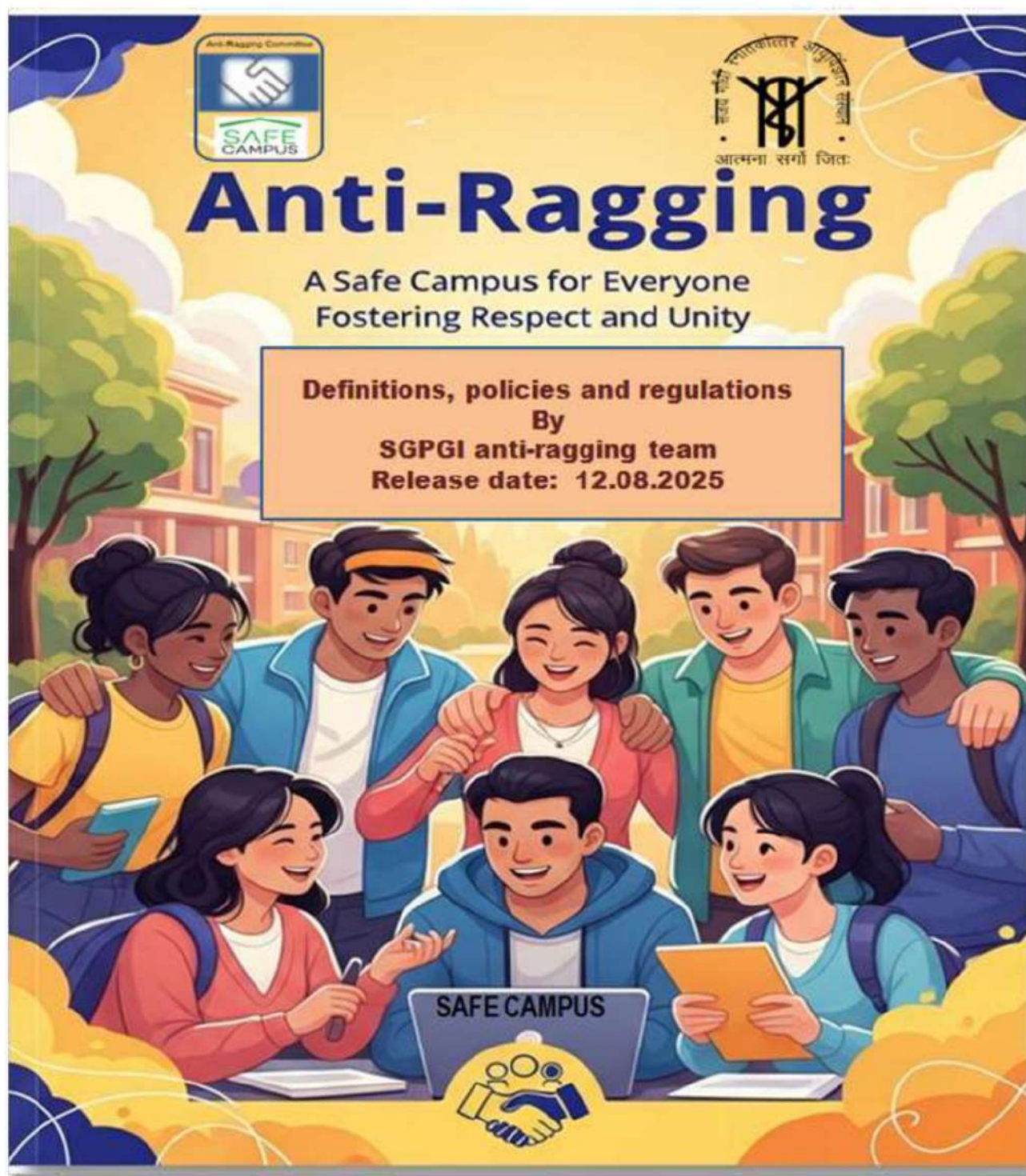




CONTENTS

Sections	Page
1. Welcome to SGPGI	2
2. Preface	3
3. Preamble	4-5
4. SGPGI Anti-ragging Regulations	6-9
5. Anti-ragging Pledge and Affidavit	10-12
6. SGPGI Anti-ragging Team	13
7. Helpline numbers	14
8. Annexures	15 onwards

1. WELCOME TO SGPGI

Welcome to Sanjay Gandhi Post Graduate Institute of Medical Sciences (SGPGIMS)—a place where friendships bloom, laughter fills the corridors, and every student's story matters!

Starting a new chapter can feel exciting and a little nerve-racking, but here, you'll find a community ready to celebrate your uniqueness and help you shine. This book isn't just about rules—it's about building memories and making SGPGIMS a space where everyone feels safe and at home.

Ragging? No way! We believe in kindness over cruelty, fun over fear, and support over judgment. Guided by the University Grants Commission (UGC), National Medical Commission (NMC), and the Government of Uttar Pradesh, we're all about creating a happy, respectful, and caring campus. Let's choose smiles, high-fives, and teamwork—together!

Whenever you need a helping hand, a friendly chat, or guidance, remember our doors (and hearts) are always open. Here's to new adventures, lasting friendships, and a fantastic, ragging-free journey ahead!

SGPGI Anti-Ragging Committee

2. PREFACE

This document is compiled as part of the institution's proactive efforts to build a nurturing campus culture. The purpose of this book is to inform every member of the campus community—students, faculty, staff, and parents—about the nature, consequences, and legal implications of ragging, while also explaining the policies, preventive measures, and support mechanisms in place.

This compilation synthesizes national and state laws with SGPGIMS's specific policies to ensure clarity and accessibility. It goes beyond legal jargon, aiming to be a practical guide, a source of reassurance, and an inspiration to all. The ultimate goal is to create a campus environment where quality education goes hand-in-hand with respect, dignity, and holistic well-being.

The document reflects the commitment to transforming SGPGIMS into a place where happiness, learning, and mutual respect flourish—where ragging becomes a thing of the past, replaced entirely by genuine friendship and academic camaraderie.

3. PREAMBLE

For a student, starting a new academic journey, especially in a prestigious institution like Sanjay Gandhi Post Graduate Institute of Medical Sciences (SGPGIMS), is an exciting milestone full of hope, learning, and friendships that last a lifetime. However, this journey must be safe, respectful, and free from any environment of fear or coercion. Unfortunately, ragging—a form of harassment that often targets freshers—threatens to undermine this ideal and has been recognized nationally as a serious social and legal issue that needs urgent and effective intervention.

Need for Anti-Ragging regulations

Ragging is not just harmless teasing or traditional fun; it can take many harmful forms—physical, psychological, verbal, or emotional abuse—and is defined broadly as any act by a senior or group of students that causes insult, intimidation, humiliation, or danger to a junior student. It severely affects victims' mental and physical health, impairs their academic performance, and can lead to tragic consequences including withdrawal from studies, depression, or even suicide.

Recognizing these dangers, the Government of India, through the University Grants Commission (UGC), the National Medical Commission (NMC), and State Governments like Uttar Pradesh, has taken a strong stand against ragging. These authorities have framed comprehensive regulations and guidelines to eradicate ragging and ensure that educational institutions become safe spaces where students can thrive without fear.

Legal Framework and Institutional Responsibility

The anti-ragging regulations implemented by UGC and NMC make it mandatory for every higher education institution to adopt zero tolerance policies towards ragging. These regulations provide a clear framework for prevention, detection, reporting, and penalization of ragging incidents. Institutions like SGPGIMS are required to form dedicated Anti-Ragging Committees and Squads, conduct awareness programs, facilitate counseling, and ensure stringent disciplinary and legal actions against offenders.

Furthermore, the Government of Uttar Pradesh legislates against ragging as a criminal offense, with provisions for immediate enquiry, suspension, expulsion, and even police and judicial involvement where needed. Through this multi-tiered legal backing, the fight against ragging is given maximum enforcement power.

SGPGIMS, committed to academic excellence and holistic development, endorses these national and state directives wholeheartedly.

4. ANTI-RAGGING REGULATIONS AND POLICY

Definitions

-As per UGC Regulations 2009: Any conduct by any student or students whether by words spoken or written or by an act which has the effect of teasing, treating, or handling with rudeness a fresher or any other student. Indulging in rowdy or undisciplined activities by any student or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student. Asking any student to do any act which such student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student. Any act by a senior student that prevents, disrupts, or disturbs the regular academic activity of any other student or a fresher. Exploiting the services of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students. Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students. Any act of physical abuse including, but not limited to, all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person; Any act or abuse by spoken words, emails, post, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student. Any act that affects the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher

As Per NMC Regulations 2009, 2018 : Any conduct whether by words spoken or written or by an act which has the effect of harassing, teasing, treating or handling with rudeness any other student, indulging in rowdy or undisciplined activities which causes or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not in the ordinary course and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the physique or psyche of a fresher or a junior student.

The conduct includes but is not restricted to any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or a fresher; exploiting the services of a fresher, or any other students for completing the academic tasks assigned to an individual or a group of students; any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students; any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person; any act or abuse by spoken words, emails, post, public insults which would also include deriving perverted pleasure, "vicarious or sadistic thrill from activity or passively participating in the discomfiture to fresher or any other students; any act that affects the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student.

The following have been added after sub-clause 3.3 in terms of notification published on 05.04.2018 in the Gazette of India.

“Any act of physical or mental abuse (including bullying and exclusion) targeted at another student (fresher or otherwise) on the ground of colour, race, religion, caste, ethnicity, gender (including transgender), sexual orientation, appearance, nationality, regional origins, linguistic identity, place of birth, place of residence or economic background.”

Awardable Punishments

Depending upon the nature and gravity of the offence as established by the Anti-Ragging Committee of the institution, the possible punishments as per NMC regulation for those found guilty of ragging at the institution level shall be any one or any combination of the following:

- 1- Suspension from attending classes and academic privileges.
- 2- Withholding/withdrawing scholarship/ fellowship and other benefits
- 3- Debarring from appearing in any test/ examination or other evaluation Process.
- 4- Withholding results
- 5- Debarring from representing the institution in any regional, national, or international meet, tournament, youth festival, etc.
- 6- Suspension/ expulsion from the hostel
- 7- Cancellation of admission.
- 8- Rustication from the institution for period ranging from 1 to 4 semesters
- 9- Expulsion from the institution and consequent debarring from admission to any other institution for a specific period.
- 10- Fine of Rs. 25,000/- and Rs. 1 lakh.
- 11- Collective punishment: When the persons committing or abetting the crime of ragging are not identified, the institution shall resort to collective punishment.

In addition to the above, the provisions of the following will also be considered and adopted by the SGPGI Anti-ragging Committee as opined by the legal cell of the institute,

- a) the NMC Regulation, 2021 (Prevention and Prohibition of Ragging in Medial Colleges and Institutions)- **annexure 1**
- b) the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009
- c) the Uttar Pradesh Prohibition of Ragging in Educational Institutions Act, 2010- **annexure II**
- d) the recent pronouncement of Hon'ble High Court of Kerala at Ernakulum in case of WP (C) No.33291 of 2024 9Dr. Kathanathan R v, state of Kerala)- **annexure III**

5.ANTI-RAGGING PLEDGE

As you hold this document, remember that the fight against ragging is ongoing and requires vigilance, courage, and empathy. Whether you are a fresher stepping into this new world or a senior ready to lead, your role is critical. Together, guided by the principles laid down by UGC, NMC, the Government of Uttar Pradesh, and embodied by SGPGIMS, we can build a safe, supportive, and inspiring educational journey for all.

Let us pledge to say goodbye to ragging and welcome a culture of kindness, respect, and unity that celebrates every individual's potential.

AFFIDAVIT: Affidavit to be signed by the student.

AFFIDAVIT

ANNEXURE I AFFIDAVIT BY THE STUDENT

I, (full name of student with admission/registration/enrolment number)
s/o d/o Mr./Mrs./Ms. (name of the institution), having
been admitted to (name of the institution), have
received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher
Educational Institutions, 2009, (hereinafter called the "Regulations") carefully read and
fully understood the provisions contained in the said Regulations.

2) I have, in particular, perused clause 3 of the Regulations and am aware as to
what constitutes ragging.

3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and
am fully aware of the penal and administrative action that is liable to be taken against
me in case I am found guilty of or abetting ragging, actively or passively, or being part
of a conspiracy to promote ragging.

4) I hereby solemnly aver and undertake that

a) I will not indulge in any behaviour or act that may be constituted as
ragging under clause 3 of the Regulations.

b) I will not participate in or abet or propagate through any act of
commission or omission that may be constituted as ragging under clause
3 of the Regulations.

5) I hereby affirm that, if found guilty of ragging, I am liable for punishment
according to clause 9.1 of the Regulations, without prejudice to any other criminal action
that may be taken against me under any penal law or any law for the time being in
force.

6) I hereby declare that I have not been expelled or debarred from admission in
any institution in the country on account of being found guilty of, abetting or being part
of a conspiracy to promote, ragging; and further affirm that, in case the declaration is
found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this day of month of year.

Signature of deponent

Name:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no
part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at (place) on this the (day) of (month), (year).

Signature of deponent

Solemnly affirmed and signed in my presence on this the (day) of (month),
(year) after reading the contents of this affidavit.

OATH COMMISSIONER

ANNEXURE II
AFFIDAVIT BY PARENT/GUARDIAN

I, Mr./Mrs./Ms. _____ (full name of parent/guardian) father/mother/guardian of _____ (full name of student with admission/registration/enrolment number) _____, having been admitted to _____ (name of the institution) _____, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the "Regulations"), carefully read and fully understood the provisions contained in the said Regulations.

2) I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.

3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.

4) I hereby solemnly aver and undertake that

a) My ward will not indulge in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.

b) My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.

5) I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.

6) I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this ____ day of _____ month of _____ year.

Signature of deponent

Name:

Address:

Telephone/ Mobile No.:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at _____ (place) on this the _____ (day) of _____ (month) _____ (year).

Signature of deponent

Solemnly affirmed and signed in my presence on this the _____ (day) of _____ (month) _____ (year) after reading the contents of this affidavit.

OATH COMMISSIONER

सचिवक, भारत सरकार मुद्रणालय, फरीदाबाद द्वारा मुद्रित

एवं प्रकाशन नियंत्रक, दिल्ली, द्वारा प्रकाशित 2009

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6. SGPGI Anti-ragging Team

Anti-Ragging Committee

S.No	Name,Designation Department	Role
1	Prof Dr Swasti Tiwari , Professor& Head Department of Molecular Medicine	Chairperson
2	Prof Amitabh Arya , Professor Dept of Nuclear Medicine	Member
3	Dr. Lokendra Sharma, Associate Professor Nodal officer CMT	Member
4	Dr Tapas Singh ,Associate Professor Dept of Anaesthesiology	Member
5	Dr Dinesh Chandra,Additional Professor Dept of Haematology	Member
6	Dr Kuntal Kanti Das,Additional Professor Dept of Neurosurgery	Member
7	Dr Anurag Baghel ,Assistant Professor Apex Trauma Center	Member
8	Dr A Haseena ,Assistant Professor Dept of Medical Genetics	Member
9	Dr Prakash Chandra Pandey ,Assistant Professor Dept of Neurology	Member
10	Dr Radha K ,Principal College of Nursing	Member
11	Mr Yadidya ,Associate Professor College of Nursing	Member
12	Dr Romi Saini , Assistant Professor Apex Trauma Center	Member

ANT- RAGGING SQUAD Contact detail

1	Dr. Anupma Kaul, Professor Department of Nephrology	Member
2	Mrs. Anju Verma Warden, Nursing Girls Hostel	Member
3	Mrs. Pooja Yadav Assist Warden, Nursing Girls Hostel	Member
4	Mr. Bhoopendra Singh Yadav Warden, Nursing Boys Hostel	Member

7. Helpline Numbers

SN	Contact Name	Hostel block	Phone number & e-mail
1	Mrs. Anju Verma Warden	Nursing Girls Hostel	9690325455
2	Mrs. Pooja Yadav Assist Warden, Nursing Girls Hostel		9936137138
3	Mr. Bhoopendra Singh Yadav Warden,	Nursing Boys Hostel	7355214001
4	Dr Pallavi Rani, Warden ,	College of Medical Technology, Girls Hostel	9450451668
	Ms. Amrita Shree, CMT Assisstant girls hostel warden,		9450255133
5	Dr. Awadhesh kumar, Warden	College of Medical Technology, Boys Hostel	9335692712