medical technologies and staffed by skilled professionals, offering both emergency and long-term care for patients suffering from kidney-related conditions.

This Orientation Report is based on our 4-day visit to various blocks of SGPGIMS (Sanjay Gandhi Postgraduate Institute of Medical Sciences), conducted as a part of the curriculum for **B.Sc. Nursing 1st year** and **M.Sc. Nursing 1st year** students.

Our orientation commenced on **2nd August 2025** and concluded on **6th August 2025**. A total of **60 students** were divided into **three groups** of 20 students each, guided by our respected faculty members. The orientation aimed to familiarize us with the infrastructure, functioning, and specialized departments of the hospital and the College of Nursing.

The schedule of our orientation was as follows:

- **Day 1 (2nd August 2025):** Visit to the *College of Nursing and Hostel premises.*
- **Day 2 (4th August 2025):** Orientation at the *Emergency Medicine and Renal Transplant Centre (EMRTC)* and the *New OPD Block.*
- **Day 3 (5th August 2025):** Visit to the *Old Building and Central Sterile Supply Department (CSSD).*
- **Day 4 (6th August 2025):** Visit to the *PMSSY Block.*



It has the capacity to do 200 dialysis per day. All patients related to nephrology or neurology conditions are treated here.

Our learning's: Firstly, patient is taken into emergency and admitted according to his situation. Based on the seriousness of the patient is admitted into red, yellow or green ward.

Red zone (Emergency Medicine): Patients need immediate treatment and care.



Yellow zone: Patients who are in critical condition but can wait for the treatment are admitted here



Green zone: Patients aren't in critical condition and can wait for the treatments.



After getting treated and stable they are diagnosed and are sent to the super specialities department according to their problems.

Pradhan Mantri Swasthya Suraksha Yojana (PMSSY)

Now we headed towards PMSSY hospital where we can see departments of paediatric surgery, Maternal and Reproductive Health, Neonatology, Pulmonary Medicine and Plastic Surgery and Burn.



On ground floor there was MRH and OPD and we have seen maternity ward and pulmonary ward. Where patients were taken care of in a safe and clean environment.

Now heading towards the first floor which includes operation theatres of Plastic Surgery, Emergency, Pediatric Surgery, Maternal health and Fetal Medicine. Here all the surgeries were done of the respective departments.

The second floor includes the three departments which are department of pediatric surgery, Department of maternal and reproductive health and department of neonatology.

Lastly, let's talk about the 3rd Floor it consists the department of plastic surgery and burn and Department of pulmonary medicine.



Central Sterile Supply Department (CSSD)

It is one of the most important departments of any healthcare system. CSSD is in Old OPD. Here we learnt about a lot of things and had an amazing experience of different kind of procedures and knowledge.

Every year, hundreds of millions of patients are affected by a healthcare associated infection (HCAI, HAI or nosocomial infection) worldwide form a serious threat to people's health. Central Sterile Supply Department (CSSD) has a significant role to play to abort the 'chain of transmission' of Hospital associated infection across various patient care areas in the hospital. Clean and infection free material inspires confidence amongst the patients and front-line workers and enhances their satisfaction level.

They have different processes to deal with sterilization process.

Using a plasma machine or new auto machines for complete sterilization processes.

There are mainly 2 types of sterilization: moist sterilization which utilizes steam, and dry sterilization consisting of bombarding contaminated objects with UV rays in order to disinfect it.

Moist sterilization is done mainly by a manual/autonomous machine called autoclave. It uses steam to kill all sorts of harmful microbes. Before the start of the day, each autoclave's performance is checked by placing a Bowie-Dick test pack inside it. Within this, there are several special sheets, and a central sheet which has yellow markers. This pack is placed inside the autoclave and a cycle is run. We can determine its efficiency depending on whether the sheets are fully dry afterwards, and also if all yellow markers have turned completely black (as shown in the attached photos).

Subsequently, once the machine is established to be in proper working condition, a steam chemical integrator (which turns black), a biological indicator, and an indicator tape (which turns black as well) is used in every load of sterilization and is recorded in a log.



Old OPD

This is one of the old buildings in the campus. Which includes each and every specialties and theirs wards.



Introduction:

During our orientation visit to the Old OPD building, we were guided by our teachers through various key departments and offices. The tour provided us with insights into the hospital's infrastructure and the crucial roles of different offices and systems.

Entry and Initial Observations:

Upon entering the Old OPD building, we observed several cabins on both sides of the entrance. Our teachers informed us that these cabins are the offices of Patient Relation Officers (PROs). The PROs play a vital role in assisting and guiding patients, including VIP patients, ensuring they receive the necessary help and direction within the hospital.

Key Offices and Departments:

As we moved further, we noticed the Medical Superintendent's (MS) office on the left. Inside the corridor on the left side, we were introduced to the office of the Chief Nursing Superintendent (CNS), Mrs. Manorma, and the Chief Medical Superintendent (CMS), Prof. Devendra Gupta. The MS office, led by Prof. V.K. Palliwal, was also located nearby.

Pneumatic Tube System (PTS):

One of the notable features we observed was the pneumatic tube system (PTS) running along the ceiling. Our teachers explained that this system is used to send samples from various wards to the labs. Each lab is identified by a specific four-digit number, which ensures that samples are sent to the correct location. In cases where a sample is mistakenly sent to the wrong lab, it can be returned to the originating ward. This system significantly reduces workload, manpower, and the time required to obtain reports, thereby streamlining the entire process.

F Block Exploration:

As we continued our tour, we arrived at the F Block of the old building. This block houses the radiology department for in-patient departments (IPD), the nuclear lab used in cancer investigations, the Hospital Revolving Fund (HRF), and Cath labs. On the first floor, we found the OT complex, the HRF store where expensive medicines are kept, the Critical Care Medicine (CCM) unit, and the Cardio-Vascular Thoracic Surgery (CVTS) unit. We were also informed that the Neuro OT is located separately from the main OT complex.

C Block and G Block Observations:

Next, we descended to the C Block, where various labs, including those for pathology, microbiology, cardiology, endocrinology, and neurology, are situated. Consultant offices are also located on the first floor of this block.

Moving on, we visited the G Block, which is a nine-floor building housing all the wards. The G Block is divided into two units: the first unit is dedicated to medicine, and the second unit focuses on surgery.

And Fifth floor is dedicated for transgender patients.

Conclusion:

Our orientation visit concluded with a view of the liver transplant building from the backside of the old building. This tour provided us with a comprehensive understanding of the Old OPD building's layout and the critical functions of its various departments.

New OPD

Let's head towards our new OPD building.

| Floor's | Block | OPD/OTHER Area |
|--------------|-----------|--|
| Basement | | Pharmacy, Physiotherapy, Medical Record, HIS Compliant |
| Ground Floor | A - Block | Waiting Area, PRO Office & PWC Office |
| | B - Block | Sample Collection / Head & Neck Surgery |
| | C - Block | X-Ray & Ultrasound |
| | D - Block | Hematology & Pain Clinic / Pac |
| First Floor | A - Block | CVTS OPD |
| | B - Block | Cafeteria |
| | C - Block | Cardiology OPD |
| | D - Block | Day Care Ward |
| Second Floor | A - Block | Endocrine Surgery OPD/Breast Surgery |
| | B - Block | Endocrinology OPD |
| | C - Block | Immunology OPD |
| | D - Block | Pulmonary Medicine OPD |
| Third Floor | A - Block | Neurosurgery OPD |
| | B - Block | Neurology OPD |
| | C - Block | Nephrology OPD |
| | D - Block | Urology OPD |
| Fourth Floor | A - Block | Pediatric Gastroenterology & Hepatology OPD |
| | B - Block | Gastroenterology OPD |
| | C - Block | Medical Genetics & Radiotherapy OPD |
| | D - Block | Surgical Gastroenterology OPD |
| Fifth Floor | A - Block | Ophthalmology Ward |
| | B - Block | Ophthalmology OPD |
| | C - Block | Ophthalmology Operation Theatre |
| | D - Block | Ophthalmology Office & Investigation Lab |



This building has total of 5 floors each divided into four blocks i.e A,B,C,D.

Where patient take consultation and diagnosis from respective departments.

Upon entering the New OPD, we first encountered the help desk counter. This desk serves as a central point for patient assistance, where patients can temporarily borrow a wheelchair by exchanging their Aadhar Card. This system ensures that mobility aids are available to those in need without complications.

Moving forward, we reached the registration counter, where new patients are required to pay a registration fee of 250 rupees. This registration can be renewed annually for a fee of 100 rupees, making it convenient for returning patients to maintain their records. Adjacent to the registration counter, on the left side, is the ECG counter, facilitating quick access to cardiac assessments.

The New OPD building is organized into blocks, each serving different functions: At the ground floor

- **A Block:** This block houses the waiting area, providing a comfortable space for patients and their families while they await consultations or procedures.

- **B Block:** Here, we found the cash counter and the sample collection counter, where patients can pay for services and submit samples for laboratory testing, respectively.

- **C Block:** This block is dedicated to the radiology department for OPD patients, ensuring that imaging services are readily accessible.

- **D Block:** On the ground floor of the New OPD, the Pre-Anesthetic Check-up (PAC) department

is located. This department offers anesthetic consultations for patients scheduled for surgery.

The New OPD building comprises five floors in total. The top floor is designated for the eye department, which includes both outpatient services and a ward for patients requiring specialized eye care.

College of Nursing, SGPGIMS

Introduction

First we visited the OBG lab, then we went towards the computer lab, and then we saw MSC classes where we saw our seniors, and then we headed towards the library. Here are some glimpses of our library.



Nursing Foundation Lab

It was such a thrilling experience to see the foundation lab where we get to see how our learning experience is going to be fun and practical. And we also witnessed the hard work of our seniors displayed in each and every lab.



Anatomy lab

We all know how exciting it is to look and study about human body and everything. When it was about the anatomy lab everyone's eyes lit up and went frantic to look at the article, bones and skeleton.

Glimpses.





Induction Program for new 1st Year B.Sc. & M.Sc. Nursing Batch 2025–26 (UG & PG) & Tablet Distribution for Final-Year, UG & PG Students

Date & Place of event: 23rd August 2025,
Time: 10:00 AM onwards
Venue: D.K. Chhabra Lecture Theatre, SGPGIMS, Lucknow

Brief Report of the Event:

The College of Nursing, SGPGIMS, Lucknow, organized a comprehensive Induction Program for the newly admitted 1st Year B.Sc. and M.Sc. Nursing students (Batch 2025–26), alongside a Tablet Distribution Ceremony for the final-year undergraduate and postgraduate nursing students on 23rd August 2025. This event aimed to welcome the fresh entrants to the institution and to empower the outgoing batch with digital tools essential for their academic and clinical excellence.

Programme Coordinators:

- Mrs. Shabana Khatun, Associate Professor, College of Nursing, SGPGIMS.
- Mr. Mata Deen, Tutor, College of Nursing, SGPGIMS, Lucknow

Inaugural Session:

The program commenced with a warm welcome address by Dr. Radha K., Professor-cum-Principal, College of Nursing, SGPGIMS. In her address, she emphasized the importance of discipline, compassion, and lifelong learning in the nursing profession. She extended heartfelt greetings to the newly inducted students and congratulated the final-year students on

reaching the final milestone of their academic journey.

Dignitaries Present:

The event was graced by eminent dignitaries:

- Padma Shri Prof. R. K. Dhiman, Director, SGPGIMS, Lucknow – *Chief Guest*
- Col. Varun Bajpai (VSM), Executive Registrar, SGPGIMS
- Dr. Radha K., Professor-cum-Principal, College of Nursing, SGPGIMS

Highlights of the Event:

- Opening Remarks were delivered by Dr. Radha K., who outlined the vision, mission, and values upheld by the College of Nursing. She encouraged the new batch to commit to excellence, ethics, and empathy in both academic and clinical settings.
- Col. Varun Bajpai (VSM), in his address, inspired the students with insights into the evolving healthcare landscape and the vital role of nurses in transforming patient care. He stressed the importance of integrity, leadership, and continuous skill development.
- Prof. R. K. Dhiman, Director, SGPGIMS, in his keynote address as Chief Guest, delivered a powerful message to the students. He urged them to remain disciplined, consistent in attendance, and to set ambitious yet realistic goals. “Aim high, stay focused, and be committed to your purpose. The nursing profession demands not just technical knowledge but deep

compassion and unwavering commitment,” he remarked.

Tablet Distribution:

As part of the initiative of U P Govt Tablet Distribution Program under the Swami Vivekananda Youth Empowerment Scheme under coordinator ship of Mr Yadidya Associate Professor & University Nodal Officer SGPGIMS and Mr Kuldeep Yadav, Nursing Tutor & Institute Nodal Officer College of Nursing, SGPGIMS to enhance digital learning and technological access, first time tablets were distributed to the 52 final-year B.Sc. and M.Sc. Nursing students of 2024-25 by the dignitaries on the dais. These devices are intended to support students in clinical documentation, e-learning, and research-based academic work.

Conclusion:

The event marked a significant beginning for the new batch and a meaningful milestone for the final-year students. It reinforced the College of Nursing’s commitment to holistic education, technological integration, and professional growth. The ceremony concluded with a vote of thanks, extending gratitude to all dignitaries, faculty, staff, and students for their active participation and support by Mrs Shabana Khatun, Associate Professor College of Nursing, SGPGIMS Lucknow.

Glimpses:









Fire Mock Drill for B.Sc. Nursing 1st Year (1st Semester) and M.Sc. Nursing 1st Year students.

Place of event: The *Fire Mock Drill* was conducted on 09.09.2025 at the College of Nursing & Nurses Hostel (Girls and Boys Hostel), SGPGIMS, Lucknow.



Name of the Event: *Fire Mock Drill* for B.Sc. Nursing 1st Year (1st Semester) and M.Sc. Nursing 1st Year students.

Number of participants: A total of 74 students along with faculty members participated in the event.

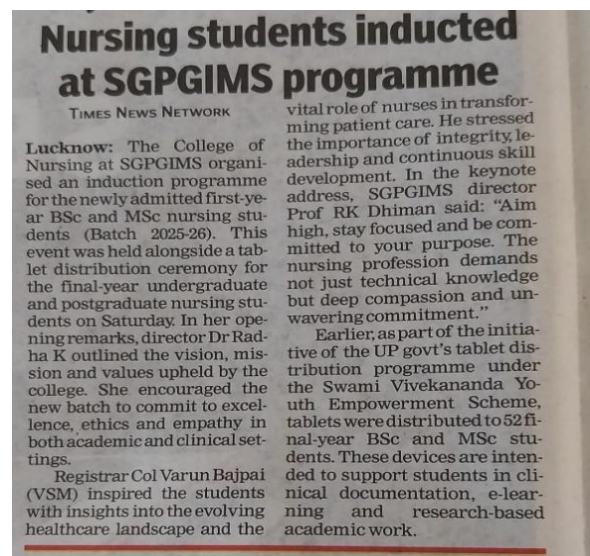
Background:

Fire safety is a critical aspect in healthcare settings where sensitive equipment, oxygen supply, and patient care facilities increase the risk of fire hazards. Nursing students, being future frontline healthcare providers, must be adequately trained in fire safety protocols and emergency preparedness. Keeping this in view, the College of Nursing, SGPGIMS, in collaboration with the SGPGIMS Fire Safety Team, organized a Fire Mock Drill.



Objectives:

- To create awareness among nursing students about fire safety measures.
- To provide hands-on experience in managing emergency fire situations.
- To enhance awareness among nursing students about fire hazards and safety measures.
- To train students in the use of fire extinguishers and other firefighting equipment.
- To demonstrate proper evacuation techniques during a fire emergency.



- To build teamwork, confidence, and quick decision-making in critical situations.
- To strengthen institutional compliance with fire safety protocols.

Brief Report of the Event:

The Fire Mock Drill commenced with an introduction on the importance of fire safety in hospitals and hostels. The **SGPGIMS Fire Safety Team**, under the guidance of **Mr. N. P. Srivastava**, provided live demonstrations on how to operate various types of fire extinguishers. Students were also trained on evacuation methods and handling fire emergencies effectively. Active participation from B.Sc. Nursing and M.Sc. Nursing students was observed, and they practiced using fire extinguishers under supervision. The session concluded with an interactive Q&A session, where doubts regarding fire safety were addressed. The program was highly informative and practical, creating confidence among students to handle such emergencies.

Program Chairperson:

Mr. Yadidya, Associate Professor, College of Nursing, SGPGIMS, Lucknow.

Program Coordinator:

Mr. Mata Deen, Tutor, College of Nursing, SGPGIMS, Lucknow.

Beneficiaries:

The direct beneficiaries were **B.Sc. Nursing 1st Year (1st Semester) and M.Sc. Nursing 1st Year students**. Indirectly, nursing faculty, hostel staff, and the institution as a whole benefitted from the enhanced awareness and preparedness.

Conclusion:

The Fire Mock Drill was a successful initiative that not only educated nursing students about fire safety but also empowered them with hands-on skills in managing fire-related emergencies. It fostered a culture of safety, preparedness, and responsibility among future nurses, thereby contributing significantly to patient and institutional safety.

Glimpses:







ANTI-RAGGING SENSITIZATION AND AWARENESS PROGRAM REPORT

Date: 13th August 2025

Time: 11:00 AM – 12:30 PM

Venue: College of Nursing, SGPGIMS,
Lucknow

Introduction

As a part of Anti-ragging week celebration, the College of Nursing, SGPGIMS, Lucknow, organized an *Anti-Ragging Sensitization and Awareness Program* on **13th August 2025** from **11:00 AM to 12:30 PM** to educate and sensitize students regarding the menace of ragging, its legal implications, and the measures to prevent it within the campus. The program also included the **signing of the Anti-Ragging Pledge** by all participants.

The event was attended by **newly admitted 1st Year M.Sc. Nursing and 1st Year B.Sc. Nursing students (total 68 students)**, faculty members, and staff.

Program Highlights

1. Welcome Speech

The session commenced with a warm welcome by **Mr. Yadidya**, Associate Professor & Member of the Anti-Ragging Committee, who greeted the dignitaries, faculty members, and students, and briefly introduced the objectives of the program.

2. Principal's Address

Dr. Radha K, Principal, College of Nursing, addressed the freshers, emphasizing the **importance of maintaining a safe and respectful learning environment**. She highlighted the significance of anti-ragging measures, strict adherence to institutional policies, and the collective responsibility of all students in upholding dignity and mutual respect on campus.

3. Technical Sessions

Session 1: *Introduction to Anti-Ragging*

Speaker: Mr. Yadidya, Associate Professor & Member, Anti-Ragging Committee

Topics Covered:

- Introduction & Aims of Anti-Ragging measures
- Meaning of Ragging
- Punishable ingredients of ragging
- Forms of ragging (physical, verbal, psychological, cyber)
- Effects of ragging on victims
- Related laws and legal provisions against ragging

Session 2: Anti-Ragging Process and Legal Reporting

Speaker: Mr. Bhopender Yadav, Nursing Tutor & Member, Anti-Ragging Squad
Topics Covered:

- Process of Anti-Ragging registration in the institute
- Reporting procedure in case of incidents
- IPC provisions for registration of FIR related to ragging cases

Session 3: Sexual Harassment Prevention and Redressal

Speaker: Mrs. Abha Verma, Nursing Tutor & Member, Anti-Ragging Squad
Topics Covered:

- Definition and meaning of sexual harassment
- Types of sexual harassment (verbal, non-verbal, physical, cyber)
- Psychological and emotional effects on victims
- Laws for protection against sexual harassment (POSH Act, IPC sections)
- Process of filing a complaint
- Management and support for victims of sexual harassment

4. Signing of Anti-Ragging Pledge

All faculty members and students solemnly took the **Anti-Ragging Pledge** reaffirming their commitment to creating a ragging-free and safe academic environment.

5. Vote of Thanks

The program concluded with a vote of thanks by **Mr. Matadeen**, Tutor, College of Nursing, expressing gratitude to all speakers, faculty, and students for their active participation and

dedication to upholding the anti-ragging ethos of the institution.

Outcome of the Program

- Increased awareness among students about the legal, ethical, and moral aspects of anti-ragging.
- Clear understanding of reporting mechanisms and institutional policies.
- Reinforcement of a respectful, safe, and harassment-free environment in the college.

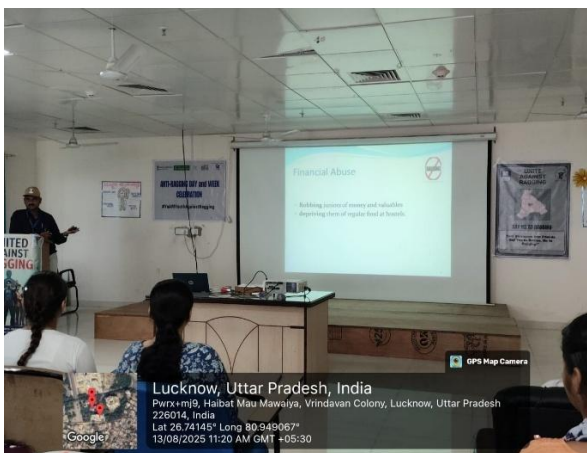
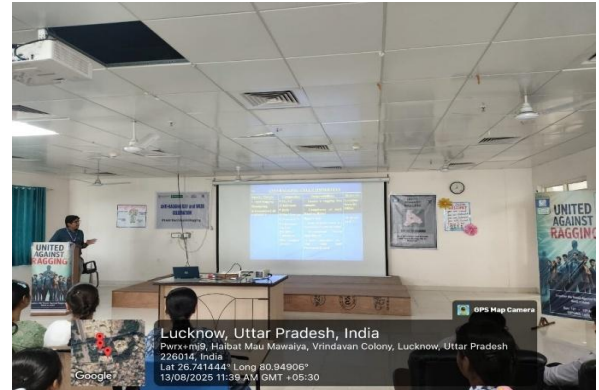
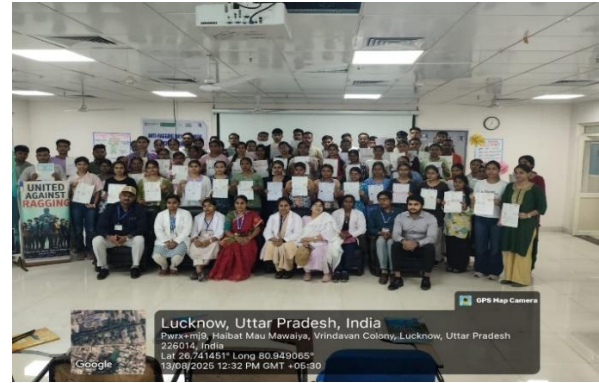
Glimpse of the event anti-ragging sensitization and awareness program

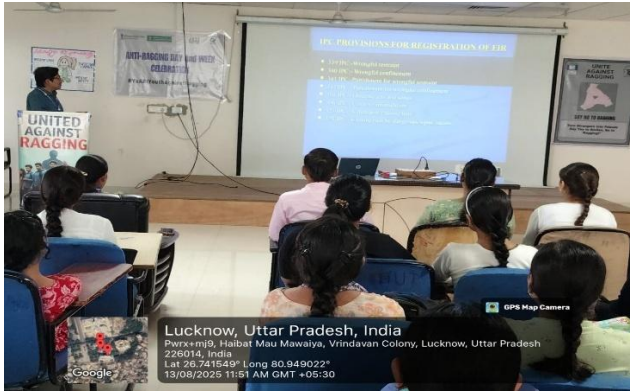


WELCOME ANTI-RAGGING SENSITIZATION & AWARENESS PROGRAMME



**COLLEGE OF NURSING,
SGPGIMS, LUCKNOW**
13th AUGUST, 2025
**VENUE: COLLEGE OF NURSING,
SEMINAR HALL**





Lucknow, Uttar Pradesh, India
 Pwrx+mj8, Haibat Mau Mawaiya, Vrindavan Colony, Lucknow, Uttar Pradesh
 226014, India
 Lat 26.741549° Long 80.948790°
 13/08/2025 11:51 AM GMT +05:30



Lucknow, Uttar Pradesh, India
 Pwrx+mj8, Haibat Mau Mawaiya, Vrindavan Colony, Lucknow, Uttar Pradesh
 226014, India
 Lat 26.742576° Long 80.948781°
 13/08/2025 11:54 AM GMT +05:30



Lucknow, Uttar Pradesh, India
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 226014, India
 Lat 26.741336° Long 80.94906°
 13/08/2025 12:14 PM GMT +05:30



Lucknow, Uttar Pradesh, India
 Pwrx+mj8, Haibat Mau Mawaiya, Vrindavan Colony, Lucknow, Uttar Pradesh
 226014, India
 Lat 26.742008° Long 80.948790°
 13/08/2025 11:54 AM GMT +05:30



Soft Skills Training Series-I on “Application of Soft Skill and Communication”

Date & Place of event: The program was conducted on 11th September 2025 at the B.Sc. Nursing Classroom, College of Nursing, SG PGIMS, Lucknow.

Name of the Event: *Soft Skills Training Series-I on “Application of Soft Skill and Communication”*

Number of participants: A total of 66 students of B.Sc. Nursing, along with faculty members, actively participated in the event.

Background:

In the healthcare profession, effective communication and soft skills are as important as clinical knowledge and technical expertise. Nurses often interact with patients, families, and multidisciplinary healthcare teams. Strong communication skills enhance patient satisfaction, teamwork, and overall healthcare delivery. Recognizing this need, the College of Nursing, SGPGIMS, organized a training

program on communication as part of its *Soft Skills Training Series*.

Objectives:

- To understand the importance of soft skills in professional nursing practice.
- To enhance communication skills among nursing students.
- To develop confidence in expressing thoughts clearly and empathetically.
- To promote teamwork and leadership qualities through effective communication.
- To prepare students for professional interactions in clinical and academic settings.

Brief Report of the Event:

The session began with a welcome address and introduction of the resource person. The guest speaker, **Prof. Sandeep Sahu, Department of Anesthesiology, SGPGIMS**, delivered an insightful lecture on the *Application of Soft Skills and Communication* in healthcare. He emphasized the role of communication in patient care, teamwork, and stress management. Various interactive examples and practical scenarios were shared to highlight the importance of empathy, clarity, and non-verbal communication in nursing. Students participated actively in discussions, and some shared their experiences and challenges in communication. The session proved to be highly beneficial in bridging the gap between theoretical knowledge and practical application of soft skills.

Program Chairperson:

Prof. (Dr.) Radha K., Principal, College of Nursing, SGPGIMS, Lucknow.

Program Coordinator:

Mr. Mata Deen, Tutor, College of Nursing, SGPGIMS, Lucknow.

Mrs. Pushpa Singh, Tutor, College of Nursing, SGPGIMS, Lucknow.

Beneficiaries:

The beneficiaries of this program were primarily **B.Sc. Nursing students**, with indirect benefits to faculty, patients, and the healthcare team through improved communication practices.

Conclusion:

The *Soft Skills Training Series-I on Communication* was a highly successful and impactful program. It provided nursing students with valuable insights into the application of communication skills in their academic, clinical, and personal lives. The program reinforced the need for effective communication as a cornerstone of nursing practice and laid a strong foundation for the holistic development of future nurses.

Glimpses:





Awareness Session on 5th National Pharmacovigilance Week

Date: -19th September 2025

Time: -3:00 PM – 4:00 PM

Venue: -College of Nursing, Sanjay Gandhi
 Postgraduate Institute of Medical Sciences
 (SGPGIMS), Lucknow

Introduction

As part of the 5th National Pharmacovigilance Week, the Department of Hospital Administration at SGPGIMS, through the Adverse Drug Reaction (ADR) Monitoring Cell, organized an awareness program on “Adverse Drug Reactions and Their Reporting” on 19th September 2025.

The program was coordinated by Mr. Ashutosh Kumar Chanchal, Tutor, College of Nursing, SGPGIMS, and held at the seminar hall of the College of Nursing, SGPGIMS, from 3:00 PM to 4:00 PM.

The program was specially designed for B.Sc. Nursing 2nd year (3rd semester) students, with a total strength of 65 students, along with faculty members, who were invited to gain deeper insight into pharmacovigilance and adverse drug reaction reporting.

Welcome Address

The session began with a warm welcome by Prof. Radha K, Principal, College of Nursing, SGPGIMS, who, in her introductory remarks, emphasized the importance of pharmacovigilance in clinical practice. She highlighted the role of nurses as frontline healthcare professionals who directly interact with patients and are in a unique position to identify and report adverse reactions to medications. She encouraged the students to develop a responsible attitude toward ADR reporting and assured them that their active

contributions could make a significant difference in patient safety and the optimization of therapeutic outcomes.

Objectives of the Awareness Session

The core objectives of the program were:

- To create awareness about the need for pharmacovigilance in healthcare practices.
- To educate students and faculty regarding the types and presentations of adverse drug reactions (ADRs).
- To train participants on the process and importance of reporting ADRs in a timely and organized manner.
- To develop a deeper understanding of how pharmacovigilance contributes to ensuring medication safety, preventing harm, and promoting better health outcomes.
- The emphasis was also placed on how continuous reporting and monitoring can assist national health authorities in improving drug safety regulations and in protecting the well-being of patients.

Resource Persons and Their Contributions

The technical session was conducted by esteemed experts and professionals associated with pharmacovigilance:

- Dr. Saurabh: - He gave an overview of pharmacovigilance as a discipline, explaining its historical background, global and national perspectives, and the

framework of the Pharmacovigilance Programme of India (PvPI).

- Mr. Ankit Kumar Singh, Pharmacovigilance Associate: - He provided insights into the mechanisms of ADR monitoring at institutional and national levels, including how ADR forms are filled, processed, and submitted. He highlighted the importance of accuracy in documentation and encouraged students to actively utilize reporting mechanisms.
- Dr. Mehewaiash Bano:- She focused on the clinical aspects of ADRs, explaining various categories such as predictable and unpredictable reactions, mild versus severe reactions, and how to differentiate ADRs from disease-related symptoms. Practical case examples were also discussed.
- Dr. Tasha Tiwari:- She discussed the impact of ADR reporting on patient safety, stressing how timely reporting not only prevents harm but also contributes to the improvement of treatment guidelines, drug regulations, and healthcare practices.

Each expert adopted an interactive teaching approach and encouraged active participation from students by involving them in discussions and question-answer sessions.

Participation and Engagement

The session witnessed active participation from 65 nursing students of the 2nd year, 3rd semester, who showed immense interest in the

subject. Real-life case scenarios were presented to students, followed by group discussions. Students raised queries regarding the identification of ADRs during hospital postings and practical issues they may encounter in reporting. The interactive format helped clarify their doubts and reinforced the importance of vigilance in daily clinical practice.

Faculty members present at the session also acknowledged the initiative, appreciating the efforts of the ADR Monitoring Cell and reiterating the importance of systematically sensitizing all healthcare professionals towards ADR reporting.

Key Outcomes

The awareness program successfully fulfilled its objectives and created an enriched learning experience for participants. The key takeaways from the session were:

- Enhanced understanding of adverse drug reactions, their types, and clinical importance.
- Improved awareness about the national pharmacovigilance framework and ADR monitoring procedures.
- Reinforced recognition of the nurse's pivotal role in pharmacovigilance, being directly involved in patient care.
- Greater appreciation of how timely ADR reporting contributes to enhanced patient safety and evidence-based improvements in drug safety.

- Motivation among students to adopt an active and responsible role in safeguarding patient health during their clinical postings.

Conclusion

The awareness session was a significant step in promoting a culture of safety, vigilance, and accountability in healthcare practice. The program sensitized young nursing students about the critical role of pharmacovigilance in patient safety. It also underscored the importance of collaboration between healthcare professionals for robust ADR reporting mechanisms.

The Department of Hospital Administration and the ADR Monitoring Cell of SGPGIMS expressed their gratitude to the faculty resource persons and the College of Nursing for their support and participation. The event concluded with a vote of thanks, reaffirming the institutional commitment to patient safety and nurturing future healthcare providers with knowledge and skill in pharmacovigilance.

Photographs of the Event



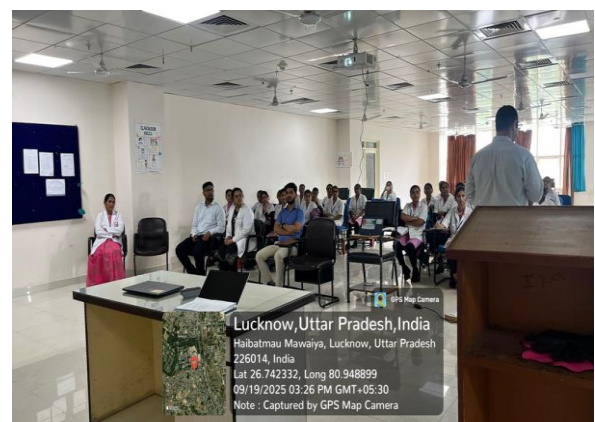
A warm welcome by Prof. Radha.k Principal college of nursing SGPGIMS, LKO



Coordinated by Mr. Ashutosh Kumar Chanchal, tutor, college of nursing SGPGIMS, LKO



Addressed by Dr.Saurab, He introduced us with topic adverse drug reactions and enlighten us deeply.



Faculty members and BSc nursing students attending the awareness session

Young Leaders Dialogue – Viksit Bharat by 2047

Date of the Event- 20.11.2024 – 27.01.2025

Place of Event- College of Nursing, SGPGIMS, Lucknow; Bharat Mandapam, New Delhi

Number of Participants- 9,000 (State Level), 90 (National Level)

Background:

The Young Leaders Dialogue: Viksit Bharat by 2047 was a national competition aimed at engaging Indian youth in the country's developmental vision. The event provided a platform for young innovators to contribute ideas toward India's future, particularly under themes like Digital Healthcare. It encouraged students to propose solutions aligned with the overarching goal of a "Viksit Bharat" (Developed India) by the year 2047. This report outlines the structure of the competition, key activities at each stage, and the overall impact on participants.

Objectives

- To engage young leaders in conceptualizing innovative solutions for India's development, in line with the "Viksit Bharat by 2047" vision.
- To encourage active youth participation in national initiatives and policy dialogues by leveraging their unique ideas.
- To solicit and recognize ideas related to digital healthcare and other development tracks, fostering technological integration in public services.
- To provide participants a forum for leadership development, collaboration, and direct interaction with national leaders.

Event Description (Stages of the Competition)

The competition unfolded in multiple stages, progressively narrowing down participants from the state to the national level:

Stage 1 – National Quiz (MyGov.in): This online quiz attracted approximately 30 lakh (3 million) participants nationwide. It consisted of 10 questions on general knowledge and India's history, with a total time of 300 seconds. Participants who answered all questions correctly qualified for the next stage.

Stage 2 – Essay Competition: About 2 lakh participants submitted essays on one of ten predefined tracks related to Viksit Bharat. For example, in the Digital Healthcare track, themes included transparent hospital resource monitoring, improving healthcare access through technology, and integrating digital tools in rural healthcare. Successful essay submissions advanced to the state-level round.

Stage 3 – State-Level Rounds: Approximately 9,000 state-level finalists participated in Lucknow. Each participant prepared a detailed vision deck and delivered a presentation to senior faculty from the University of Lucknow. An interview panel, including an IAS officer from the Ministry of Youth Affairs, assessed the presentations. This rigorous evaluation led to three top finalists from Uttar Pradesh being selected to represent the state at the national level. The coordination and mentorship by the College of Nursing faculty played a crucial role in preparing participants for this stage.

Stage 4 – National-Level Competition: The final round was held at Bharat Mandapam Convention Centre, New Delhi, with 90

participants (one top finalist per track from each state). The national event commenced on 8 January 2025 with a ceremonial flag-off in Lucknow by Uttar Pradesh Chief Minister Shree Yogi Adityanath. In that ceremony, participants, including the state finalists, were encouraged to represent Uttar Pradesh with pride. The selection of participants was featured in the press, highlighting their roles as representatives of SGPGIMS College of Nursing.

The finalists reached New Delhi on 9 January 2025. That evening, they attended a dinner hosted by Defence Minister Rajnath Singh at the Manekshaw Centre. Each member of the Uttar Pradesh team had an individual interaction with the minister; notably, all participants received mementoes from the minister in recognition of their achievements.

The national program's highlight was a meeting with Prime Minister Shree Narendra Modi at Bharat Mandapam. In this session, the Prime Minister addressed all participants, emphasizing their role in India's development and inspiring them to contribute meaningfully to the nation's progress. Additional plenary sessions featured insights from distinguished figures such as industrialist Anand Mahindra and ISRO Chief Dr S. Somanath, who shared perspectives on innovation and India's future.

Outcomes

- Talent Identification: The event successfully identified and recognized young talent with innovative ideas, particularly in the healthcare domain. Uttar Pradesh's finalists, for example, were acknowledged as top contributors from the state. One finalist's selection was noted in the press, bringing positive attention to the College of Nursing, SGPGIMS.

- Leadership and Skills Development: Participants reported significant personal growth. They gained leadership skills, learned to collaborate under pressure, and improved their public speaking abilities through rigorous presentation and interview rounds. Many participants indicated that the experience broadened their perspective on national development challenges and opportunities. The interaction with high-level leaders served as a source of inspiration, motivating them to think ambitiously and act responsibly in their future endeavours.

- Networking and Mentorship: The platform facilitated valuable interactions between students, academicians, and policymakers. Finalists received mentorship from their college faculty and had direct dialogues with national leaders. This built confidence among participants and strengthened institutional support for youth initiatives.

- Institutional Recognition: Upon completion, the institution recognized the participants' achievements. The SGPGIMS the institute's Director, Prof. R.K. Dhiman, College of Nursing, Dr. Radha K., Principal and formally met the returning students, acknowledging their success and discussing their proposed ideas for institutional development. This reinforced a culture of encouraging student-led innovation at the college.

Feedback

Feedback from participants and stakeholders was overwhelmingly positive. Students appreciated the opportunity to engage with a national development agenda and valued the guidance received from their mentors. The support of college tutors and faculty was frequently credited for enabling the participants to excel in the competition. Many finalists

described the experience as “life-changing” and expressed gratitude to the organizers for providing a challenging yet rewarding platform. Educators noted that the event heightened students’ confidence and broadened their academic and professional horizons.

Conclusion

The Young Leaders Dialogue: Viksit Bharat by 2047 successfully realized its goal of involving youth in India’s development vision. By conducting a multi-stage, merit-based competition, it motivated participants to think

critically about national challenges and encouraged them to propose innovative solutions. The event not only recognized individual achievements but also fostered a collaborative spirit among young leaders across states. The College of Nursing, SGPGIMS, successfully supported our students through this journey, highlighting the institution’s commitment to nurturing leadership and innovation. Moving forward, the experiences and ideas generated during the dialogue are expected to contribute to ongoing youth development initiatives and policy discussions.

Event glimpse:

VIKSIT BHARAT
Young Leaders Dialogue
NATIONAL YOUTH FESTIVAL 2025

THE VIKSIT BHARAT CHALLENGE
An opportunity like never before

Our Yuva Shakti will interact with PM Modi and share their innovative ideas. The nation will act on them!
Together, let us make a Viksit Bharat powered by our Yuva Shakti

Registration starts on **25th November 2024**

To Register log in to www.mybharat.gov.in or Scan the QR code

Last date to register and take the quiz: **9th December**

You could be a part of this HISTORIC DIALOGUE!

युवा महोत्सव में भाग लेंगे प्रदेश के 30 प्रतिभागी

एसजीपीजीआई में बीएससी नर्सिंग प्रथम सेमेस्टर के छात्र रुद्रांश का भी चयन

मुख्यमंत्री योगी आदित्यनाथ ने हरी झंडी दिखाकर दल को किया खाना, नई दिल्ली में 10 से 12 जनवरी के बीच होगा आयोजन

संवाद न्यूज एजेंसी

लखनऊ। नई दिल्ली के भारत मंडप में 10 से 12 जनवरी तक 28वां युवा महोत्सव हो रहा है। इस राष्ट्रीय स्तर की प्रतियोगिता में भाग लेने वालों में एसजीपीजीआई के बीएससी नर्सिंग प्रथम सेमेस्टर के छात्र रुद्रांश मिश्रा को भी चुना गया है। महोत्सव में भाग लेने के लिए प्रदेश के 30 युवाओं के दल को बुधवार को सीएम योगी आदित्यनाथ ने हरी झंडी दिखाकर खाना किया।

पीजीआई के निदेशक पद्मश्री प्रो. आरके धोमन ने बताया कि राष्ट्रीय स्तर की प्रतियोगिता में भाग लेने वालों में बीएससी नर्सिंग के प्रथम सेमेस्टर के छात्र रुद्रांश मिश्रा ने जीत हासिल की है। रुद्रांश प्रतियोगिता के चौथे दौर में भाग लेने के बाद राज्यव्यापी टंक फॉर विकसित भारत थीम पर शीर्ष तीन



युवा उत्सव के प्रतिभागी दल को हरी झंडी दिखाकर खाना करते सीएम योगी आदित्यनाथ।

प्रतियोगियों में से एक रहे हैं।

उन्हें राष्ट्रीय स्तर पर राज्य का प्रतिनिधित्व करने के लिए पूरे उत्तर प्रदेश के 30 प्रतिभागियों में से चुना गया है। इस

प्रतियोगिता में अंतिम टोनों को प्रधानमंत्री नरेंद्र मोदी के साथ बातचीत करने और उनके सामने अपने विचार प्रस्तुत करने का मौका मिलेगा।

- In the State Rounds, 9000 candidates nationwide, with around 250 per state, presented on various themes of the Viksit Bharat Young Leaders Dialogue.
- Along with 20 esteemed domain experts and academicians, had meticulously evaluated their presentations.
- From these, every state identified its top three participants, forming teams that came together for the national event in Delhi.
- Ten youth-driven presentations that are reflected in the presentations Infront of PM-Modiji.



← Event Overview

Welcome!
Rudransh



Viksit Bharat Young Leaders Dialogue 2025

From 10th to 12th January 2025 at Bharat Mandapam, New Delhi, this transformative event empowers India's youth to lead the nation's development. With a transparent, merit-based selection process, it brings together bright minds to present their vision for a Viksit Bharat directly to the Hon'ble Prime Minister. The dialogue fosters innovation, collaboration, and actionable solutions for India's progress.

Event Highlights

- Present your vision for a Viksit Bharat to the Hon'ble Prime Minister.
- Exclusive sessions with global and national icons.
- Experience meditation with Daaji for inner harmony.
- Network with top young leaders from across the country.
- Witness vibrant cultural performances by state contingents.
- Exclusive lunch and dinner with Union Ministers and the Prime Minister.
- Explore the National War Memorial and PM Sangrahalaya.

You reposted

Rajnath Singh
@rajnathsingh

Had a wonderful interaction with the participants of Vikshit Bharat Young Leaders Dialogue during a dinner meet in New Delhi.



8:57 · 10 Jan 25 · 17.9K Views

246 Reposts 3 Quotes 1,655 Likes 2 Bookmarks





NUTRIFEST 2025

Date & Time: 31st May 2025, 11:00 AM – 2:00 PM

Venue: College of Nursing, Command Hospital (Central Command), Lucknow

Number of Participating Teams: 12

Background

The College of Nursing, CH(CC), Lucknow, organized Nutrifest 2025 with the central theme: *“Stay Healthy, Go Regional, Go Seasonal.”* This initiative aimed to raise awareness about the significance of healthy eating habits by emphasizing the use of regional and seasonal food items. The event underscored the role of nutrition in daily life and encouraged sustainable food practices among future healthcare professionals.

Purpose

To sensitize nursing students and participants about the importance of choosing healthy, seasonal, and regionally sourced food options

Aim

To promote innovative cooking techniques using locally available and nutritious ingredients.

Objectives

- To provide a platform for students to showcase creative and health-conscious culinary skills.
- To highlight the health benefits of seasonal and regional foods.
- To foster teamwork and enhance presentation skills among participants.
- To create awareness about sustainable and mindful food consumption.

Event Summary

Nutrifest 2025 was successfully conducted on 31st May 2025 at the College of Nursing, CH(CC), Lucknow. The event witnessed enthusiastic participation from 12 teams, including two teams from the College of Nursing, SGPGIMS. These teams demonstrated exceptional culinary innovation and nutritional knowledge.

One of the SGPGIMS teams, comprising **Sameer Patel and Saloni**, earned accolades by securing the Third Prize in the competition. Their dishes—“Ragi Kanji” and “Sattu Kaddu ke Kebab”—were praised for their creative fusion of traditional flavours with health-conscious ingredients. Their work reflected a deep understanding of the event’s theme and a commitment to promoting sustainable food choices.

The team acknowledged the guidance and support of our Principal, Dr Radha K., whose encouragement played a pivotal role in their preparation and performance. As first-year, second-semester students, their achievements highlighted the potential of young minds to

contribute meaningfully to health promotion through innovative culinary practices.

Conclusion

Nutrifest 2025 was a resounding success, fulfilling its objectives of promoting healthy, regional, and seasonal food habits. It served as an inspiring platform for nursing students to engage in creative expression, teamwork, and nutritional advocacy. The event reinforced the importance of sustainable eating and empowered participants to become ambassadors of health in their communities.

Event glimpse:



COLLEGE OF NURSING CH(CC) LUCKNOW
NUTRIFEST 2025
 "Stay Healthy - Go Regional, Go Seasonal"
 You are invited to register in the "Nutriticious Competition" on the theme
 Registration link : <https://docs.google.com/forms/d/e/1FAIpQLSeLJ3eYINB2FO5-dNitzDkN8vHjokzTerG4kTkBrM31FYAQJQ/viewform?usp=header>

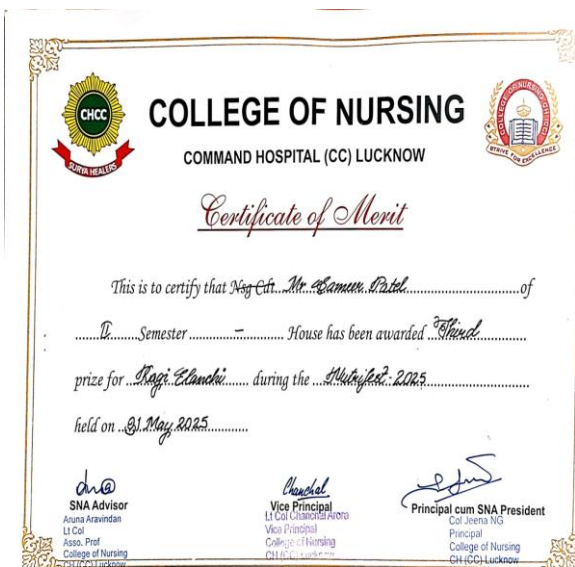
Attractive prizes for winners

Stay healthy
 Go regional
 Go seasonal

Last date of registration: 30-05-25

Rules for the Competition

- Maximum of 2 teams per institution.
- Maximum of 2 participants per team.
- Only 1 dish per team.
- Participants to bring a prepared dish.
- Serving and tasting dishes/supplies are individual responsibility.
- A V aids if needed to be prepared by participants.



Inter Nursing College Short BMW Film Competition

Date & Time: 30th August 2025 – 5th September 2025

Mode: Online

Organized By: TISHHA Consultants LLP (Under CSR Initiative “TISHHA CARES”)

Participating Institution:

College of Nursing, SGPGIMS, Lucknow
Number of Participants: 12 Groups (72 Students)

Background

Biomedical Waste (BMW) Management is a critical component of healthcare delivery, directly impacting patient safety, environmental sustainability, and compliance with statutory norms such as the BMW Rules 2016. Nursing professionals, as frontline caregivers, play a pivotal role in ensuring the proper segregation, handling, and disposal of biomedical waste. To foster awareness and encourage creative learning, TISHHA Consultants LLP initiated an Inter-Nursing College Short Film Competition under their CSR banner “TISHHA CARES.”

Objective

To engage nursing students in a creative exercise that reinforces the principles and practices of biomedical waste management, with a focus on:

- Segregation and colour coding
- Role of nurses in waste management
- Health and environmental impact

- Realistic clinical practices
- Government regulations (BMW Rules 2016)

Event Format & Guidelines

- Language: English, Hindi, or bilingual
- Team Composition: Maximum 6 members per group
- Film Duration: Up to 20 minutes (including titles and credits)
- Technical Format: MP4, 720p HD
- Judging Criteria: Creativity, relevance, practical accuracy, and clarity of message
- Disqualification Grounds: Plagiarism, irrelevant content, or exceeding time limits

Awards

| Prize | Amount | Recognition |
|-------|---------|-------------|
| 1st | ₹ 5,100 | Certificate |
| 2nd | ₹ 3,100 | Certificate |
| 3rd | ₹ 1,100 | Certificate |

Event Highlights

- Students recreated realistic hospital environments including wards, operation theatres, and disposal zones.
- Emphasis was placed on infection control, colour-coded segregation, and safe disposal techniques.
- Films effectively portrayed the nurse’s role in mitigating biomedical hazards.

- Use of simple props, costumes, and engaging audio-visual elements enhanced clarity and viewer engagement.
- The competition successfully blended education with creativity, promoting responsible waste management practices among future healthcare professionals.

Conclusion

The Inter Nursing College Short BMW Film Competition served as an innovative platform to reinforce biomedical waste management principles among nursing students. Through active participation and creative expression, students demonstrated their understanding of clinical protocols and regulatory frameworks,



contributing meaningfully to the broader goal of safe and sustainable healthcare.

WINNERS:

Sandhya Singh, Solomon Raj, Gurave Singh, Harikesh Yadav, Kashish Sahu, Tanu Dinkar



Poster Making Competition on International Nurses Day

Day, Time & Date of the Event- 12 May 2025

Place of Event- Command Hospital, Lucknow

Number of Participants- 5

Background

The poster making competition was organized with the objective of raising awareness among nursing students about the pivotal role nurses play in strengthening the economy. By encouraging creative expression, the event aimed to highlight how nursing professionals contribute to national development through healthcare delivery, workforce participation, and community engagement.

Event

On the occasion of International Nurses Day, the College of Nursing, Central Command Hospital, hosted a poster making competition that drew participation from over 50 students representing various nursing colleges. The event served as a platform for students to showcase their understanding of the economic impact of nursing through visual art.

Participation and Achievements

Five students from the College of Nursing, SGPGIMS, actively participated in the competition. Their outstanding contributions were recognized with top honors:

🥇 **Mr. Gurave Singh (2nd Year) – First Prize**

🥈 **Mr. Yash (2nd Year) – Second Prize**

🥉 **Ms. Nisha (2nd Year) – Third Prize**

The College of Nursing, SGPGIMS, proudly secured all three top positions, reflecting the students' creativity, insight, and commitment to the theme.

Conclusion

The competition not only celebrated the artistic talents of nursing students but also reinforced the importance of nurses in economic resilience and growth. The achievements of CON–SGPGIMS students stand as a testament to their dedication and the institution's emphasis on holistic education.

Event glimpse:



**INDEPENDENCE DAY CELEBRATION 2025
(Har Ghar Tiranga)**

The College of Nursing, SGPGIMS, enthusiastically celebrated Independence Day 2025 on 14th–15th August at the College of Nursing and SGPGIMS Campus under the reference PGI/DIR/DC/997/2025, as part of the *Har Ghar Tiranga Abhiyan – Azadi Ka Amrit Mahotsav*, with the aim of fostering patriotism, unity, and active student engagement in national pride activities.

Events on 14th August 2025

1. Rangoli Making Competition (9:00 AM – 12:30 PM)

The event witnessed active participation from 66 students representing the B.Sc. Nursing and M.Sc. Nursing courses. The theme for the Rangoli competition was 'Har Ghar Tiranga'. Students showcased their creativity and artistic skills through vibrant and thematic designs symbolizing the spirit of freedom. The colorful display at the college premises created a festive and patriotic atmosphere.

2. Rally (11:00 AM – 12:00 PM)

A total of 150 students participated in the Independence Day Rally, holding the national flag and placards with patriotic slogans. The rally route covered key areas within the SGPGIMS campus, spreading the message of unity, pride, and the importance of national integration. All students participated in proper uniform, maintaining discipline and enthusiasm throughout.

3. Selfie at Selfie Point (Immediately after Rally)

After the rally, students and faculty took photographs at the designated Selfie Point, specially decorated with the national tricolor theme. As part of the Har Ghar Tiranga initiative, all selfies were uploaded to the official website www.harghartiranga.com.



Events on 15th August 2025

On the morning of Independence Day, all students and faculty members attended the main celebration at SGPGIMS, Lucknow. The event included the hoisting of the national flag, patriotic speeches, cultural performances, and the distribution of sweets. The program served as a vibrant tribute to the nation's spirit of freedom, unity, and resilience.



The celebration encouraged student participation in national events, fostered creativity, teamwork, and patriotic spirit,

strengthened unity among students from various nursing programs, and successfully contributed to the *Azadi Ka Amrit Mahotsav* national campaign.

World AIDS Day celebration (2025)

UNAIDS observes World AIDS Day on December 1 and the theme for this year is; *“Take the Rights Path: My Health, My Right!”*. WHO is calling on global leaders and citizens to champion the right to health by addressing the inequalities that hinder progress in ending AIDS.

COLLEGE OF NURSING SGPGIMS, LUCKNOW organized a talk on the theme *“Take the Rights Path: My Health, My Right!”* under the supervision of the **Mrs. Shabana Khatun, Associate Professor & Mr. Kamran, Tutor, CoN, SGPGIMS** programme with MSc. nursing 1st year students.

Programme was conducted on 30th November at 9 am and the program was attended by 46 students of BSc. Nursing 3rd semester. The program began with a welcome address by Shiva Dwivedi, M.Sc. Nursing 1st year students followed by **Mr. Yadidya, Associate Professor**, addressed the gathering by highlighting the significance of the day and the 2024 theme and talked about the misconception related to AIDS.

Miss. Vismaya Raj, MSc. Nursing 1st Year Student, delivered a speech on the theme, spoke about unique cases of AIDS and on the latest advancements in HIV treatment and prevention. The facilities are provided by the government. Anjali Anand, MSc Nursing 1st Year Student talked about prevention of HIV during pregnancy from mother to fetus.

Mr. Kamran, Nursing Tutor shared his experience about a person who was HIV positive with audience, talked about stigma

related to AIDS and the what are the changes happened during these last years.

At the end question & answer session was conducted by Miss. Vismaya. The programme was concluded with vote of thanks by Ma. Ashutosh, MSc Nursing 1st Year Student at 10 am.

Glimpse: (AIDS DAY)



Yoga Marathon

'Swastha Samaj Ki Oor Badhte Kadam' Participation-2025

Date-17.06.2025

Time-6 am-7,30am

Venue-Marathon Run from CMT Building to Jheel in SGPGIMS (3 KM)

Participants- CMT and College of Nursing Students (55)

Coordinated for the College of Nursing- Mr. Asutosh Kumar Chanchal

A Yoga Marathon titled 'Swastha Samaj Ki Oor Badhte Kadam' was organized by the CMT, SGPGIMS, Lucknow on 17th June 2025 at 6:00 AM. The event was inaugurated by Dr. Shaleen Kumar (Dean, SGPGIMS). The College of Nursing actively participated in the event with great enthusiasm and spirit. Students from the College of Nursing, along with faculty members, joined hands with the CMT team to make the event successful.

The College of Nursing proudly secured a prize in the Girls category: -

1st Prize-Ms. Avantika Singh,

2nd Prize- Ms.Shyama Gupta and

3rd Prize-Ms. Priti Rai.

The College of Nursing proudly secured a prize in the Girls category, showcasing the dedication and athletic capability of its students. The event was smoothly coordinated by Mr. Ashutosh Kumar Chanchal (Tutor), who encouraged and guided the students throughout the marathon. This achievement reflects the importance given to fitness, health, and teamwork by the College of Nursing at SGPGIMS, Lucknow.

From CMT faculty -Dr. Krisnakant was coordinating the event with CMT students, and CMT students also actively participated. The

program ended with prize distribution to the winner and refreshments.



International Yoga Day Celebration-2025

Time-6.15am- 8.30 am

Venue: - Lecture Theatre Complex, SGPGIMS

On the occasion of International Yoga Day on 21st June 2025 SGPGIMS, Lucknow organized a yoga session at the Lecture Theatre Complex, SGPGIMS, Lucknow - 226014. The event was conducted from 6:15 AM to 8:30 AM, targeting employees of Employees and students of SGPGIMS. The program aimed to promote physical, mental, and spiritual well-being among the students and faculty. The session commenced with a welcome address by **Dr. Shaleen Kumar (Director- Officiating)**, followed by an interactive yoga practice session where various asanas, pranayama techniques, and relaxation methods were demonstrated. On this occasion Lt. Col. Varun Vajpayee (ER, SGPGIMS) and Dr. R. Harshvardhan (MS, SGPGIMS) and Dr, Jadeep D. (Jt. Director) were also present.

There was 3 faculty Mr. Ashutosh Kumar Chanchal (Tutor), Mrs. Bhumika Singh (Teaching Staff), and Mrs. Jebaceline Priyanga (Teaching Staff) coordinated this event to highlight its benefits in stress management and enhancing concentration among B.Sc. Nursing II Semester (24 Students) & IV Semester (32 students) of the College of Nursing, SGPGIMS.

The session closed with closing remarks from Dr. Devendra Gupta (CMS, SGPGIMS). Students and faculty participated with great enthusiasm, showing keen interest in adopting yoga practices for a healthier lifestyle. The program was successful in imparting knowledge about the significance of yoga in maintaining holistic health. Overall, the event enriched the understanding of yoga among the attendees and motivated them to integrate it into their routine for long-term benefits.



Sewa Pakhwada -2025 (Mehendi, Painting)

Day, Time & Date of the Event- 1st & 2nd October, 2025

Place of Event- Raj Bhavan, Luckow

Number of Participants:

- Painting: 2 students from B. Sc Nursing, 3rd semester (2nd year)
- Mehendi: 2 students from B. Sc Nursing, 1st semester (1st year)

Background:

As per the directive received from the Additional Chief Secretary to the Governor of Uttar Pradesh (Ref. No. G-5315/GS/2024 dated 18th September), a series of programmes were organized under Sewa Pakhwada - 2025. In response, two students each from the College of Nursing were selected to represent the institute in the Mehendi and Painting competitions.

Event Summary:

On 1st October 2025, four students were taken to Raj Bhavan to participate in the respective competitions. The theme for the painting contest was “Environment,” while the Mehendi competition was also held simultaneously. Each event was allotted one hour. At the conclusion of the competitions, results were declared, and **Ms. Archi Srivastav, a 1st-year B. Sc Nursing**

student, secured 2nd place in the Mehendi competition.

The prize distribution ceremony was held on 2nd October 2025 at Raj Bhavan, where winners were honoured with certificates.

Event glimpse:



Sewa Pakhwada -2025 (Mehendi, Painting & Quiz competition)

Day, Time & Date of the Event- 23rd, September, 2025

Place of Event- Seminar Hall, College of Nursing, SGPGIMS

Number of Participants- B. Sc Nursing and CMT students of SGPGIMS

1. Painting – 4 students
2. Mehendi – 17 students
3. Quiz – 14 groups (3 students in each group)

Background:

In response to the directive issued by the Additional Chief Secretary to the Governor of Uttar Pradesh (Ref. No. G-5315/GS/2024 dated 18th September), a series of activities were organized under the banner of Sewa Pakhwada - 2025.

Brief Report of the event:

As part of the initiative, Painting, Mehendi, and Quiz competitions were held for students of Nursing and CMT disciplines at the College of Nursing's Seminar Hall on 23rd September 2025. A total of 63 students participated in the preliminary rounds conducted at the institutional level. Following the selection process, 3 students from CMT were chosen for the Quiz competition, while 2 students each from the College of Nursing were shortlisted for the Mehendi and Painting competitions.

Event glimpse:



STUDENTS NURSE'S ASSOCIATION OF INDIA

30th State SNAI Biennial Conference

Theme– Empowering Nursing Students: Prospects and Challenges

Date: August 7, 2023

Time: 8am to 12:30 am

Location: Samarpan Institute of Nursing and Paramedical Science, Lucknow.

The SNAI Biennial Conference held on August 7, 2023, at the Samarpan Institute of Nursing and Paramedical Science, was a remarkable blend of sports, culture, and insightful discussions, all centered around the theme “Empowering Nursing Students: Prospects and Challenges.” The event spanned from **8:00 AM to 12:30 am**, encompassing a diverse range of activities that engaged participants and attendees alike.

OBJECTIVES

- It improves the physical and mental health
- Understand the importance of sport
- Get opportunity to be innovative and creative in sports.
- It enhances problem solving skills and competitive
- It also brings resilience and mental toughness
- It also helps in team work
- It brings individual to cope with failures.

AT SAMARPAN INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES



SPORTS EVENTS:

The **sports segment** of the event showcased the athletic prowess of the participants. Thrilling

relay races, lightning-fast 100m sprints, precision javelin throws, and intense discus throws had the audience cheering with excitement. Badminton matches added a touch of competitiveness to the day, promoting sportsmanship and teamwork.

100 METRE RACE:



400 METERS RELAY



BADMINTON:



The **cultural events** were equally captivating, with a variety of creative activities. The poster presentation segment provided a platform for students to showcase their artistic talents, while on-the-spot painting brought out spontaneity

and creativity. Rangoli making, a traditional art form, adorned the event with intricate and colorful designs.

RANGOLI COMPETITION:



PERSONALITY CONTEST:



ON THE SPOT PAINTING



The intellectual spirit flourished through an essay competition, a quiz contest that tested participants' knowledge, and a challenging extempore speech round. Monoacting brought storytelling skills to the forefront, captivating the audience with diverse performances.

- Extempore Speech
- Mono Acting
- Quiz Competition
- Essay Competition



WINNERS FROM SGPGIMS (CON) IN SNAI EVENT AT SAMARPAN:

- SHARAD YADAV (1ST YEAR) – BADMINTON (1ST Position)
- AAKASH BHARTI (3RD YEAR) – JAVELIN THROW (1ST Position)
- MD.SHUJA (1ST YEAR) – MR. SNA
- KAFEEL AHMAD (2nd Year) -100 Metres 2nd Position

RELAY RACE -2nd Position

PARTICIPANTS

- PRATHAM (1st Year)
- DAWOOD (1st Year)
- AJAY (1st Year)
- KAFEEL (2nd Year)

GROUP DANCE – 2nd POSITION

PARTICIPANTS

- AKSHITA (2nd YEAR)
- AMRITA (2nd YEAR)
- SHRUTI (2nd YEAR)
- SHWETA (2nd YEAR)
- SAKSHI KUSHWAHA (2nd YEAR)
- AKSHAY KATOCH (2nd YEAR)
- ASHUTOSH AWASTHI (2nd YEAR)
- VARTIKA (1st YEAR)

The first position holders will represent the college of nursing (SGPGIMS) at national level conference.



STUDENTS NURSE'S ASSOCIATION OF INDIA

Report on SNAI Competitions

Theme– Learning today, Leading tomorrow:
The journey of a Nursing Students

Date: 13th May to 14th May, 2025

Time: 8am to 4pm

Location: Seminar Hall, College of Nursing SGPGIMS

The SNAI competitions at college level held from 13th May to 14th May, 2025, at the Seminar Hall CON SGPGIMS, was a remarkable blend of, culture, and insightful discussions, all centered around the theme **Learning today, Leading tomorrow: The journey of a Nursing**

Students. The event spanned from **8:00 AM to 4pm**, encompassing a diverse range of activities that engaged participants and attendees alike.

OBJECTIVES

- It improves the physical and mental health
- Understand the importance of sport
- Get opportunity to be innovative and creative in sports.
- It enhances problem solving skills and competitive
- It also brings resilience and mental toughness
- It also helps in team work
- It brings individual to cope with failures.

The two-day event was marked by immense enthusiasm from students, who participated in large numbers across a wide array of competitions. The events were systematically organized to cover intellectual, artistic, and physical domains.

Day 1: May 13, 2025 - Intellectual and Artistic Contests

The first day was dedicated to competitions that tested the students' knowledge, critical thinking, and artistic creativity.

Quiz Competition: The event commenced with a highly engaging Quiz Competition. Teams comprising students from different academic



years battled through 4 rounds on nursing subjects, medical sciences, current affairs, and general knowledge. The final buzzer round was a nail-biting finish, showcasing the impressive academic prowess of the participants.

Essay Competition: Held simultaneously, this event saw students articulate their thoughts on pertinent topic **Our Nurses Our future : Caring for Nurses Strengthening Economies.** The essays were judged on content, originality, and clarity of expression.

Extempore Speech: This competition tested the students' public speaking skills and their ability to think on their feet. Participants were given topics (operation Sindoor A war or Peace) on the spot and delivered insightful speeches, demonstrating confidence and eloquence.

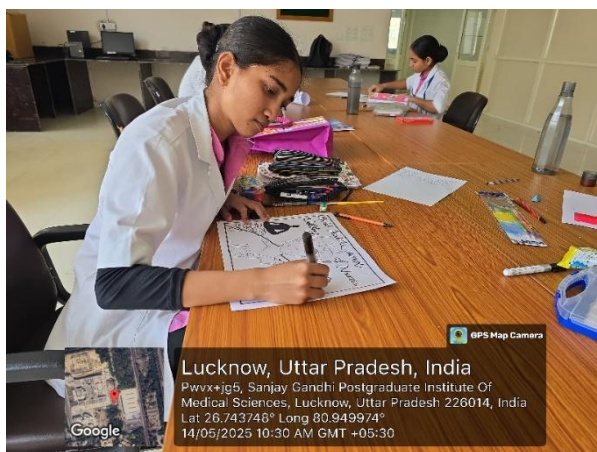
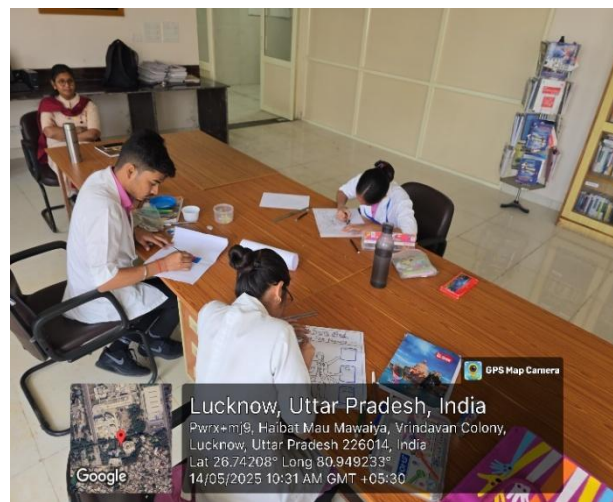
Day 2: 14th May 2025

Group Dance Competition: The stage came alive with electrifying group dance performances. Teams showcased a variety of dance forms, from classical and folk to contemporary, celebrating India's cultural diversity. The coordination, costumes, and energy were commendable.



On-the-Spot Painting & Pencil Sketching:
The artistic flair of the students was on full

display as they brought their imaginations to life on canvas and paper. The theme of painting was “Mental Health in Nursing”.



Poster Presentation: Participants designed informative and visually appealing posters on theme."Hand hygiene "It might be gloves. It's always hand hygiene”





Personality Contest: This was the flagship event of the day. Contestants went through multiple rounds, including introduction, a talent showcase, and a challenging question-and-answer session with the judges. The contest evaluated their confidence, intelligence, stage presence, and overall personality.



31st State SNAI Biennial Conference

Theme– “Learning Today, Leading Tomorrow:
The Journey of Nursing”

Date: 25th Sep 2025 & 27th Sep 2025

Time: 8am to 6pm

Location: SCPM college of Nursing & Paramedical Sciences, Gonda

The 31st SNAI Biennial Conference held on 26th Sep. and 27th Sep. 2025 at the **SCPM college of Nursing & Paramedical Sciences, Gonda** was a remarkable blend of sports, culture, and insightful discussions, all centered around the theme **“Learning Today, Leading Tomorrow: The Journey of Nursing”**. The event spanned from **8:00 AM to 10pm** for 2 days encompassing a diverse range of activities that engaged participants and attendees alike.

OBJECTIVES

- It improves the physical and mental health
- Understand the importance of sport
- Get opportunity to be innovative and creative in sports.
- It enhances problem solving skills and competitive
- It also brings resilience and mental toughness
- It also helps in team work
- It brings individual to cope with failures.



A team of 55 students and 2 faculty members boarded towards SCPM College of Nursing, Gonda from Nurses hostel on 25th Sep '2025 at 2:30 pm in the presence of Dr. Radha K Principal CON , SGPGIMS. The transport facility was provided by the Institute for easy and safe travel for students.

Boarding to SCPM College of Nursing

A team of 55 students and 2 faculty members boarded towards SCPM College of Nursing, Gonda from Nurses hostel on 25th Sep '2025 at 2:30 pm in the presence of Dr. Radha K Principal CON , SGPGIMS. The transport facility was provided by the Institute for easy and safe travel for students.

SPORTS EVENTS:

The **sports segment** of the event showcased the athletic prowess of the participants. Thrilling relay races, lightning-fast 100m sprints, precision javelin throws, and intense discus throws had the audience cheering with excitement. Throwball & volleyball matches added a touch of competitiveness to the day, promoting sportsmanship and teamwork.

100 METRE RACE



Throw ball and Volleyball:



Long Jump:



The **cultural events** were equally captivating, with a variety of creative activities. The poster presentation segment provided a platform for students to showcase their artistic talents, while on-the-spot painting brought out spontaneity and creativity. Rangoli making, a traditional art form, adorned the event with intricate and colorful designs.

DANCE COMPETITION:



PERSONALITY CONTEST



The intellectual spirit flourished through an essay competition, a quiz contest that tested participants' knowledge, and a challenging extempore speech round. Monoacting brought storytelling skills to the forefront, captivating the audience with diverse performances.

- Extempore Speech
- Mono Acting
- Quiz Competition
- Essay Competition



Soft Skill Development Program (Series-II)

Date: 06th October 2025

Time: 03:00 pm – 04:00 pm

Venue: B.Sc. Nursing First Year Classroom,
College of Nursing, 2nd Floor, ADC Block,
SGPGIMS, Lucknow

The **College of Nursing, SGPGIMS, Lucknow**, organized a **Soft Skill Development Program** on *06th October 2025* for **B.Sc. Nursing Semester-I students**. The session aimed to enhance essential professional attributes such as communication, interpersonal skills, teamwork, leadership, and stress management among nursing students.

The session was conducted by **Mr. Sanjay Mittal**, *Senior Nursing Officer, Department of Paediatric Gastro-medicine, SGPGIMS, Lucknow*, who was invited as the **Guest Speaker** for the event.

Mr. Mittal delivered an engaging and insightful session on the topic **“Applying Soft Skills to**

Workplace and Society – Stress and its Management.” He emphasized the importance of soft skills in professional growth and effective patient care. He discussed practical approaches to manage workplace stress and maintain a healthy work-life balance. The interactive session included real-life examples, active discussions, and relaxation techniques, which were highly appreciated by the students.

The program was well-received, and students actively participated throughout the session. The session concluded with a **vote of thanks** proposed by Mrs. Pushpa Singh, Tutor, College of Nursing, expressing gratitude to Mr. Sanjay Mittal for sharing his valuable knowledge and experiences.

Overall, the session proved to be highly beneficial in developing communication, emotional intelligence, and stress management skills among the budding nursing professionals.

Program Coordinators:

- *Mr. Mata Deen*, Tutor, College of Nursing, SGPGIMS, Lucknow
- *Mrs. Pushpa Singh*, Tutor, College of Nursing, SGPGIMS, Lucknow

Glimpse:





Soft Skill Development Program (Series-III)

Date: 06th October 2025

Time: 03:00 pm – 04:00 pm

Venue: B.Sc. Nursing First Year Classroom,
College of Nursing, 2nd Floor, ADC Block,
SGPGIMS, Lucknow

The College of Nursing, SGPGIMS, Lucknow, organized a Soft Skill Development Program on 06th October 2025 for B.Sc. Nursing Semester-I students. The session was aimed at fostering communication, leadership, teamwork, and interpersonal skills among

nursing students to prepare them for professional challenges in healthcare settings.

The session was conducted by **Ms. Rachana Mishra**, Assistant Nursing Superintendent, Neurosurgery (ICU) Department, SGPGIMS, Lucknow, who was invited as the **Guest Speaker** for the program.

Ms. Mishra delivered an informative and inspiring session on the topic **“Applying Soft Skills to Workplace and Society.”** She emphasized the importance of effective communication, empathy, teamwork, and positive attitude in nursing practice. She shared her real-life experiences from clinical settings, highlighting how soft skills enhance patient care and improve coordination within healthcare teams.

The session was highly interactive and engaging, with students actively participating in discussions and sharing their views. Ms. Mishra also encouraged students to develop self-awareness, confidence, and adaptability—essential traits for successful nursing professionals.

The program concluded with a **vote of thanks** delivered by Mrs. Pushpa Singh, Tutor, College of Nursing, expressing heartfelt gratitude to Ms. Rachana Mishra for her valuable contribution and motivating session.

Overall, the event was a great success and contributed significantly to enhancing the professional and personal development of nursing students.

Program Coordinators:

- *Mr. Mata Deen*, Tutor, College of Nursing, SGPGIMS, Lucknow
- *Mrs. Pushpa Singh*, Tutor, College of Nursing, SGPGIMS, Lucknow

Glimpse:



BREAST CANCER AWARENESS PROGRAMME

Organized by: College of Nursing, and Department of Endocrine and Breast Surgery SGPGIMS, Lucknow

Dates: 27th & 28th October 2025

Venue: College of Nursing, SGPGIMS, Lucknow

Program Co-ordinator: Dr Anju Verma, Associate Professor, college of Nursing, SGPGIMS, Lucknow

Introduction:

Breast cancer remains one of the most common malignancies among women worldwide, including India. Early detection, timely treatment, and lifestyle modifications play a crucial role in improving survival outcomes.

Recognizing the importance of awareness and education, the **College of Nursing, SGPGIMS, Lucknow** organized a **two-day Breast Cancer Awareness Programme** to sensitize nursing students and faculty about screening, prevention, management, and psychosocial aspects of breast cancer.

Objectives:

- To enhance knowledge regarding breast cancer screening and early detection.
- To update participants on the management options for breast cancer.
- To promote awareness about preventive measures and healthy lifestyle practices.
- To encourage empathy and psychosocial support for cancer survivors.

Day-1: Scientific Session (27th October 2025)

The programme commenced at **3:00 pm** with an **Opening and Introduction** by **Dr. Radha K**, Principal cum Professor, College of Nursing, SGPGIMS, Lucknow. She welcomed all the dignitaries, faculty members, and students, highlighting the importance of awareness and early intervention in combating breast cancer.

This was followed by an **Address on Breast Cancer Awareness** by **Dr. Gaurav Agarwal**, Head of the Department of Endocrine and Breast Surgery, SGPGIMS. He emphasized the significance of regular self-examination and screening in reducing morbidity and mortality.

The first scientific talk, titled **“Understanding Breast Cancer Screening and Early Detection”**, was delivered by **Dr. Abhishek Krishna**, Assistant Professor, Department of Endocrine and Breast Surgery. He discussed

various screening modalities, risk factors, and the importance of awareness at the community level.

Next, **Dr. Rinelle Mascarenhas**, Assistant Professor, Department of Endocrine and Breast Surgery, elaborated on **“Management Options in Breast Cancer.”** Her session focused on current treatment modalities including surgery, chemotherapy, radiotherapy, and hormonal therapy.

Following this, **Mrs. Abha Verma**, Tutor, College of Nursing, presented a session on **“Prevention and Healthy Lifestyle.”** She highlighted the role of diet, exercise, and avoidance of risk factors in reducing the incidence of breast cancer.

Ms. Alice Joseph, Tutor, College of Nursing, cancer survivor shared her story of journey.

The first day concluded with a **Vote of Thanks** by **Mr. Yadidya**, Associate Professor, College of Nursing, SGPGIMS, who expressed gratitude to all the resource persons, organizers, and participants for making the event successful.

Glimpses of Breast cancer awareness Programme:





Day 2 Skit Presentation: (28th October 2025)

On the second day, the **B.Sc. Nursing 4th Year students** presented a **Skit on Breast Cancer Awareness** from **10:00 to 10:30 am**. The skit effectively conveyed messages about early detection, self-breast examination, and the importance of emotional support for patients. The performance was informative, engaging, and well-received by the audience.



Outcome of the programme:

The two-day awareness programme successfully enhanced the knowledge and understanding of participants regarding breast cancer. Students demonstrated increased awareness about screening methods, preventive measures, and the importance of community education. The sessions motivated nursing students to take an active role in promoting breast health awareness in their professional and personal communities.

Conclusion:

The Breast Cancer Awareness Programme at the College of Nursing, SGPGIMS, Lucknow, served as an informative and inspiring initiative. It reinforced the crucial role of nurses in early detection, patient education, and psychosocial support. The event concluded with a collective commitment to spread awareness and contribute to reducing the burden of breast cancer in society.

"MANDATORY VS VOLUNTARY ADR DEBATE"

Date & Place of Debate: Saturday, 20 September 2025 at Classroom, CON, SGPGIMS, Lucknow.

Time: 09 AM - 12 PM

Topic of the Debate: Mandatory Vs Voluntary ADR Reporting

Objectives of the Debate: -To enhance awareness among nursing students regarding ADR (Adverse Drug Reaction) reporting.

-To develop critical thinking and communication skills.

-To analyze the pros and cons of mandatory versus voluntary ADR reporting systems.

-To encourage active participation in pharmacovigilance activities.

A Debate Competition on "Mandatory vs Voluntary ADR Reporting" was organized by the College of Nursing, SGPGIMS, Lucknow, on 20 September 2025, under the supervision of Dr. Radha K, Principal, College of Nursing, SGPGIMS. The event was coordinated by Mr. Kamran (Tutor) for the B.Sc. Nursing 3rd Semester students at the seminar hall, CON, SGPGIMS.

The session began with a welcome address by Mr. Kamran, followed by an introduction to the topic of ADR reporting and its importance in patient safety.

Students were divided into two teams — one supporting Mandatory ADR Reporting and the other favoring Voluntary ADR Reporting. Both teams presented strong arguments supported by real-world examples and recent data.

The judges evaluated participants based on clarity, evidence, presentation skills, and logical reasoning. The debate concluded with an open

discussion, where students and faculty shared insights about the challenges and future of pharmacovigilance in nursing practice.

All participants actively engaged in the event, gaining deeper understanding of ADR monitoring and the role of nurses in ensuring medication safety.

The program ended with a vote of thanks delivered by Mr. Kamran, expressing gratitude to the principal, faculty, and students for their active participation and enthusiasm.





AWARENESS PROGRAM ON SUDDEN CARDIAC ARREST AND ITS MANAGEMENT

Date & Place of Workshop: Thursday, 9th October, 2025 at HG Khurana Auditorium, Library Complex, SGPGIMS, Lucknow.

Time: 10am -12pm

Name of the Workshop: Awareness Program on Sudden Cardiac Arrest and it's Management

Program Coordinator: Mr. Kamran, Mrs. Merlin Cheema

Objectives of the Workshop:

- Introductory welcome and orientation.
- Theoretical session on Sudden Cardiac Arrest and Basic Life Support (BLS).
- Hands-on practice of Cardiopulmonary Resuscitation (CPR) on manikins.
- Simulation-based learning experience.

- Active participation and skill demonstration by students.

An Awareness Program on Sudden Cardiac Arrest and it's Management was organised for B.Sc. Nursing 1st & 3rd Semester, M.Sc. Nursing 1st & 2nd year by Department of Cardiology & CON, SGPGIMS, Lucknow on 09/10/2025 under the supervision of Dr. Aditya Kapoor (Professor & Head, Department of Cardiology, SGPGIMS), Dr. Radha K (Principal, College of Nursing, SGPGIMS) with the Program Coordinators Mr. Kamran (Tutor), Mrs. Merlin Cheema (teaching faculty), CON, SGPGIMS, at HG Khurana Auditorium, Library Complex, SGPGIMS, Lucknow

The program commenced with a welcome address by Mr. Kamran, Tutor, College of Nursing, SGPGIMS, who warmly welcomed the dignitaries, faculty members, and students.

A special welcome was extended to the Chief Guest, Padma Shri Prof. Dr. R.K. Dhiman, Director, SGPGIMS, Prof. Dr. Aditya Kapoor, HOD, Department of Cardiology, SGPGIMS, and Dr. Radha K, Principal, College of Nursing, SGPGIMS. The event proceeded with the Lamp Lighting Ceremony, symbolizing the light of knowledge, wisdom, and the dispelling of darkness.

Following the inaugural session, the technical session was conducted by Dr. Aditya Kapoor, HOD, Department of Cardiology, SGPGIMS. He delivered an insightful presentation on Sudden Cardiac Arrest Recognition and Management, discussing its causes, early warning signs, and the Chain of Survival approach including:

- Assessment of responsiveness and breathing
- Activation of emergency medical services
- High-quality chest compressions and rescue breaths
- Early defibrillation using an AED

After the theoretical session, a live demonstration on Basic Life Support (BLS) was conducted by Mr.

Shivdayal, ANS, Cardiac Catheterization Laboratory, SGPGIMS. He provided a detailed practical demonstration of adult CPR and proper resuscitation techniques using simulation manikins. Following this, the students actively participated in the hands-on session, performing return demonstrations under guidance.

A heartfelt Vote of Thanks was delivered by Dr. Radha K, Principal, College of Nursing, SGPGIMS, who expressed gratitude to the Director, the resource persons, coordinators, and all participants for their active involvement.



WORLD MENTAL HEALTH DAY-2025

World Mental Health Day is celebrated annually on October 10th to raise global awareness about mental health issues and to mobilize efforts to support those struggling with mental illness. This year's theme was "Access to Services: Mental Health in Catastrophes & Emergencies." Date: Friday & Saturday, 10th & 11th October, 2025

Event & Place: Street Drama- Entrance Area, New OPD, SGPGIMS, Lucknow.

Elective Module- Seminar Hall, CON-SGPGIMS, Lucknow.

The College of Nursing, SGPGIMS, under the guidance of Dr. Radha K, Professor cum Principal, CON-SGPGIMS, with the coordination of Mr. Ashutosh Kumar Chanchal & Mr. Kuldeep Yadav, Tutor, celebrated the World Mental Health Day on October 10th & 11th, 2025, by educating public through a street drama on the topic De-Addiction/Nasha-Mukti.

We also used this opportunity by conducting a two-day teaching-learning session on elective module on "substance use disorders" as per INC guidelines for our B. Sc. Nursing 5th semester students.

Street Drama / Nukkad Natak – Nasha Mukti

Participants: 23 students of B.Sc. Nursing, 5th semester

Target Audience Reached: Approximately 180–200 people (public, students, security personnel, and SGPGI employees)

Objectives of the Street Drama

- To create awareness about the harmful effects of drug and substance abuse on physical, mental, and social well-being.

- To motivate individuals to adopt healthy lifestyles and say "no" to addictive substances.
- To promote community participation in rehabilitation, counseling, and preventive measures against addiction.

Students of B.Sc. Nursing (5th semester) performed a wonderful and informative nukkad natak on Day-1. They were dressed as various addictive substances such as drugs, alcohol, cigarettes, and tobacco products. Using handmade AV aids, the students conducted an interactive teaching-learning session covering the consequences of addiction, methods of de-addiction, and various government and non-government initiatives. The audience participated actively, asked questions, clarified their doubts, and shared their views on addiction.

Elective Module – "substance use disorders (SUDs)"

Guest Lecturers:

- Dr. Romil Saini, Assistant Professor
- Dr. Sadaf Aziz, Senior Resident Department of Psychiatry, Apex Trauma Centre, SGPGIMS, Lucknow

Participants: 12 faculty members and 59 students of B.Sc. Nursing, 5th semester

Objectives of the Elective Module

- To develop understanding of the causes, types, and health consequences of substance use disorders.
- To equip students with knowledge and skills for assessment, prevention, and management of individuals with substance abuse problems.
- To promote awareness and sensitivity regarding psychosocial aspects, stigma,

and ethical issues related to substance use and rehabilitation.

A two-day elective module was conducted for B.Sc. Nursing 5th-semester students. Dr. Radha K, Professor-cum-Principal, CON-SGPGIMS, inaugurated the session with her words of wisdom and welcomed the guest lecturers, Dr. Romil Saini and Dr. Sadaf Aziz.

Both guest lecturers conducted interactive sessions on “substance use disorders,” covering all sub-topics in detail. Students participated actively and clarified their doubts through discussion with the experts.

On Day-2, the session concluded with a felicitation ceremony. Mr. Yadidya, Associate Professor, CON-SGPGIMS, on behalf of Dr. Radha K, felicitated Dr. Romil Saini and Dr. Sadaf Aziz with saplings.

Finally, Mr. Kuldeep Yadav, Tutor, CON-SGPGIMS, delivered the official vote of thanks, marking the successful completion of the event.







FACULTY DEVELOPMENT PROGRAM

Faculty Development Program is aiming for higher intellectual development in order to attaining sustainable development and achieve optimum growth rates which could be enabled through creation, transmission, and dissemination of knowledge. The FDP programs focuses on enhancing functional area expertise improving one's classroom delivery both as a teacher and trainer enhancing abilities for conducting meaningful research. It will not only promote the professional practices relevant to technical education but also motivates the faculty to achieve competitive teaching and learning environment, thus channelizing development with respect to academic qualifications and personal matters.

Opening remark

Mr. Ashutosh Kr. Chanchal, Tutor CON SGPGIMS, presented the opening remark for the Faculty Development Program on October 9, 2025 at College library, College of Nursing, SGPGIMS. During the inaugural speech, he emphasized the significance of the FDP and how it will affect teachers' professional development. Mr. Ashutosh Kumar also introduced the today's resource person Mr. Yadidya, Associate Professor, CON, SGPGIMS

Presentation:

As per the FDP program schedule, today's speaker Mr. Yadidya gave a presentation on the topic -“Caring for the whole person- The essence of Holistic Care”. He discussed all the aspects of care which is necessary either in hospital setting of or in community setting.

Discussion:

Following the presentation, faculty were actively involved in the discussion and asked their doubt regarding caring practices in present scenario. The speaker has addressed their query with a suitable example. This session inspired faculty members to reflect on the deeper meaning of care, integrate empathy into professional practice, and foster a healing environment that truly nurtures the *whole person*.

The faculties were delighted to share their experience in Faculty Development Programme aimed at enhancing understanding and practice of holistic care — addressing not only the physical, but also the emotional, social, spiritual, and intellectual dimensions of well-being.

Closing remark: Mr. Ashutosh Kumar Chanchal, Tutor, CON SGPGIMS concluded today's lecture with a vote of thanks.

Glimpses of the FDP





WORLD MENTAL HEALTH DAY-2025

Street Drama & Elective Module on Substance Use Disorders

Date: Friday & Saturday, 10th & 11th October, 2025, **Place:** Street Drama- Entrance Area, New OPD, SGPGIMS, Lucknow.

Topic: Nasha Mukti

Objectives of Street Drama:

- To create awareness about harmful effects of drug and substance abuse on physical, mental, and social well-being.
- To motivate individuals to adopt healthy lifestyles and say no to addictive substances.
- To promote community participation in supporting rehabilitation, counseling, and preventive measures against addiction.
- This year's theme was "Access to Services: Mental Health in Catastrophes & Emergencies."
-
- The College of Nursing, SGPGIMS, under the guidance of Dr. Radha K, Professor cum Principal, CON-SGPGIMS, with the coordination of Mr.

Ashutosh Kumar Chanchal & Mr. Kuldeep Yadav, Tutor, celebrated the World Mental Health Day on October 10th & 11th, 2025, by educating public through a street drama on the topic De-Addiction/Nasha-Mukti.

- We also used this opportunity by conducting a two-day teaching-learning session on elective module on "substance use disorders" as per INC guidelines for our B. Sc. Nursing 5th semester students.

Students of B. Sc. Nursing 5th semester, on day-1, played a wonderful and informative nukkad natak, dressed up as addictive substances such as drug, alcohol, cigarette, tobacco, etc.

Along with the use of handmade AV-Aids, students conducted an interactive session of teaching-learning activity on consequences of addiction, de-addiction methods, and government & non-government initiatives. Audience responded well, they got their doubts solved by asking questions and gave their views regarding addiction.

Elective Module: "substance use disorders" (SUDs)

Guest Lecturers:

Dr. Romil Saini, Assistant Professor,

Dr. Sadaf Aziz, Senior Resident, Department of Psychiatry, Apex Trauma Centre, SGPGIMS, Lucknow

Participants: 12 Faculty, 59 Students of B. Sc. Nursing 5th semester

- Objectives of elective module: To develop understanding of the causes,

types, and health consequences of substance use disorders.

- To equip students with knowledge and skills for assessment, prevention, and management of individuals with substance abuse problems.
- To promote awareness and sensitivity towards the psychosocial aspects, stigma, and ethical issues related to substance use and rehabilitation.

A two-day, elective module teaching session was conducted on day-1 & 2, for students of B. Sc. Nursing 5th semester. Dr. Radha K, Professor cum Principal, CON-SGPGIMS inaugurated the session with her words of wisdom, and welcomed our Guest Lecturers— Dr. Romil Saini, Assistant Professor & Dr. Sadaf Aziz, Senior Resident, Department of Psychiatry, SGPGIMS.

Dr. Romil and Dr. Sadaf took interactive sessions for the topic “substance use disorders,” and explained all the related sub-topics in detail. Our 5th semester students responded well and got their doubts cleared from our specialist guest lecturers.

On day-2, at the end of session, Mr. Yadidya, Associate Professor, CON-SGPGIMS, on behalf of Dr. Radha K, Professor cum Principal, CON-SGPGIMS, concluded the program by felicitating Dr. Romil Saini and Dr. Sadaf Aziz with saplings.

Mr. Kuldeep Yadav, Tutor, CON-SGPGIMS, officially concluded the event with the vote of thanks.

**Glimpses of Mental Health Day- 2025
celebrations: Nukkad Natak**



WORLD ANESTHESIOLOGY QUIZ

Date & Place of Workshop: Thursday, 11, October 2025 at KGMU, Lucknow

Name of the programme: World Anesthesiology day

Program mentor: Mr. Kamran, Tutor, College of Nursing, SGPGIMS, Lucknow

Objectives of programme: Understand the principles and importance of anesthesia, to enhance academic knowledge and to motivate students towards active participation in academic and co- curricular activities.

A quiz competition programme on world anesthesiology was organized by department of anesthesiology, KGMU, Lucknow on 11, October in the supervision of Dr. SS Nath , president of ISA Lucknow, and Dr. Prem Raj Singh, Secretary , department of Anesthesiology, KGMU with the Program Coordinator Dr. Manish Kr. Singh, Treasurer of Isa Lucknow.

All students, actively participated, in this quiz competition from different colleges. Among them, from CON, SGPGIMS, our one student, Mr. Mohammad Ubaid Bhat, participate, in this quiz competition and secure 2nd position, bringing pride to our institution. The event concluded successfully with encouragement from to continue such academic activities that promote learning and professional growth of our institution. His achievements reflect the dedication, hard work, and academic excellence, fostered within our institution.



PROGRAM REPORT

Name of the Event- Amul dairy visit

Day, Time & Date of the Event- Wednesday, 9:00 am–1:00 pm, 19/11/2025

Place of Event- Amul Banas Dairy, Sultanpur road Lucknow

Resource Person- General Manager of Amul dairy plant

Number of Participants- 2 Faculty member + 57 BSc nursing 3d year students

INTRODUCTION

The industrial visit to Amul Banas Dairy Plant, Lucknow was organized for BSc Nursing 3rd-year students on 19 November 2025 at 9:00 am. Amul Banas Dairy is one of the largest and most advanced milk processing plants in Uttar Pradesh, equipped with modern technology for milk collection, pasteurization, homogenization, packaging, and distribution.

AIM

To provide nursing students with firsthand experience and understanding of the milk processing system, quality control procedures, and hygiene and safety measures followed at Amul Banas Dairy Plant, Lucknow.

OBJECTIVES

- To understand the milk processing and preservation techniques.
- To observe hygiene and sanitation standards in large scale food production.
- To assess the organizational structure and staffing pattern of dairy plant.
- To develop awareness about food safety regulations.

- To examine the availability and adequacy of first aid facilities for workers.

BRIEF REPORT OF THE EVENT

The BSc Nursing 3rd-year students visited Amul Banas Dairy Plant, Lucknow, where we were oriented about the functioning of a modern dairy industry. The visit began with an introduction to the history of establishment of plant by general manager.

We observed production of various dairy products: milk, curd, paneer, ice cream.

We then observed the quality control laboratory, where basic chemical and microbiological tests are performed to ensure the safety of milk before processing. The team also saw the pasteurization and homogenization units, learning how milk is heated, purified, and made safe for consumption through advanced automated machinery.

In the packaging section, students watched the fully automated packing of milk, curd, and other dairy products, noting the strict hygiene measures followed by workers.

The visit ended successfully with some refreshment to students and faculty members and a photo session with the staff.

CONCLUSION

The industrial visit to Amul Banas Dairy Plant provided the students with valuable practical exposure to modern milk processing, hygiene practices, and quality control measures. It helped bridge the gap between theoretical knowledge and real industrial processes. Overall, the visit enhanced the students'

understanding of food safety, public health nutrition, and industrial hygiene.

EVENT GLIMPSE



PROGRAM REPORT

Name of the Event- School Health Program

Day, Time & Date of the Event- 8:40 am to 12:30 pm, 18th and 20th November 2025

Place of Event- Primary school Nigoha, Lucknow

Resource Person- Mr Vinod Gupta & Mr Arun Kumar, Tutor, CON, SGPGIMS.

Number of Participants- 120 Members

*** Purpose/ aim/objectives:**

- To evaluate growth and development according to age.
- To maintain optimum nutrition status
- To identify and prevent common health issues and diseases among children via regular medical check-ups.
- To instil a sense of health consciousness and personal hygiene among students.
- To improve students' physical and mental health, which positively impacts their academic performance.
- To cultivate healthy habits, such as balanced nutrition, regular exercise, and mental well-being.
- To conduct regular medical examinations to monitor and address students' health needs.
- To teach and reinforce the importance of personal and environmental cleanliness.
- To provide counselling and support to address emotional and psychological challenges.

Brief Report of the event:

A three-day school health program was successfully organized in Primary school, Nigoha Village, on the 18 to 20th of November 2024. The program aimed to promote health awareness and foster healthy habits among students.

On the first day, comprehensive health assessments were conducted for the students.

This included:

- **Measurement** of height and weight to monitor growth and development.
- **Head-to-toe** assessments to identify any visible health issues.

- **Dental check-ups** to address oral health concerns.
- **Additionally**, counselling sessions were held to educate students about the importance of maintaining personal hygiene and overall health.

On the second day, we focused on interactive activities to engage the students. A role play was performed to motivate students to adopt healthy practices such as:

Personal hygiene maintenance.

- **Proper nail care** and hand hygiene.
- **Healthy eating** habits.
- **Oral hygiene**, ear care, and hair care.

On the third day, we performed a role play on immunization to motivate family members to adopt regular immunization practices for their children.

To encourage these habits, the program concluded by distributing toffees, shampoo, and soap to the students.

* Resource person: - Mr. Arun Kumar & Mr. Vinod Gupta

* Facilitate: The school health program facilitates information regarding personal hygiene, nutrition, and healthy eating habits.

Conclusion: The initiative received an enthusiastic response from the students and served as a valuable step towards promoting health awareness in the community.

Please see the attached document “Health Assessment Findings” for a detailed review.

Event glimpses



PROGRAM REPORT

Name of the event: Sewage treatment plant visits Lucknow

Date, Time and Date of event: - Friday, 09 am to 01 pm, 21/11/2025

Resource person: Mr Hari Om

Number of participants: 02 faculty members and 58 B Sc nursing 3rd year students.

Introduction

As a part of our B.Sc Nursing 3rd-year academic curriculum, we visited the Sewage Treatment Plant (STP) in Lucknow on 21 November 2025. Industrial and environmental health forms an important component of community health nursing, and understanding

waste management processes helps nursing students learn about public health risks, environmental hygiene, and sanitation practices. The visit provided us with practical exposure to wastewater treatment, public sanitation measures, and the role of environmental health systems in preventing diseases.

Aims

The aim of the educational visit to the Sewage Treatment Plant was to help students understand the structure and functioning of sewage treatment processes and relate theoretical public health engineering principles with real-world practices. The visit aimed to enhance knowledge of environmental sanitation, observe its role in preventing diseases, assess the impact of sewage disposal on community health, and improve students' observational and reporting skills while promoting awareness of government sanitation initiatives.

Objectives

1. To understand the structure and functioning of a sewage treatment plant, including primary, secondary, and tertiary treatment processes.
2. To observe environmental sanitation practices and their role in preventing waterborne and vector-borne diseases.
3. To relate public health engineering principles to real-world waste management systems as outlined in the Community Health Nursing syllabus.
4. To assess the impact of sewage disposal on community health, especially in urban and peri-urban populations.

5. To identify occupational health hazards and safety measures for workers involved in sewage treatment operations.

6. To evaluate the availability of first aid and emergency medical services within the facility for staff and visitors.

Brief report of the event

The educational visit to the Sewage Treatment Plant in Lucknow on 21 November 2025 provided B.Sc Nursing 3rd-year students with practical exposure to wastewater management and sanitation practices. Under the guidance of the resource person, Mr. Hari Om, students learned about the stages of sewage treatment, including screening, aeration, sedimentation, biological processes, and sludge management. He also explained the importance of sewage treatment in preventing waterborne diseases and protecting community health. The students observed the functioning of various units, safety measures for workers, and the coordination between health and engineering departments. The visit enhanced their understanding of environmental hygiene, public health engineering, and the significance of proper waste disposal in maintaining a healthy environment.

Conclusion

The visit to the Sewage Treatment Plant was highly informative and beneficial for all students. It provided valuable insight into the practical aspects of sewage management and highlighted its crucial role in safeguarding public health and the environment. The guidance provided by Mr. Hari Om enhanced our understanding of the treatment processes, occupational safety measures, and the

importance of proper sanitation in disease prevention. Overall, the visit strengthened our theoretical knowledge through real-world exposure and emphasized the significance of environmental hygiene in community health nursing.

Event glimpse



PROGRAM REPORT

Name of the Event- Ayushman Arogya Mandir (HWC) Visit

Day, Time & Date of the Event- Saturday, 9:30 am, 22/11/2025

Place of Event- Lalpur Village

Resource Person- Miss Mahima Singh

Number of Participants- 59 students + 2 faculties

INTRODUCTION

We went to AYUSHMAN AROGYA MANDIR on 22nd Nov, 2025, at 9 AM with our respected teachers, Mr Arun Kumar and Mrs Bhumika Singh.

Formerly known as Sub-Health Centres and now transformed and renamed under the Ayushman Bharat Scheme, the Ayushman Arogya Mandir serves as a comprehensive, people-centric facility delivering an expanded range of preventive, promotive, curative, palliative, and rehabilitative services.

Objectives-

- To understand the structure, branding, and upgraded functions of an Ayushman Arogya Mandir (HWC).
- To learn about the expanded service package, including screening for Non-Communicable Diseases (NCDs) and wellness services.

- To observe the integration of digital health tools, including the IT platform and teleconsultation services.
- To study the team-based staffing pattern, with a focus on the role of the Mid-Level Health Provider/Community Health Officer (MLHP/CHO).
- To explore community engagement and health promotion activities conducted at the centre.
- To compare the service delivery model with that of a Primary Health Centre (PHC).

BRIEF REPORT OF THE EVENT:

- We reached Ayushman Arogya Mandir (HWC) at 9:30 AM with our teacher and group members. The HWC staff welcomed us and provided a brief orientation about the HWC, including its staffing pattern and the various facilities available.
- The centre operates on a paperless system using the Ayushman Bharat – Health and Wellness Centres (AB-HWC) IT platform for patient management and reporting.
- A dedicated Telemedicine Room was observed, facilitating specialist consultations and reducing the need for patient referrals.
- The Wellness Room is utilized for yoga sessions, lifestyle counselling, and community awareness programs on diet, physical activity, and mental health.
- Services extend beyond traditional curative care to include:
 - Screening and management of Hypertension, Diabetes, and common Cancers (Oral, Breast, Cervical).
 - Basic oral, eye, and ENT care.
 - Free essential drugs and diagnostic services.
 - Palliative and geriatric care support.
- The centre is staffed by a team led by a Community Health Officer (CHO),

supported by multi-purpose Workers (MPWs) and ASHA facilitators.

- The AAM-HWC is a testament to the shift from selective primary care to a holistic, wellness-oriented model under the Ayushman Bharat initiative.

STAFFING PATTERN

Community Health Officer (CHO) / Mid-Level Health Provider (1) – [Mahima Singh]

- Staff Nurse (1-2)
- Female Health Worker (ANM) (2) Mrs Gayatri Mrs. Babita Bheem
- Male Health Worker (MPW) (1) Mr. Kashi Prasad
- ASHA Facilitator (1) Mrs. Pramila
- Pharmacist (1) (if posted)
- Lab Technician (1) (if posted)
- Support Staff (Data Entry Operator, Attendant)

FUNCTION OF AYUSHMAN AROGYA MANDIR (HWC)

The Ayushman Arogya Mandir delivers a broad spectrum of services under the CPHC package:

- Care in Pregnancy and Childbirth
- Neonatal and Infant Health Care Services
- Childhood and Adolescent Health Care Services
- Family Planning, Contraceptive Services, and other Reproductive Health Services
- Management of Communicable Diseases: including National Health Programmes
- Management of Common Non-Communicable Diseases: Screening, diagnosis, and management.
- Care for Common Ophthalmic and ENT Problems
- Basic Oral Health Care

- Elderly and Palliative Health Care Services
- Emergency Medical Services

Conclusion

The visit to the Ayushman Arogya Mandir (HWC) in [Lalpur village] was highly informative. It provided a clear understanding of India's renewed focus on strengthening the very foundation of its healthcare system. We observed firsthand how the centre acts as a hub for preventive care, health promotion, and comprehensive treatment, moving beyond the traditional limited scope of sub-centres. The integration of technology, the emphasis on wellness, and the team-based approach are pivotal in making quality primary healthcare accessible and affordable.

Event Glimpse:



WORLD AIDS DAY CELEBRATION (2025)

UNAIDS observes World AIDS Day on December 1 and the theme for this year is; “*Take The Rights Path: My Health, My Right!*”. WHO is calling on global leaders and citizens to champion the right to health by addressing the inequalities that hinder progress in ending AIDS.

COLLEGE OF NURSING SGPGIMS , LUCKNOW organized a talk on the theme “*Take The Rights Path: My Health, My Right!*” under the supervision of the **Mrs. Shabana Khatun, Associate Professor & Mr. Kamran, Tutor, CoN, SGPGIMS** programme with MSc. nursing 1st year students.

Programme was conducted on 30th November at 9 am and the program was attended by 46 students of BSc.Nursing 3rd semester. The program began with a welcome address by shiva Dwivedi, M.Sc. Nursing 1st year students followed by **Mr. Yadidya, Associate Professor**, addressed the gathering by highlighting the significance of the day and the 2024 theme and also told about the misconception related to AIDS.

Miss. Vismaya Raj, MSc. Nursing 1st Year Student, delivered a speech on the theme, spoke about unique cases of AIDS and on the latest advancements in HIV treatment and prevention. The facilities are provided by the government. Anjali Anand, MSc Nursing 1st Year Student talked about prevention of HIV during pregnancy from mother to fetus.

Mr. Kamran, Nursing Tutor shared his experience about a person who was HIV positive with audience, talked about stigma related to AIDS and the what are the changes happened during these last years.



RESEARCH & INNOVATION CORNER

M.Sc. Nursing (2023-2025) Students Research Project Proposal:

| S.No. | Title | Guide/ PI name | Additional PI | Student's name |
|-------|---|--|--|----------------------------------|
| 1 | “Evaluate the Effectiveness of Palliative Care Training Programme to Improve the Knowledge, And Attitude in Palliative Care Among Nursing Students in Selected Colleges of Lucknow, U.P.” | Dr. Radha K Principal cum Professor CON SGPGIMS | Mrs. Shabana Khatun Associate Professor CON SGPGIMS | Lalita Yadav M.Sc. Nursing |
| 2 | “Effectiveness of Individualized counselling sessions on robotic assisted surgery to reduce stress and anxiety among Parents of Children Undergoing Robotic Surgery SGPGIMS, Lucknow” | Mrs. Archana Yadav Teaching Faculty CON | Dr. Radha K Principal cum Professor CON SGPGIMS | Chandan Shukla M.Sc. Nursing |
| 3 | “A Comparative Study to Evaluate the Effectiveness of Progressive Muscle Relaxation Technique Versus Guided Imagery on Fatigue Among Children with Acute Lymphoblastic Leukaemia at SGPGIMS, Lucknow” | Mrs. Archana Yadav Teaching Faculty CON | Dr. Radha K Principal cum Professor CON SGPGIMS | Aparna Shukla M.Sc. Nursing |
| 4 | “Evaluate the Effectiveness of Shotblocker in immunization Pain Among Children at Immunization Clinic, SGPGIMS Hospital, Lucknow” | Mrs. Archana Yadav Teaching Faculty CON | Dr. Radha K Principal cum Professor CON SGPGIMS | Priya Chaudhary M.Sc. Nursing |

M.Sc. Nursing Research proposals (2024-2026)

| S. No | Title | PI | Co-PI | Student's Name |
|-------|---|---|--|-------------------|
| 1 | “Evaluate the effectiveness of capacity-building training on knowledge and perception regarding antibiotic stewardship practices among ICU nurses.” | Dr. Radha K Principal cum Professor CON | Mr Ashutosh Kumar Chanchal Tutor CON | Vismaya Raj |
| 2 | "A study to evaluate the effectiveness of a digital e-learning module combined with OSCE-based assessment on knowledge and skills interpretation of Emergency and ICU clinical scoring system in management of clinical deterioration of patient among 4th-year B.Sc. Nursing students of the selected College of Nursing, SGPGIMS, Lucknow.” | Dr. Radha K Principal cum Professor CON | Mr Bhoopendra Yadav Tutor CON | Versha Singh |
| 3 | “Evaluate the effectiveness of Nurse led intervention on improving Fatigue and Quality of life for Mastectomy and Breast conservative surgery women in SGPGIMS, Lucknow.” | Dr. Radha K. Principal cum Professor CON | Mr Kamran Tutor CON | Priyanshu Rani |
| 4 | “A study to evaluate the effectiveness of telenursing on knowledge and glycemetic control among patients with type-2 diabetic at SGPGIMS, Lucknow.” | Dr. Radha K. Principal cum Professor CON | Mr Mata Deen Tutor CON | Shikha Yadav |

| | | | | |
|---|---|---|--|-----------------|
| 5 | “A Study to Assess the Effectiveness of Evidence Based Education Program on level of Knowledge and Practice of Peripheral Line Maintenance and Early Complication Prevention among Nursing Officer who are working at, SGPGIMS, Lucknow” | Mrs. Shabana Khatun Associate Professor CON | Ms. Pooja Yadav Tutor CON | Sangeeta Biswas |
| 6 | “A quasi-experimental study to assess the effectiveness of intradialytic stretching exercise to mitigate the pain related to muscle cramps among patients undergoing haemodialysis at SGPGIMS, LUCKNOW, UP” | Mrs. Shabana Khatun Associate Professor CON | Ms. A Merlin Cheema Teaching staff CoN | Richa Prajapati |
| 7 | “Impact of family centered nursing education (FCNE) on parent’s awareness and quality of life in children with primary nephrotic syndrome attending Nephrology OPD at SGPGIMS, Lucknow” | Mrs. Archana Yadav Teaching staff CoN | Mr. Yadidya Associate Professor CON | Ashutosh Pandey |
| 8 | “A study to assess the effectiveness of information, education and communication (IEC) intervention regarding specific learning regarding disability (SPLD) of school age children on knowledge and attitude among primary school teachers in selected school of Lucknow” | Mrs. Archana Yadav Teaching staff CoN | Mr. Yadidya Associate Professor CON | Anjali Anand |

| | | | | |
|----|---|--|---|-------------------|
| 9 | “A study to assess the effectiveness of training program on knowledge of home-based newborn care (HBNC) among fathers of neonates in Veerangana Avanti bai Mahila Chikitsalaya, Thakurjanj, Lucknow.” | Mrs. Archana Yadav Teaching staff CoN | Ms. Anju Verma Associate Professor CON | Shiva Dwivedi |
| 10 | " Impact of nurse- led SCOPE Program on the coping abilities of parents with thalassemia child in genetic ward at SGPGIMS, Lucknow | Mrs. Archana Yadav Teaching staff CoN | Mrs. Anju Verma Associate Professor CON | Vaishali Gupta |

BSc Nursing Students (2022-2026) Group Research Project Proposal:

| S. No | Title | PI/Co-PI Name | Student Group members |
|-------|---|---------------------------------|---|
| 1. | Study to assess the knowledge regarding the role of Nurses in Antibiotic Stewardship Protocols (ASP) among Nursing Personnel, SGPGIMS, Lucknow. | Dr. Radha K Mr. Kamran | Anisha Gupta Madhubala Singh Nooreen Kauser Palvi Sharma |
| 2. | Study to assess the Quality of Life of Patients with migraine attending Neurology and Neurosurgery OPD, SGPGIMS, Lucknow. | Mrs. Shabana Khatun | Sakshi Kushwaha Abhishek Neeti Ujjwal |
| 3. | Study to assess the knowledge of Cancer Patients regarding the adverse effects of chemotherapy and their self-care ability to manage those side effects among patients admitted in chemotherapy | Mr. Yadidya Ms. Alice Joseph | Deepanshu Asif Jahanvi |

| | | | |
|----|---|--|---|
| | ward, SGPGIMS, Lucknow with the view to develop and distribute information booklet. | | Fatima |
| 4. | ASHA workers involvement in Antenatal and Postnatal Care in Mohanlal Ganj, Lucknow. | Mrs. Anju Verma Mrs. Pushpa Singh | Aamir Gani Dolly Pandey Sakshi Sagar Pankaj |
| 5. | Study to assess the academic procrastination among B.Sc Nursing of College of Nursing, SGPGIMS, Lucknow | Mr. Ashutosh Kumar Chanchal Dr. Radha K | Aman Anamika Vivek Mahendra Kumar Yadav |
| 6. | Factors contributing to malnutrition among children aged 1-6 years of selected village of Mohanlal Ganj, Lucknow | Mrs. Abha Verma Mr. Kuldeep Yadav | Akshita Tushir Komal Simran Sabir |
| 7. | A Study to evaluate the effectiveness of Structured Teaching Programme (STP) on knowledge regarding Urinary Tract Infection and its Prevention among students of selected higher secondary school of Lucknow. | Mr. Mata Deen | Amrita Ashutosh Dhruv Ravi Prakash |
| 8. | A Study to evaluate the effectiveness of Structured Teaching Programme (STP) on knowledge regarding Forensic Nursing among Nursing Officers working in selected government hospitals of Lucknow. | Mrs. Bhumika Singh | Rachna Harshit Mohini Chaudhary Vikash Kr. Verma |
| 9. | A Study to assess the prevalence and risk factors of home accidents among parents of Under-five children visited Pediatric OPD at SGPGIMS, Lucknow | Mr. Arun Kumar Mr. Bhoopendra Singh | Afiya bano Ankit Divya Soniya |

| | | | |
|-----|---|--|--|
| 10. | A Study to evaluate the effectiveness of nurse led intervention regarding knowledge and practice on lifestyle modification among patients with cerebrovascular accidents admitted in SGPGIMS, Lucknow | Mrs. Merlin Cheema Mrs. Archana Singh Yadav | Shruti Tiwari Aditya Kafeel Arunima |
| 11. | A study to assess the knowledge regarding Human Papilloma Virus (HPV) Vaccine among women in selected rural areas of Mohanlal Ganj, Lucknow, UP. | Mr. Vinod Gupta Mrs. Jebacelin | Akshay Priyanka Puneet Shweta Chauhan |
| 12. | A study to assess the impact of undernutrition on scholastic performance among school going children in selected schools of Mohanlal Ganj, Lucknow, UP. | Mrs. Pooja Yadav | Muskan Tanya Harsha Kamlesh |

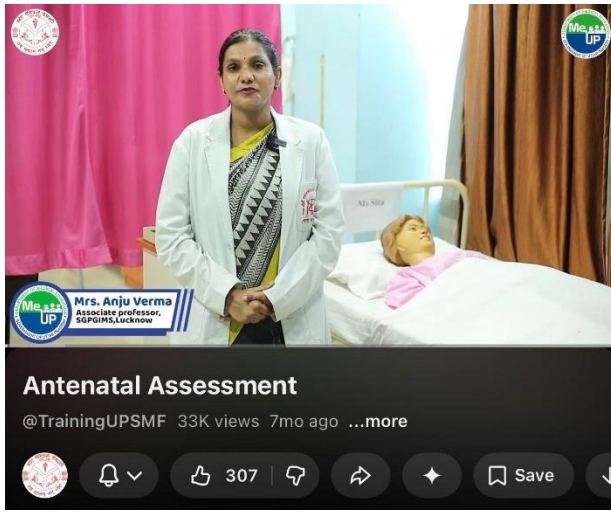
B.Sc. Nursing Semester VII (2025-26)

Name list of Research Guide, Co-Guide and Group for Research Project

| Sl. No. | GROUP NO. | NAME OF THE STUDENTS | NAME OF THE PRINCIPAL INVESTIGATOR & Co-PI | SELECTED RESEARCH PROBLEMS |
|---------|-----------|----------------------|--|--|
| 1 | 1 | Ajay | Dr. Radha K. Mrs. Abha Verma | A study to assess the effectiveness of structural teaching on financial literacy among nursing students of SGPGIMS. |
| | | Aman | | |
| | | Sristi | | |
| | | Annapurna | | |
| 2 | 2 | Aroon | Mrs. Shabana Khatun | A study to assess ergonomic practices and musculoskeletal discomfort among nurses in SGPGIMS. |
| | | Aryan | | |
| | | M.P. Anupam | | |
| | | Ranjana Gupta | | |
| 3 | 3 | Atul | Mr. Yadidya Mrs. Vinod Gupta. | A study to evaluate the effectiveness of first aid training programme among school teachers on managing minor ailments of school children in selected school of Mohanlal Ganj, Lucknow |
| | | Deepak Yadav | | |
| | | Suryansh Mishra | | |
| | | Monika Devi | | |

| | | | | |
|----|----|-------------------|---|--|
| 4 | 4 | Km. Jeba | Mrs. Anju Verma | A study to assess dietary pattern and menstrual irregularities among adolescents in selected schools of Lucknow |
| | | Kirti lata Gautam | | |
| | | Anshika Pal | | |
| | | Ayushi | | |
| 5 | 5 | Mahima | Mr. Ashutosh K. Chanchal | Effectiveness of nurse led teaching program on awareness and utilization of the tele Manas app among UG nursing students at College of Nursing, SGPGIMS, Lucknow: A Randomized Control Trial |
| | | Sakhi Shukla | | |
| | | Km. Saumya | | |
| | | Sameena Akhtar | | |
| 6 | 6 | Mohd. Shuja | Mr. Arun | A study to assess the knowledge and attitude regarding first aid of dog-bite, and anti-rabies vaccine and rabies immunoglobulin, among people attending selected OPDs at SGPGIMS, Lucknow |
| | | Mohd. Junaid | | |
| | | Abhinandan Sharma | | |
| | | Shanvi Verma | | |
| 7 | 7 | Pratham | Mr. Mata Deen | A study to determine the attitude and treatment compliance of pulmonary tuberculosis patients receiving DOTS at a selected DOTS centre in Lucknow |
| | | Priyanshu | | |
| | | Jahnvi Singh | | |
| | | Deepa | | |
| 8 | 8 | Sahil Hameed | Mr. Bhoopendra Singh Yadav Mrs. Pushpa Singh | A study to assess the impact of fast-food consumption on health status of UG students at SGPGIMS in order to identify dietary patterns, related health risks. |
| | | Sakshee Mishra | | |
| | | Km Pallavi | | |
| | | Akanksha Saini | | |
| 9 | 9 | Mohd. Afzal | Mrs., Bhumika Singh Mrs. Archana Singh Yadav | A study to assess the perception of nursing students regarding clinical learning environment (CLE) and supervision of nursing personnel in clinical area in SGPGIMS, LUCKNOW |
| | | Sharad Yadav | | |
| | | Avni | | |
| | | Kirti Pal | | |
| 10 | 10 | Sonali Tiwari | Mrs. Merlin Cheema Mr. Kuldeep Yadav | A study to assess the knowledge regarding intensive care monitoring scales among ICU nurses in order to develop an information booklet. |
| | | Manisha | | |
| | | Amy | | |
| 11 | 11 | Jahnvi Jaiswal | Mr. Kamran. Mrs. Pooja Yadav | Awareness of B.Sc. Nursing students towards Sustainable Development Goals in advancement of Viksit Bharat 2047, a study at selected Nursing Colleges in Lucknow. |
| | | Shalini Raj | | |
| | | Dawood | | |
| 12 | 12 | Vartika | Mrs. Jeba Celin Ms. Alice Joseph | A descriptive study to assess the intrinsic capacity of an older adult attending selected outpatient department of SGPGIMS. |
| | | Sara Sadaf | | |
| | | Abhishek Singh | | |

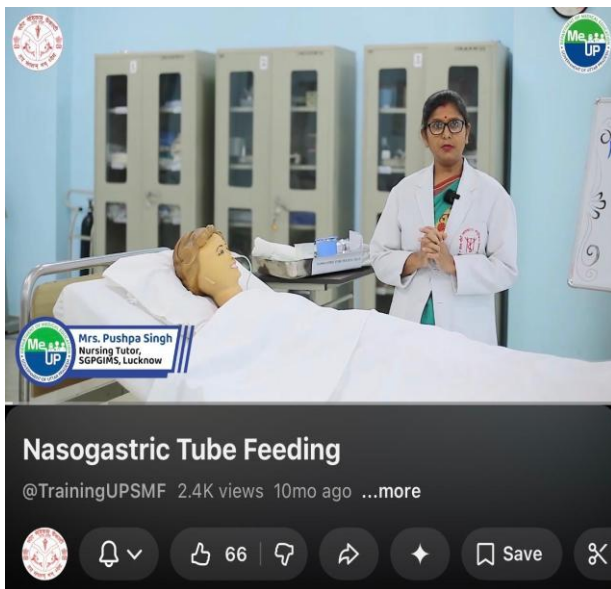
e-Learning



Name: Dr. Anju Verma

Associate Professor, College of Nursing,
SGPGIMS, Lucknow

Procedure: Antenatal Assessment



Name: Mrs. Pushpa Singh

Tutor, College of Nursing, SGPGIMS, Lucknow

Procedure: Nasogastric Tube Feeding



Name: Mata Deen

Tutor, College of Nursing, SGPGIMS, Lucknow

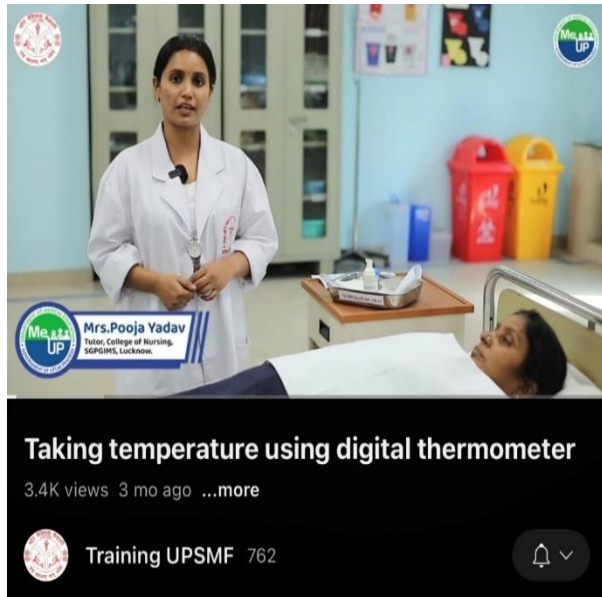
Procedure: Oxygen Therapy using mask



Name: Mr. Ashutosh Kumar Chanchal

Tutor, College of Nursing, SGPGIMS, Lucknow

Procedure: Process Recording



Name: Mrs. Pooja Yadav

Tutor, College of Nursing, SGPGIMS, Lucknow

Procedure: Taking Temperature using digital thermometer



Name: Kuldeep Yadav

Tutor, College of Nursing, SGPGIMS, Lucknow

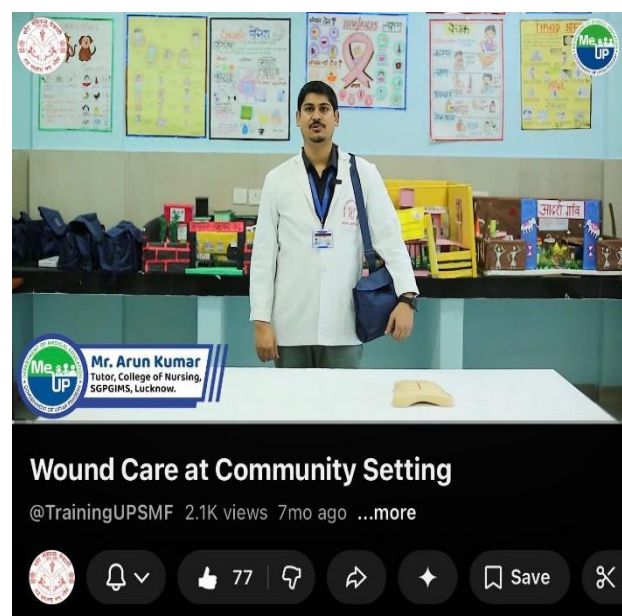
Procedure: Intramuscular Injection



Name: Mrs. Abha Verma

Tutor, College of Nursing, SGPGIMS, Lucknow

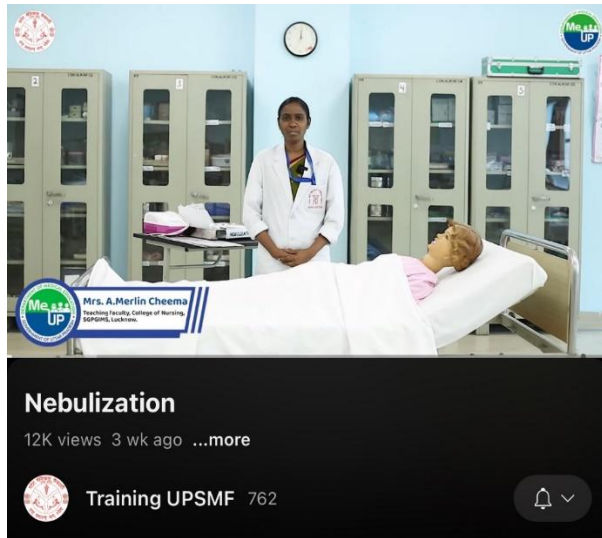
Procedure: Effective use of flash cards while giving health education



Name: Arun Kumar

Tutor, College of Nursing, SGPGIMS, Lucknow

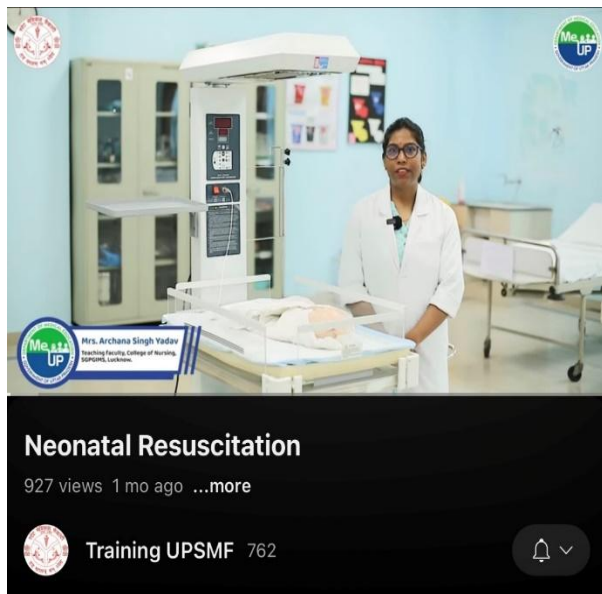
Procedure: Wound Care at Community Setting



Name: A. Merlin Cheema

Teaching Faculty, College of Nursing, SGPGIMS, Lucknow

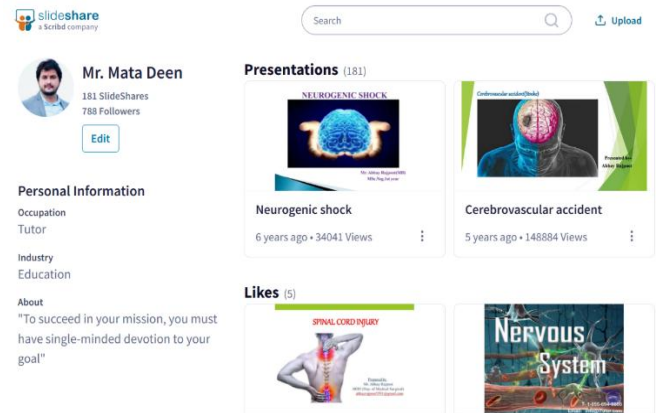
Procedure: Nebulization



Name: Mrs. Archana Singh Yadav

Teaching Faculty, College of Nursing, SGPGIMS, Lucknow

Procedure: Neonatal Resuscitation



Name: Mata Deen

Tutor, College of Nursing, SGPGIMS, Lucknow

e-learning: Uploaded 181 PowerPoint Presentation on SlideShare



Name: Shivangi Singh
B.Sc. Nursing (2019-23)
Topic: Abdominal Examination



Mr. Vikash Kumar
B.Sc. Nursing (2019-23)
Topic: Neonatal Resuscitation



A Grade Excellence certificate by UPSMF



Ms. Anjali Chhetry
B.Sc. Nursing 4th Year
Topic: CPR



Faculty Award: Best Employee

AWARDS



Mentorship excellence award from UP
Government



Faculty Award: Best Employee



Signing of MoU: Mentor Institute

SEMINAR, WORKSHOP & ACTIVITIES OF COLLEGE



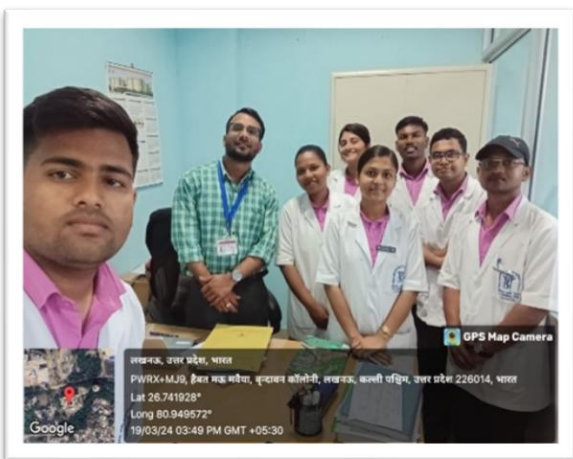
Lamp Lighting & Oath Ceremony



Mentor Mentee Provision



Field Visit: TB Centre



Mentor Mentee Provision



World Environment Day



World Diabetes Day: Skit



**Aastha Hospice & Geriatric Care,
Mahanagar, Lucknow**



**Silent Rally: Vibhajan Vibhishika Smriti
Diwas**



Career Counselling



International Nurses Day Celebration



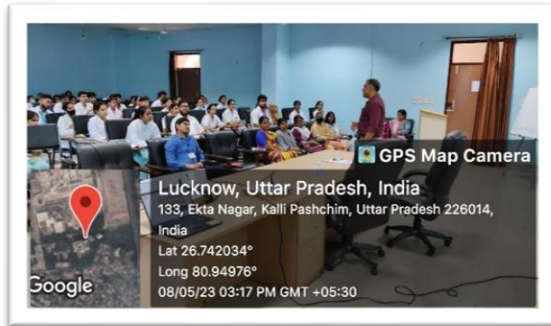
Fire Drill Exercise



Skit on World Tobacco Day



Practical & Competitions: Patient Diet Preparation



Soft Skills Training



CPR Training: Nurses/Students



First Aid - Mock Exercise



Disaster management training session and mock exercise (earthquake), SDRF, UP & UPSDMA

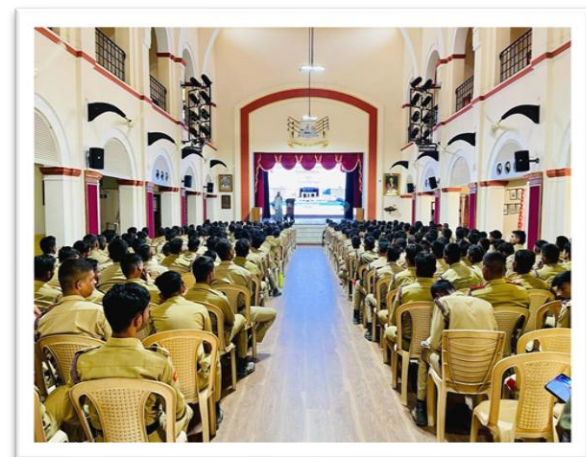


Quiz competition on 'Swachhata' organized by the UP Raj bhavan on 27 SEP. 2024.

Winner –
Ms. Ragini Yadav
Mr. Om Pandey



Telecast on Doordarshan: Nursing

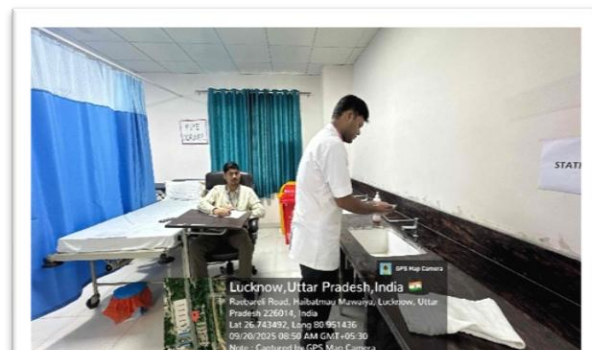


First aid for NCC cadets at La-martinere College, Lucknow.



Nursing Advisor, MoHFW

OSCE: Competency Skills



SOCIAL MEDIA CORNER



अंक 117 लखनऊ में प्रकाशित, 02 दिसम्बर 2023 पृष्ठ 04 भा. 01

विश्व एड्स दिवस पर छात्रों ने निगोहा कस्बा के मार्केट से होते हुए लगभग 3 किलोमीटर तक जागरूकता रैली निकाली...

समाचार प्रतिनिधि द्वारा

लखनऊ, 02 दिसम्बर (विश्व एड्स दिवस के मौके पर सोमवार को निगोहा और आसपास के क्षेत्रों में जागरूकता का अद्भुत माहौल देखने को मिला। एसजीपीजीआई कॉलेज नर्सिंग के छात्र-छात्राओं ने निगोहा कस्बा क्रॉस होते हुए मार्केट से होते हुए लगभग तीन किलोमीटर लंबी जागरूकता रैली निकाली। रैली में शामिल छात्रों ने हाथों में प्लेकार्ड लेकर एचआईवी एड्स से बचाव, रोकथाम और जागरूकता के नुस्खे बंटवा दिए। रास्ते भर लोगों को बीमारी के कारण, लक्षण व बचाव के उपायों के बारे में बताया गया। कार्यक्रम के अंत में डॉ. राधा के कॉलेज ऑफ नर्सिंग के निदेशन में आयोजित किया गया। कार्यक्रम की अगुवाई एसोसिएट प्रोफेसर यदिव और वरिष्ठ शिक्षण स्टाफ विनोद कुमार ने की। एमएससी, नर्सिंग प्रथम वर्ष और बीएससी नर्सिंग चौथे वर्ष के कुल 55 छात्रों ने सुबह 9:30 बजे से दोपहर 12 बजे तक किये गए इस कार्यक्रम में सक्रिय भागीदारी निभाई। रैली के दौरान छात्रों ने दो प्रमुख स्थानों निगोहा गांव और भगवानपुर कस्बे में प्रभावशाली नुक्कड़ नाटक प्रस्तुत किए। नाटकों के माध्यम से एचआईवी कैसे फैलता है, इससे बचाव कैसे संभव है, और संक्रमण को लेकर समाज में फैली गलतफहमियों को सरल भाषा में दूर किया गया। सहायक प्राध्यापक यदीदया मित्रा ने लोगों को विश्व एड्स दिवस के इतिहास, उद्देश्य और इस वर्ष की थीम विन्डो पर विजय एड्स प्रतिक्रिया में परिवर्तन के महत्व के बारे में विस्तार से जानकारी दी। नुक्कड़ नाटक के दौरान बड़ी संख्या में ग्रामीण, व्यापारी, महिलाएँ और छात्र-छात्राएँ एकत्र हुए। लोगों ने एचआईवी एड्स के बारे में सवाल भी पूछे, जिनका उत्तर देकर छात्रों ने उनकी शंकाओं का समाधान किया। कार्यक्रम में शामिल टीम का दावा है कि रैली के दौरान लगभग 1000 से 1500 लोगों तक जागरूकता संदेश पहुंचा।



छात्रों ने एचआईवी एड्स से बचाव, रोकथाम और जागरूकता के नुस्खे बंटवा दिए।

विश्व एड्स दिवस पर छात्रों ने निगोहा कस्बा के मार्केट से होते हुए लगभग 3 किलोमीटर तक जागरूकता रैली निकाली। रैली में शामिल छात्रों ने हाथों में प्लेकार्ड लेकर एचआईवी एड्स से बचाव, रोकथाम और जागरूकता के नुस्खे बंटवा दिए। रास्ते भर लोगों को बीमारी के कारण, लक्षण व बचाव के उपायों के बारे में बताया गया। कार्यक्रम के अंत में डॉ. राधा के कॉलेज ऑफ नर्सिंग के निदेशन में आयोजित किया गया। कार्यक्रम की अगुवाई एसोसिएट प्रोफेसर यदिव और वरिष्ठ शिक्षण स्टाफ विनोद कुमार ने की। एमएससी, नर्सिंग प्रथम वर्ष और बीएससी नर्सिंग चौथे वर्ष के कुल 55 छात्रों ने सुबह 9:30 बजे से दोपहर 12 बजे तक किये गए इस कार्यक्रम में सक्रिय भागीदारी निभाई। रैली के दौरान छात्रों ने दो प्रमुख स्थानों निगोहा गांव और भगवानपुर कस्बे में प्रभावशाली नुक्कड़ नाटक प्रस्तुत किए। नाटकों के माध्यम से एचआईवी कैसे फैलता है, इससे बचाव कैसे संभव है, और संक्रमण को लेकर समाज में फैली गलतफहमियों को सरल भाषा में दूर किया गया। सहायक प्राध्यापक यदीदया मित्रा ने लोगों को विश्व एड्स दिवस के इतिहास, उद्देश्य और इस वर्ष की थीम विन्डो पर विजय एड्स प्रतिक्रिया में परिवर्तन के महत्व के बारे में विस्तार से जानकारी दी। नुक्कड़ नाटक के दौरान बड़ी संख्या में ग्रामीण, व्यापारी, महिलाएँ और छात्र-छात्राएँ एकत्र हुए। लोगों ने एचआईवी एड्स के बारे में सवाल भी पूछे, जिनका उत्तर देकर छात्रों ने उनकी शंकाओं का समाधान किया। कार्यक्रम में शामिल टीम का दावा है कि रैली के दौरान लगभग 1000 से 1500 लोगों तक जागरूकता संदेश पहुंचा।

विश्व एड्स दिवस पर छात्रों ने निकाली जागरूकता रैली, नुक्कड़ नाटक से दी एचआईवी रोकथाम की सीख

वैचारिक, लखनऊ, समाचारदाता

लखनऊ, 02 दिसम्बर (विश्व एड्स दिवस के मौके पर सोमवार को निगोहा और आसपास के क्षेत्रों में जागरूकता का अद्भुत माहौल देखने को मिला। एसजीपीजीआई कॉलेज नर्सिंग के छात्र-छात्राओं ने निगोहा कस्बा क्रॉस होते हुए मार्केट से होते हुए लगभग तीन किलोमीटर लंबी जागरूकता रैली निकाली। रैली में शामिल छात्रों ने हाथों में प्लेकार्ड लेकर एचआईवी एड्स से बचाव, रोकथाम और जागरूकता के नुस्खे बंटवा दिए। रास्ते भर लोगों को बीमारी के कारण, लक्षण व बचाव के उपायों के बारे में बताया गया। कार्यक्रम के अंत में डॉ. राधा के कॉलेज ऑफ नर्सिंग के निदेशन में आयोजित किया गया। कार्यक्रम की अगुवाई एसोसिएट प्रोफेसर यदिव और वरिष्ठ शिक्षण स्टाफ विनोद कुमार ने की। एमएससी, नर्सिंग प्रथम वर्ष और बीएससी नर्सिंग चौथे वर्ष के कुल 55 छात्रों ने सुबह 9:30 बजे से दोपहर 12 बजे तक किये गए इस कार्यक्रम में सक्रिय भागीदारी निभाई। रैली के दौरान छात्रों ने दो प्रमुख स्थानों निगोहा गांव और भगवानपुर कस्बे में प्रभावशाली नुक्कड़ नाटक प्रस्तुत किए। नाटकों के माध्यम से एचआईवी कैसे फैलता है, इससे बचाव कैसे संभव है, और संक्रमण को लेकर समाज में फैली गलतफहमियों को सरल भाषा में दूर किया गया। सहायक प्राध्यापक यदीदया मित्रा ने लोगों को विश्व एड्स दिवस के इतिहास, उद्देश्य और इस वर्ष की थीम विन्डो पर विजय एड्स प्रतिक्रिया में परिवर्तन के महत्व के बारे में विस्तार से जानकारी दी। नुक्कड़ नाटक के दौरान बड़ी संख्या में ग्रामीण, व्यापारी, महिलाएँ और छात्र-छात्राएँ एकत्र हुए। लोगों ने एचआईवी एड्स के बारे में सवाल भी पूछे, जिनका उत्तर देकर छात्रों ने उनकी शंकाओं का समाधान किया। कार्यक्रम में शामिल टीम का दावा है कि रैली के दौरान लगभग 1000 से 1500 लोगों तक जागरूकता संदेश पहुंचा।



छात्रों ने एचआईवी एड्स से बचाव, रोकथाम और जागरूकता के नुस्खे बंटवा दिए।



सड़क नाटक की प्रस्तुति देते हुए छात्र छात्राएँ।

नर्सिंग छात्रों ने सड़क नाटक से किया जागरूक

अमृत विचार, पीजीआई: संजय गांधी पीजीआई संस्थान के निदेशक प्रो आरके धीमान और कॉलेज ऑफ नर्सिंग की प्रिंसिपल प्रो राधा के नेतृत्व में विश्व एड्स दिवस पर ग्राम निगोहा, मोहनलालगंज में जनजागरूकता रैली व सड़क नाटक आयोजित कर लोगों को जागरूक किया गया। शिक्षण स्टाफ की देख-रेख में एमएससी नर्सिंग प्रथम वर्ष और बीएससी नर्सिंग चौथे वर्ष के कुल 55 छात्रों ने यह रैली सोमवार को प्रातः 9:30 बजे नग्रा क्रॉस से शुरू की। रैली करीब तीन किलोमीटर तक निकाली गई, जिसमें मुख्य सड़क से गुजरते हुए लोगों तक संदेश पहुंचाया गया। छात्रों ने दो स्थानों पर सड़क नाटक प्रस्तुत कर लोगों को एचआईवी/एड्स के कारण, रोकथाम और प्रबंधन के बारे में जानकारी दी। इस वर्ष की थीम 'विन्डो पर विजय, एड्स प्रतिक्रिया में परिवर्तन' रहा। ग्रामीणों की उत्साहपूर्ण भागीदारी ने संदेश को और प्रभावी बनाया। कार्यक्रम का उद्देश्य समुदाय में संवेदनशीलता बढ़ाना और संक्रमण को रोकने के प्रति जागरूकता फैलाना रहा।

पीजीआई की नर्सिंग छात्रा को पहला पुरस्कार

एनबीटी सं., लखनऊ: रेबीज की रोकथाम को लेकर हुई प्रतियोगिता में पीजीआई के कॉलेज ऑफ नर्सिंग की छात्रा तनु दिनकर को पहला पुरस्कार मिला। यह प्रतियोगिता लोहिया इंस्टिट्यूट के सामुदायिक चिकित्सा विभाग की तरफ से आयोजित किया गया था। इसमें रेबीज को लेकर स्टूडेंट्स को छोटे विडियो (रील) बनाने का चैलेंज दिया गया था। इसमें पीजीआई के कॉलेज ऑफ नर्सिंग के 10 छात्रों ने हिस्सा लिया था। बीएससी नर्सिंग तृतीय सेमेस्टर की छात्रा तनु दिनकर की रील को सबसे बेहतर पाया गया। इसके अलावा तीसरे सेमेस्टर के नर्सिंग स्टूडेंट सूरज पटेल, गौरव और तनु दिनकर (टीम) को विशेष पुरस्कार दिया गया।

के बाद फंदे से लटका देने का आरोप लगाया है।
 संध्या 14/10/24
रैबीज रोकथाम की रील मेकिंग प्रतियोगिता में नर्सिंग छात्रा बेहतर
 लखनऊ (एसएनबी)। पीजीआई के कॉलेज ऑफ नर्सिंग के बीएससी नर्सिंग छात्रों ने एक प्रतिष्ठित राष्ट्रीय स्तर की रील-मेकिंग प्रतियोगिता में भाग लिया। यह कार्यक्रम विश्व रेबीज दिवस के उपलक्ष्य में भारत में रेबीज की रोकथाम और नियंत्रण के प्रयासों के सहयोग से, डॉ. राम मनोहर लोहिया आयुर्विज्ञान संस्थान में सामुदायिक चिकित्सा विभाग द्वारा आयोजित किया गया। इस प्रतियोगिता का उद्देश्य जनता के लिए अभिनव और आकर्षक संक्षिप्त वीडियो बनाकर इस विषय पर जागरूकता फैलाना था। इस प्रतियोगिता में प्रतिभागियों ने विभिन्न अंतःविषय चिकित्सा पृष्ठभूमि से प्रतिनिधित्व किया।
 पीजीआई के कॉलेज ऑफ नर्सिंग से 10 नर्सिंग छात्रों ने अभिनव और आकर्षक लघु वीडियो के माध्यम से अपनी रचनात्मकता का प्रदर्शन रविवार को डॉ. राम मनोहर लोहिया हास्पिटल ने रील प्रतियोगिता के परिणाम घोषित किए, जिसमें बीएससी नर्सिंग तृतीय सेमेस्टर की छात्रा सुश्री तनु दिनकर ने प्रथम स्थान हासिल किया। तीसरे सेमेस्टर के नर्सिंग विद्यार्थियों में से श्री सूरज पटेल, गौरव और सुश्री तनु दिनकर (टीम) ने विशेष प्रशंसा पुरस्कार जीता।
रील मेकिंग प्रतियोगिता में नर्सिंग छात्रा अक्वल
 लखनऊ। विश्व रेबीज दिवस पर रेबीज की रोकथाम एवं नियंत्रण की थीम पर लोहिया संस्थान की ओर से रील मेकिंग प्रतियोगिता का आयोजन राष्ट्रीय स्तर पर हुआ। पीजीआई की पीआरओ कुसुम यादव ने बताया कि बीएससी नर्सिंग तीसरे सेमेस्टर की छात्रा तनु दिनकर ने राष्ट्रीय स्तर पर प्रथम स्थान प्राप्त किया।

04



विश्ववार्ता

लखनऊ, सोमवार, 14 अक्टूबर

एक नजर

रेबीज जागरूकता पर रेल मेकिंग प्रतियोगिता

लखनऊ। संजय गांधी पोस्ट पीजीआई के बीएससी नर्सिंग छात्रों ने विश्व रेबीज दिवस 2024 पर रेबीज की रोकथाम और नियंत्रण की थीम पर रेल मेकिंग प्रतियोगिता का आयोजन किया गया जिसमें कॉलेज ऑफ नर्सिंग से 10 नर्सिंग छात्रों ने अभिनव और आकर्षक लघु वीडियो के माध्यम से अपनी रचनात्मकता का प्रदर्शन किया। रील प्रतियोगिता के परिणाम घोषित किए, जिसमें बीएससी नर्सिंग तृतीय सेमेस्टर की छात्रा तनु दिनकर ने प्रथम स्थान हासिल किया। तीसरे सेमेस्टर के नर्सिंग विद्यार्थियों में से सूरज पटेल, गौरव और तनु दिनकर (टीम) ने विशेष प्रशंसा पुरस्कार जीता।



रि ल रे कं ह पा

Swachh Bharat Mission is now a way of life, says health minister

TIMES NEWS NETWORK

Lucknow: Union Minister of State for Health and Family Welfare Anupriya Patel on Wednesday said that besides being the birth anniversary of the father of the nation, Gandhi Jayanti had become a symbol of one of the biggest social movements in the recent past. Speaking at a programme to mark Swachh Bharat Divas at SGPGI, the minister said that Swachh Bharat Mission had become a way of life now.

"October 2 has become an important milestone that underscores the significance of cleanliness in a person's life. Efforts made in the past have been able to create the mindset that cleanliness had to be a way of life and a virtue that must be passed on from one generation to another," she said.

She also focused on the go-



Union minister of state for health Anupriya Patel at the event at SGPGI; and nursing students at SGPGI Ragini Yadav and Om Pandey secured the first place in a quiz competition organised on the eve of Gandhi Jayanti

vernment's initiatives to enhance sanitation and cleanliness, encouraging citizens to adopt sustainable practices in their daily lives. She urged all attendees to take part in the Swachh Bharat Mission actively and commit to creating a cleaner environment for future generations.

Earlier, in his welcome address, SGPGI director Prof RK Dhiman talked about the

institution's ongoing efforts to align with the goals of the Swachh Bharat Mission, detailing the initiatives implemented to promote health, hygiene, and cleanliness within the institution and the wider community.

During the event, 'Swachhata Champions' and 'Safai Mitras' were felicitated for their contributions to Swachh Bharat Mission.



डॉ. आरके धीमान ने पीजीआई नर्सिंग कॉलेज के विद्यार्थियों को टैबलेट वितरित किए।

नर्सिंग में करुणा और प्रतिबद्धता जरूरी: डॉ. धीमान

लखनऊ। पीजीआई के कॉलेज ऑफ नर्सिंग में शनिवार को नव प्रवेशित बीएससी और एमएससी नर्सिंग छात्रों के लिए प्रेरणादायक कार्यक्रम आयोजित किया गया। संस्थान के निदेशक डॉ. आरके धीमान ने स्वामी विवेकानंद युवा सशक्तीकरण योजना के तहत 52 छात्रों को टैबलेट दिये। नर्सिंग कॉलेज की सह-प्राचार्य डॉ. राधा के ने कहा कि नर्सिंग पेशे में अनुशासन, करुणा और आजीवन सीखने के महत्व पर जोर दिया। कर्नल वरुण बाजपेयी ने कौशल विकास पर जोर दिया।

Nursing students inducted at SGPGIMS programme

TIMES NEWS NETWORK

Lucknow: The College of Nursing at SGPGIMS organised an induction programme for the newly admitted first-year BSc and MSc nursing students (Batch 2025-26). This event was held alongside a tablet distribution ceremony for the final-year undergraduate and postgraduate nursing students on Saturday. In her opening remarks, director Dr Radha K outlined the vision, mission and values upheld by the college. She encouraged the new batch to commit to excellence, ethics and empathy in both academic and clinical settings.

Registrar Col Varun Bajpai (VSM) inspired the students with insights into the evolving healthcare landscape and the vital role of nurses in transforming patient care. He stressed the importance of integrity, leadership and continuous skill development. In the keynote address, SGPGIMS director Prof RK Dhiman said: "Aim high, stay focused and be committed to your purpose. The nursing profession demands not just technical knowledge but deep compassion and unwavering commitment."

Earlier, as part of the initiative of the UP gov't's tablet distribution programme under the Swami Vivekananda Youth Empowerment Scheme, tablets were distributed to 52 final-year BSc and MSc students. These devices are intended to support students in clinical documentation, e-learning and research-based academic work.



Lucknow, Uttar Pradesh, India
Basement Floor Hussainganj, Rrww+9g2 Chandrakanta Building, 10-a, Mahatma Gandhi Marg, Raj Bhavan Colony, The Mall Avenue, Lucknow, Uttar Pradesh 226027, India
Lat 26.840815° Long 80.945934°
Wednesday, 07/01/2026 12:38 PM GMT +05:30

विकसित भारत की कल्पना में भागीदार बनेंगे युवा

विश्व अखबार • अग्रगण्य

युवाओं का बड़े कौशल
विकसित भारत की नींव पर अजमाए रखकर प्रदेश में अखिल स्तर प्राप्त किया। मेरा मनना है कि हर युवा को उसकी क्षमता के अनुसार कौशल का परिचय दिया जाए, तो वह लक्ष्य प्राप्त कर सकता है। इसके लिए प्रयोग और शहरी क्षेत्र में स्कूल स्तर पर प्रशिक्षण केंद्र की स्थापना की जाए। राष्ट्रीय प्रतिस्पर्धिता में अपनी बात रखने के लिए पूरी तरह से तैयार हूँ। विमान में मैं परसजीवीआईआइ में बीएससी नर्सिंग की पढ़ाई कर रहा हूँ।
-अमन

महिलाओं को मिले रोजगार के अधिक अवसर
2047 तक विकसित भारत की परिकल्पना महिलाओं के व्यंगदान के बिना अधूरी है। अंतर करने के शिक्षण से पुरुषों से बराबरी के लिए महिलाओं को रोजगार से जोड़ना होगा। इसके लिए सतत प्रयास करने होंगे। विद्यार्थी स्तर पर वैकेंटी करनी पड़ेगी। उन्नी भी शहरी और ग्रामीण युवाओं के हितों पर ध्यान देना तो छोड़िए अमीन अकमन का फर्क नकर आया। परसजीवीआईआइ में बीएससी नर्सिंग की पढ़ाई कर रही हूँ।
-अनी

सोच को दबाने की जरूरत
बीएससी नर्सिंग की छात्रा हूँ। मुझे विकसित भारत में महिलाओं की भूमिका को लेकर अपना ध्यान रखने का अवसर मिला है। मेरा मनना है कि मानसिक रूप से पहले युवाओं को सशक्त करना पड़ेगा। बहिनियों को सपोर्ट में देखने की हिदयत तो परिवार में ही जगती है, लेकिन उन्हें लड़कों के बराबर होने के बारे में नहीं बताया जाता। उनकी मंदेशा बढ़ाने पर बलाव आ सकता है।
-वर्षा

थोड़ा मिले हैसता को सशक्त होगी महिला
रेड क्रोज में 17वीं छात्रा पढ़ती हूँ। मुझे विकसित भारत का लक्ष्य ख्याद के लिए प्रदेश में फलन स्थान मिला है। मेरा मनना कि नारी शक्ति अत्यन्त है, उसे कमजोर करना गलत होगा। बरा उन्हें थोड़ा हैसता मिले तो देश को समृद्ध और शक्तिशाली बना सकती है। मैंने अपनी न बंधकाली युद्ध में एक शक्ति देखी है, पिता के न रहने के बादपूरे उन्होंने अपने दम पर परिवार को चलाया है।
-अन्या

